REGISTRATION
Registration will begin at 7:30 a.m. The conference will begin promptly at 8 a.m. and end at 5 p.m.

Carilion employees:
» Register via Cornerstone OnDemand. Use conference number CE939C.
» Tuition is paid by Carilion Clinic. A signed payroll deduction form is required to confirm your registration.

Non-Carilion employees:
» $125 fee. VTCSOM and JCHS student and Carilion retiree fee is $50. Other students and retiree fee is $75. Includes program syllabus, CMEs or education credits/contact hours, light breakfast, lunch and afternoon snacks.
» Credit cards and checks accepted. Make checks payable to Carilion Clinic.
» Register through Carilion Direct at 540-266-6000 or 800-422-8482.

Seating is limited, so please register early for this event. Participants are responsible for their own travel and overnight accommodations. Free parking is available on-site.

For questions about accessibility or to request accommodations, please contact Loretta Hall, conference planner, Carilion Clinic Human Resources Training and Development at 540-985-4094 or lhall@carilionclinic.org at least two weeks prior to the conference date.

CANCELLATION
The registration/cancellation deadline for all participants is Friday, June 5, 2015. No conference refunds can be provided after Friday, June 5, 2015. A conference fee of $125 will be charged to all conference attendees (including Carilion employees) who do not attend and have not canceled by Friday, June 5, 2015. All conference attendees may send an appropriate substitute if they cannot attend the conference.
AGENDA

7:30 – 8 a.m.
REGISTRATION
Sidney Mallenbaum, M.D.

8 – 8:15 a.m.
WELCOME AND OVERVIEW OF THE DAY
Sidney Mallenbaum, M.D.

8:15 – 9:15 a.m.
BREAKING BAD NEWS
Gary Simonds, M.D.

9:15 – 9:45 a.m.
SIGNS TO LOOK FOR IN AN ACUTE STROKE PATIENT THAT MAY SIGNAL ONSET OF REVERSIBLE DETERIORATION
James Schmidley, M.D.

9:45 – 10 a.m.
NETWORKING AND VISIT WITH EXHIBITORS

10 – 10:45 a.m.
ENDOVASCULAR MANAGEMENT OF ACUTE ISCHEMIC STROKE
Biraj Patel, M.D.

10:45 – 11:30 a.m.
CARE AFTER DISCHARGE
Jessica Hammonds, N.P.

11:30 a.m. – 12:30 p.m.
LUNCH

12:30 – 1:15 p.m.
FOOD FOR THOUGHT: HOW YOUR DIET CAN PROTECT YOUR BRAIN
Lydia McNeary, M.D.

1:15 – 2 p.m.
WOMEN’S HEALTH AND STROKE
Della Williams, M.D.

2 – 2:15 p.m.
NETWORKING AND VISIT WITH EXHIBITORS

2:15 – 3 p.m.
KEEP THAT MOUTH CLEAN! THE IMPORTANCE OF ORAL HYGIENE IN POST-STROKE CARE
Catie Neal, R.N., and Jill Newton, M.S., C.C.C.-S.L.P.

3 – 4 p.m.
POST-STROKE CAREGIVER FATIGUE
Lindsay Collins, M.S.N., R.N.

4 – 5 p.m.
HOMEWARD BOUND: RESOURCES FOR POST-STROKE CARE
Amanda Melvin, M.S.W.; Emily Hartman, R.N.; Cindy Regan, R.N.; and Tiffany Curtis, B.S.N., C.R.R.N.

5 p.m.
ADJOURN

TARGET AUDIENCE
This conference is designed for Physicians, Nurses, physical therapists, physical therapist assistants, occupational therapists, occupational therapist assistants, speech language pathologists, social workers, case managers and pharmacists working in the following areas: ICU, emergency department, PCU, acute care therapy, inpatient rehabilitation, outpatient rehabilitation, home health, outpatient clinics, physician practices, physical medicine and rehabilitation will also benefit from this education.

OBJECTIVES
The participant will be able to:
» Discuss at least two therapeutic lifestyle changes that will decrease the risk of stroke
» Recognize post stroke fatigue in stroke caregivers, as well as identify challenges associated with post stroke fatigue in stroke caregivers
» Review the past, present, and future of stroke therapy
» Discuss use of devices and techniques in endovascular stroke treatment
» Review previous and most recent trials comparing medical management versus endovascular stroke-therapy
» Recognize potential complications of poor oral hygiene following stroke
» Discuss evidence-based approaches to maintaining adequate oral hygiene
» Promote interdisciplinary communication to facilitate adequate oral hygiene
» Develop insight and communication skills for difficult conversations with patients following a stroke

SPEAKERS
All faculty are from Carilion Clinic:
» Gary R. Simonds, M.D.
» Biraj Patel, M.D.
» Jessica Hammonds, N.P.
» Lydia McNeary, M.D.
» Della C. Williams, M.D.
» Catie Neal, R.N.
» Jill Newton, M.S., C.C.C.-S.L.P.
» Lindsay Collins, M.S.N., R.N.
» Amanda Melvin, M.S.W.
» Emily Hartman, R.N.
» Sidney Mallenbaum, M.D.
» James Schmidley, M.D.
» Tiffany Curtis, B.S.N., C.R.R.N.
» Cindy Regan, R.N.

EDUCATION CREDITS
AMA PRA Category 1 Credit™
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of Virginia through the joint providership of Carilion Clinic’s CME Program and Carilion Human Resources Training and Development. Carilion Clinic’s CME Program is accredited by The Medical Society of Virginia to provide continuing medical education for physicians. Carilion Clinic’s CME Program designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VNA CONTACT HOURS
Carilion Clinic is an approved provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

CONTACT INFORMATION
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Human Resources Training and Development
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lfhall@carilionclinic.org