Roanoke Area Care Connection for Children



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Adoption and Foster Care

Child Welfare Information Gateway | How to Adopt?

Website:

https://www.childwelfare.gov/topics/adoption/adoptive/

Find basic resources about who can adopt, things to consider before adoption and explanation of the many adoption choices available.

Commonwealth Catholic Charities

541 Luck Avenue SW

Suite 118

Roanoke, VA 24016 Phone: 540-342-7561

Adoption services: https://www.cccofva.org/adoption

Website: https://www.cccofva.org/connect

Services:

- Adoption
- Citizenship instruction
- Food pantry
- Foster care
- Housing & financial counseling
- Immigration instruction
- Interpreter services
- Pregnancy counseling
- Refugee employment services
- Refugee resettlement

DePaul Family Services

5650 Hollins Road Roanoke, VA 24019

Phone: 1-888-233-7285 or 540-265-8932

Website: http://www.depaulcr.org/

Adoption services: http://www.depaulcr.org/adoption

Locations: http://www.depaulcr.org/contact/

Services:

- Adoption
- Foster care
- Adoption
- Independent living
- Community based services
- Other services

International Adoption Clinic UVA Health Services

Battle Building 1204 W. Main St.

Charlottesville, VA 22903 Phone: 434-924-9130

Website: https://med.virginia.edu/pediatrics/about/clinical-

and-patient-services/international-adoption-clinic/

Services:

- Review medical records, photos and videotapes before you adopt
- Perform a complete medical evaluation of your adopted child
- Initiate a vaccination schedule
- Complete blood work profiles to screen for illnesses

	 Address growth and development issues Schedule follow-up visits as needed for your child's situation
Lutheran Family Services of Virginia 2609 McVitty Road Roanoke, VA 24018-3513 Phone: (540) 774-7100 or Toll Free: 1 (800) 359-3834 Website: http://lfsva.org/ Foster care / Adoption: http://lfsva.org/children-in-foster-care/	Lutheran Family Services of Virginia provides foster care and adoption services. LFSVA offers adoption competent counseling services to families in the Richmond, Piedmont and Tidewater areas. Also the home of Minnick Schools and other services as: counseling, supported employment, day treatment, along with Minnick School.
Medline Plus Adoption Website: https://medlineplus.gov/adoption.html	Medline Plus offers various information on the topic of adoption.
Virginia Department of Social Services Roanoke City Department of Social Services 1510 Williamson Road NE, 3rd Floor Roanoke, VA 24012 Phone: 540-853-2591 Website: http://www.dss.virginia.gov/ Adoption Website: https://www.dss.virginia.gov/family/ap/index.cgi	The purpose of adoption is to place children who have been permanently and legally separated from their birth parents with a new family. It is a social and legal process which gives new parent(s) the same rights and obligations as biological parents.



Assistive Technology

Assistive technology is any device, piece of equipment, or system that helps bypass, work around, or compensate for an individual's specific learning deficits.

Ability Unlimited

P.O. Box 427

Front Royal, VA 22630 Phone: 1-800-511-9471

Website: http://www.abilityunlimited.net/

Ability Unlimited provides assistive technology to people with special needs through Medicaid and private funding means. They help you to navigate Medicaid and the assistive technology approval process, to give clients unlimited access to portable specialized medical equipment, supplies, devices, controls, and appliances.

Accessible Instructional Material (AIM-VA)

AIM VA Help Desk

4400 University Drive, MS 1F2

Fairfax, VA 22030 Phone: 866-926-1879

Website: https://aimva.org/

AIM-VA provides accessible instructional materials to eligible Virginia K-12 students who have an Individualized Education Program (IEP) and are unable to access traditional print.

Assistive Technology: Essential Tips | A parent's guide to assistive technology

Website: https://www.greatschools.org/gk/articles/parents-

guide-to-assistive-technology/

An overview of current technologies to help parents select the right tools for their children with learning problems. (Can download guide after clicking on website – 21 pages).

