

CREATE HOPE: CARILION RESEARCH AND EXPERIENCE IN ADDICTION TREATMENT AND EDUCATION

FRIDAY, JUNE 4, 2021 | 8:30 A.M. – 3:30 P.M.
SATURDAY, JUNE 5, 2021 | 8:30 A.M. – 3 P.M.



OBJECTIVES

1. Describe the scope of addiction issues in Southwest Virginia.
2. Review Carilion Clinic's efforts to address addiction and the outcomes.
3. List Southwest Virginia's community resources for addiction management and recovery.
4. Address addiction in health care, community and organizational settings.

REGISTRATION

Target Audience: Physicians, nurses, specialists, nurse practitioners, physician assistants, pharmacists, researchers and community partners.

Online Registration Instructions:

- » Go to www.carilionclinic.org/conferences and select *CREATE Hope: Carilion Research and Experience in Addiction Treatment and Education*.
- » Please register no later than Tuesday, June 1, 2021.
- » Login available at 8:20 a.m.; the course will begin promptly at 8:30 a.m. and end at 3:30 p.m. on Friday and 3 p.m. on Saturday.
- » If CME hours are not needed, there is no cost to attend the conference.

Continuing Medical Education Credits:

Non-Carilion Clinic physicians and ACPs: \$100 registration fee

Carilion Clinic physicians and ACPs: Carilion Clinic covers the registration fee for current employees. Register using your Carilion Clinic email.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of Virginia through the joint providership of Carilion Clinic's CME Program and Carilion Education and Organizational Development and Carilion Department of Psychiatry. Carilion Clinic's CME Program is accredited by The Medical Society of Virginia to provide continuing medical education for physicians. Carilion Clinic's CME Program designates this live activity for a maximum of 10 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

SEE THE FOLLOWING PAGE FOR AGENDA DETAILS.

AGENDA

FRIDAY, JUNE 4, 2021

- 8:30 – 8:40 a.m. Welcome and Announcements**
William Rea, M.D., Carilion Clinic
John Epling, M.D., Carilion Clinic
- 8:40 – 9 a.m. Introductions and Overview**
Robert Trestman, M.D., Carilion Clinic
Michael Jeremiah, M.D., Carilion Clinic
- 9 – 10 a.m. Plenary: Alcohol Use Disorder: Evidence-Based Science as a Framework for Diagnosis, Prevention and Treatment**
George Koob, Ph.D., NIAAA
- 10 – 11 a.m. Plenary: Alcohol Use Disorder: SAMHSA Updates**
Neeraj Gandotra, M.D., SAMHSA
- 11 a.m. – 12 p.m. Addressing Alcohol Disorder in Primary Care: The Virginia Experience in a National Study**
John Epling, M.D., Carilion Clinic
Michelle Rockwell, Ph.D., Carilion Clinic
Alex Krist, M.D., VCU Health
Alison Huffstetler, M.D., VCU Health
Gabriella Villalobos, M.S.W., VCU Health
- 12 – 12:30 p.m. Lunch Break**
- 12:30 – 1:30 p.m. Opioid and Stimulant Treatment: Where Are We Today?**
William Rea, M.D., Carilion Clinic, moderator
Robert Trestman, M.D., Carilion Clinic
David Hartman, M.D., Carilion Clinic
Kimberly Simcox, D.O., Carilion Clinic
Jennifer Wells, M.D., Carilion Clinic
Cheri Hartman, Ph.D., Carilion Clinic
Tammy Mitchell, R.N., Carilion Clinic
Scott Wolpin, D.M.D., Delta Dental
Kimberly Hunt, R.P.R.S., Carilion Clinic
- 1:30 – 2:30 p.m. Breakout Sessions (select 1)**
- Medical and Pharmacologic Treatment of Obesity**
Lauren Self, D.O., Carilion Clinic
- Treating Concurrent Intravenous Drug Use and Septic Complications: The Importance of Teams**
William Rea, M.D., Carilion Clinic
Kimberly Hunt, Carilion Clinic
- Perinatal Opioids and Stimulants; ED Bridges**
John Burton, M.D., Carilion Clinic
Kimberly Simcox, D.O., Carilion Clinic
Jennifer Wells, M.D., Carilion Clinic
- Options for Managing Alcohol Use Disorder in Primary Care**
John Epling, M.D., Carilion Clinic
Albert Arias, M.D., VCU Health
- 2:30 – 3:30 p.m. Breakout Sessions (repeated options)**
- 3:30 p.m. Adjournment**

SATURDAY, JUNE 5, 2021

- 8:30 – 8:40 a.m. Welcome and Announcements**
John Epling, M.D., Carilion Clinic
William Rea, M.D., Carilion Clinic
- 8:40 – 9 a.m. Introductions and Overview**
Michael Weitzner, D.M.D., M.S., Delta Dental
- 9 – 10 a.m. Plenary: Dopesick (no CME)**
Beth Macy
- 10 – 10:30 a.m. Break**
- 10:30 – 11:30 a.m. Trends in Local Nicotine Consumption**
Andrew Tarasidis, Pharm.D., Carilion Clinic
Donna Bond, D.N.P., R.N., Carilion Clinic
- 11:30 a.m. – 12:30 p.m. The State of Food Addiction**
A. David Salzberg, M.D., Carilion Clinic
Lauren Self, D.O., Carilion Clinic
Karen Stewart, Ph.D., L.C.P., Carilion Clinic
- 12:30 – 1 p.m. Lunch Break**
- 1 – 2 p.m. Breakout Sessions (select 1)**
- Surgical Treatment of Obesity and Addiction**
A. David Salzberg, M.D., Carilion Clinic
- NRT and Beyond: Treatment for Nicotine Addiction**
Andrew Tarasidis, Pharm.D., Carilion Clinic
Donna Bond, D.N.P., R.N., Carilion Clinic
- Methamphetamine Misuse: Historical, Clinical and Potential Treatment Perspectives**
William Rea, M.D., Carilion Clinic
Sarah Snider, Ph.D., Beam Diagnostics
- SBIRT: Screening, Brief Intervention and Referral to Treatment: Early Identification of Problematic Use, Motivational Interviewing and Referring into Treatment**
David Hartman, M.D., Carilion Clinic
Cheri Hartman, Ph.D., Carilion Clinic
- 2 – 3 p.m. Breakout Sessions (repeated options)**
- 3 p.m. Adjournment**

