CARILION CLINIC OBSTETRICS AND GYNECOLOGY

Pregnancy Diabetic Log

Patient Name:
Pregnancy Fasting: less than 95
Pregnancy two hours after meals: less than 120

Check blood sugars four times daily (fasting and two hours after each meal).

Date	Insulin Dose AM/PM	Fasting	2 Hours After Breakfast	2 Hours After Lunch	2 Hours After Dinner	Comments



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