Assistive Technology Loan Fund Authority

1602 Rolling Hills Drive

Suite 107

Richmond, Virginia 23229

Telephone: (804) 662-9000 Toll-Free: (866) 835-5976

Website: https://atlfa.org/

The Assistive Technology Loan Fund Authority (ATLFA) is a Commonwealth of Virginia State Authority created with public funds to help Virginians with disabilities obtain assistive technology.

Center on Technology and Disability

Website: https://www.ctdinstitute.org/

Find a wealth of free, high-quality resources and events on all aspects of assistive technology!

Assistive Technology and the IEP https://www.ctdinstitute.org/library/2017-08-29/assistive-technology-and-iep

Children's Assistive Technology Service Virginia

PO Box 121

Union Hall, VA 24176

Phone: SW & Central Virginia (540) 493-2285

Phone: Hampton Roads (757) 763-8905

Website: https://hr.atdevicesforkids.org/

The mission of CATS is to improve the lives of children with disabilities through assistive technology re-use. Families help families by passing on gently used pediatric adaptive devices and mobility equipment to meet immediate needs at no cost.

Virginia Assistive Technology System (VATS)

Commonwealth of Virginia 2001 Maywill Street, Suite 202 Richmond, Virginia 23230

VATS Phone: (804) 662-9990 or Toll Free: (800) 552-

5019

TTY Toll Free: (800) 464-9950

Website: http://www.vats.org/

Mission of the Virginia Assistive Technology System (VATS) is to ensure that Virginians of all ages and abilities can acquire the appropriate, affordable assistive and information technologies and services they need to participate in society as active citizens.

Through VATS Information and Assistance System, callers can access information on assistive technology products, funding options, and resources that range from therapists to service providers to vendors of assistive technology devices and services.

Virginia Department for the Deaf and Hard of Hearing (VDDHH)

1602 Rolling Hills Drive, Suite 203 Henrico, Virginia 23229-5012

Phone: 804-662-9502 V/TTY or Toll Free: 800-552-7917

V/TTY

Website: www.vddhh.org

Technology Assistance Program – (TAP) https://www.vddhh.org/equipment.htm

The Virginia Department for the Deaf and Hard of Hearing (VDDHH) works to reduce the communication barriers between persons who are deaf or hard of hearing and those who are hearing, including family members, service providers, and the general public.

Interpreters -

https://www.vddhh.org/interpreters.htm

Outreach Providers -

https://www.vddhh.org/apps/DDHHTAP/orproviders.aspx

Virginia Department of Education's Training and Technical Center (T/TAC)

State Technical Assistance Centers

- VCU (Regions 1 and 8)
- ODU (Regions 2 and 3)
- William & Mary (Regions 2 and 3)
- GMU (Region 4)
- JMU (Region 5)
- VA Tech (Regions 6 and 7)
- Radford (Regions 6 and 7)

VDOE's TTAC Online is a resource for professionals and family members of children and youth with disabilities (birth to 22). The website offers a wide range of resources, events (trainings, conferences, and webinars/webcasts) and free online training opportunities.

T/TAC Online @ http://ttaconline.org/

Virginia Relay

Phone: 711

Website: https://www.varelay.org/

A free public service, Virginia Relay enables people who are deaf, hard of hearing, Deaf Blind or have difficulty speaking to communicate with standard telephone users.

Relay services are available 24 hours a day, 365 days per year, with no limit on the number or length of calls a user may make.



Benefits

Find out about Medicaid, Commonwealth Coordinated Care Plus, Dental, Social Security and other benefits in this section.

