

This support group gives *newly* diagnosed breast cancer patients the opportunity to meet other women who are sharing similar experiences. Please join us as we come together to discuss managing emotions and stress, nutrition, exercise and many other topics that can help those touched by breast cancer.

Facilitator: Catherine Hagan-Aylor, DNP

Carilion Clinic Breast Cancer Center (CCBCC) Advanced Practice Nurse

Date: Every 3rd Tuesday of the month

Time: 5:30-7 p.m.

Location: Tanglewood Mall, 4348 Electric Road, Roanoke Mill Mountain Conference

Room, 1st floor, back entrance of Carilion Children's

Groups meet in-person (mask required).

For questions contact Catherine Hagan-Aylor, DNP at 540-224-6939.