211 Virginia Phone: 211 or 1-800-230-6977 Website: https://www.211virginia.org/consumer/index.php	2-1-1 Virginia is a free service that can help you find the local resources you need. We're here for you 24 hours a day, seven days a week. Virginia's first stop for human needs services. In need of food, shelter, GED, job training, mental and physical health needs and more!
Benefits.gov https://benefits.gov/	Answer questions to find out which government benefits you may be eligible to receive such as: SNAP, WIC, energy assistance and more!
CommonHelp Virginia Website: https://commonhelp.virginia.gov/access/	CommonHelp is a web-based system that allows Virginia citizens 24/7 easy access to screen and apply for: Cash Assistance (TANF) - Child Care Services Energy Assistance (Fuel, Crisis and Cooling) Food Assistance (SNAP) - Medical Assistance Apply for health insurance
Commonwealth Coordinated Care Plus (CCC Plus) Website: https://www.cccplusva.com/home	Commonwealth Coordinated Care Plus (CCC Plus) is a Medicaid managed care program. Your plan will provide a Care Coordinator will work with you and your doctor to create a health care plan just for you to help with: • Medical services • Nursing • Personal care • Behavioral (mental) health services

On this website you can learn about Virginia's Cover Virginia | Health Coverage Medicaid and FAMIS programs for children, pregnant women and adults. You can also get Phone: 1-855-242-8282 information about health insurance options available through the Federal Marketplace. You can Website: https://www.coverva.org/index.cfm apply online or search for someone who can assist you with your application. The Department of Medical Assistance Services Health Insurance Premium Payment (HIPP) & HIPP (DMAS) administers two Medicaid programs that for Kids Programs may reimburse part or a participant's entire share of the employer sponsored group health insurance Website: https://www.coverva.org/programs_hipp.cfm premiums. These programs are known as the Health Insurance Premium Program (HIPP) and HIPP for Kids. Managed Care plans for cities and counties in **Managed Care Health Plan Charts for Your Area** Virginia. Website: https://www.virginiamanagedcare.com/health- plan-charts Virginia's Medicaid Smiles For Children program **Smiles for Children | Dental** offers comprehensive dental services to children, Phone: 1-888-912-3456 through age 20. Smiles For Children also provides comprehensive services, except orthodontics, to Website: pregnant women enrolled in Medicaid and FAMIS https://www.coverva.org/programs_smiles.cfm MOMS. Services for adults are limited to medically necessary treatments. Find a dentist at: https://govservices.dentaquest.com/Router.jsp?componen t=Main&source=Logon&action=ProviderDirectory2&sta te=VA&locale=en Virginia Department of Social Services | Energy Offers the following assistance: Assistance Crisis Cooling Fuel Website: http://www.dss.virginia.gov/benefit/ea/ Weatherization

Virginia Department of Medical Assistance (DMAS) The Department of Medical Assistance Services' (DMAS) homepage. DMAS is the agency that Website: http://www.dmas.virginia.gov/#/index administers Medicaid and the State Children's Health Insurance Program (CHIP) in Virginia Contact List: http://www.dmas.virginia.gov/files/links/1169/DMAS%2 OContact%20Information%20Document%20on%20WEB SITE%20July%202%202018.pdf **United States Social Security Administration** Apply for a social security number, disability, SSI, check your claim, retirement and more! Website: https://www.ssa.gov/ You can also open a my social security account @ https://www.ssa.gov/myaccount/ Adults (18 and older) https://www.ssa.gov/disability/disability_starter_kits_adu lt eng.htm Child Starter Kit (for children under 18) https://www.ssa.gov/disability/disability_starter_kits_chil d eng.htm **Compassionate Allowances** Social Security has an obligation to provide benefits quickly to applicants whose medical conditions are https://www.ssa.gov/compassionateallowances/index.htm so serious that their conditions obviously meet **List of Compassionate Allowances** disability standards. https://www.ssa.gov/compassionateallowances/condition s.htm **Appeal a Decision** You can appeal most determinations and decisions https://www.ssa.gov/ssi/text-appeals-ussi.htm made about whether you can get Supplemental Security Income (SSI) or if there are changes to your benefit amount. That means you can ask us to look at your case again. **Expedited Payments** Payments can be made more quickly than usual in https://www.ssa.gov/ssi/text-expedite-ussi.htm four different types of situations.

Social Security | Ticket to Work

Website: https://choosework.ssa.gov/about/how-it-works/index.html

The Ticket program and Work Incentives allow you (Social Security Disability Beneficiaries) to keep your benefits while you explore employment receive vocational rehabilitation services and gain work experience.

Your cash benefits and Medicaid or Medicare often continue throughout your transition to work, and there are protections in place to help you return to benefits, if you find you are unable to continue working due to your disability.

Virginia Department of Health | Women, Infants, and Children (WIC)

Website: http://www.vdh.virginia.gov/wic/

Roanoke City Health Department for WIC

Phone: 540-283-5050

Apply for WIC at your Local Health Department

Check your eligi

http://www.vdh.virginia.gov/wic/

Virginia Department of Social Services (DSS)

Website: http://www.dss.virginia.gov/

Find your local Department of Social Services at: http://www.dss.virginia.gov/localagency/index.cgi

The goal of Virginia WIC (Women, Infants, and Children) is to improve the health of pregnant women, infants and children (under 5 years) through better nutrition and access to health care.

The Program provides nutrition education, breastfeeding promotion and support, supplemental nutritious foods, counseling at WIC clinics, and screening and referrals to other health and social services.

Check your eligibility and income guide limits at: http://www.vdh.virginia.gov/wic-participants/new-participants/

DSS administers a variety of programs:

- Temporary Assistance for Needy Families (TANF)
- Child Support, Supplemental Nutrition Assistance Program, (SNAP)
- Medicaid
- Adoption
- Child Care Assistance
- Refugee Resettlement Services
- Energy assistance
- Child and Adult Protective Services

Virginia Long-Term Care Services | Medicaid Waivers and Consumer Directed Services

Website:

http://www.dmas.virginia.gov/#/longtermwaivers

Medicaid Provider Call Center Helpline

Phone: 1-800-552-8627

Consumer and Agency Directed Models:

The Consumer Directed Model - differs from AD services by allowing the individual to assume the employer responsibility for directly hiring, training, scheduling, and firing staff and monitoring the provision of services provided.

<u>Agency Directed Model</u> - services are provided by a Medicaid enrolled provider agency. To receive CD services, the individual or a designated individual must act as the employer of record (EOR). The EOR hires, trains, and supervises the attendant(s).

Consumer Directed Services - In select waivers, three services are available through either a consumer-directed (CD) model or agency-directed (AD) model. These services are: personal care, respite care, and companion care. Enrolled individuals with a demonstrated need for these services may elect to receive them through either the CD model of service delivery, the agency-directed (AD) model of service delivery, or a combination of both.

Commonwealth Coordinated Care Plus Waiver

This waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) waivers. Apply at your local Department of Social Services @ http://www.dss.virginia.gov/localagency/index.cgi

Developmental Disability Waivers (DD)

Building Independence Waiver - Formerly called the Day Support Waiver, the purpose of this Building Independence home and community-based 1915 (c) waiver is to provide support in the community rather than in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF/IID). Adults and children who have a diagnosis of a Developmental Disability (DD).

Family & Individual Support Waiver -

Formerly the Individual and Family Developmental Disabilities Support Waiver, the purpose of the Family and Individual Support home and community-based (1915(c)) waiver is to provide supports and services in the community rather than in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) or related condition. Adults and children who have a diagnosis of a Developmental Disability (DD).

<u>Community Living Wavier</u> - Formerly the Intellectual Disability Waiver, the purpose of the Community Living home and community-based 1915 (c) waiver is to provide support in the community rather than in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) or related condition.

Adults and children who have a diagnosis of a Developmental Disability (DD). Apply at your local Community Service Board @ http://www.dbhds.virginia.gov/community-services-boards-csbs



Behavioral / Mental Health, Neurology and Developmental Services

Virginia Department of Behavioral Health & Developmental Services

1220 Bank Street Richmond, VA, 23219 Phone: 804-786-3921

Website: http://www.dbhds.virginia.gov/

Individual Family Support Program (IFSP)

Website: https://ifsponline.dbhds.virginia.gov/

Virginia Department for Behavioral Health and Developmental Services Mission: Supporting individuals by promoting recovery, self-determination, and wellness in all aspects of life.

Provider Search System

http://lpss.dbhds.virginia.gov/lpss.aspx

The Individual and Family Support Program (IFSP) assists individuals with developmental disabilities and their families with accessing person-centered and family-centered resources, supports, services and other assistance. The program's primary target population is individuals on the waiting list for Virginia's Developmental Disabilities (DD) Medicaid waivers.

Community Services Boards | Virginia Department for Behavioral Health and Developmental Services

Blue Ridge Behavioral Healthcare

611 McDowell Avenue Roanoke, VA 24016 Phone: 540-343-3007

Website: www.brbh.org

Link to all: Community Service Boards Virginia http://www.dbhds.virginia.gov/community-services-boards-csbs

A community services board (CSB) is the point of entry into the publicly funded system of services for mental health, intellectual disability, and substance abuse.

Crisis Hotlines

- Dial 911 for Emergencies
- Blue Ridge Behavioral Healthcare 24 Hour Crisis Line 540-981-9351
- Carilion Connect (540) 981-8181 or (800) 284-8898
- Girls & Boys Town National Hotline (800) 448-3000
- Lewis Gale Respond (800) 541-9992
- National Suicide Prevention Lifeline (800) 273-TALK (8255)
- Mental Health America Crisis Call: 1-800-273-TALK (8255)
- National Youth Crisis Hotline (800) 442-4673

Dial 911 for Emergencies

Crisis assistance for immediate help, support and information.

Governor's Access Plan (GAP)

Website for information and eligibility: https://www.coverva.org/gap.cfm

GAP is a Medicaid plan that provides limited medical and behavioral health care coverage for low income individuals with Serious Mental Illness (SMI). It includes mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management.

Mental Health America of Roanoke Valley – Roanoke Valley Mental Health Collaborative

10 East Church Avenue, Suite 300

Roanoke, VA 24011 Phone: 540-344-0931

Crisis Call: 1-800-273-8255

Website: http://mharv.org/

Mental Health America of Roanoke Valley educates people about mental health and mental illness and connects them with community resources for treatment and support.

The Roanoke Valley Mental Health Care Collaborative provides free mental health assessments, psychiatric care and medication management, access to medications and lab services, counseling, and wellness/disease self-management classes to eligible adults with mental illnesses who lack financial access to, or ineligible for services in any other system of care available in the community.

National Alliance on Mental Illness (NAMI) | Virginia

PO Box 8260

Richmond, VA 23226-0260

Phone: (804) 285-8264 (not a crisis line)

Website: https://namivirginia.org/

NAMI Helpline: 1-888-486-8264

The mission of NAMI is to promote recovery and improve the quality of life of Virginians with serious mental illness through support, education, and advocacy. They envision a world where all people affected by mental illness get the help, hope, and support that they need.

National Alliance on Mental Illness (NAMI) | Roanoke

NAMI-Roanoke Valley P.O. Box 20864 Roanoke, VA 24018 Phone: 540-977-3470

Website: http://www.namiroanokevalley.us/

Providing emotional support, fellowship, and information for parents, relatives, and friends of those with mental illness, as well as for consumers themselves. We continue to provide quality programs and events for our community through your support.

Carilion Children's Pediatric Behavioral Medicine | Counseling

Kristine A. Barton Ph.D., L.C.P.

Carilion Clinic Physical Medicine New River Valley 2900 Lamb Circle Drive Christiansburg, VA 24073

Phone: 540-731-2992

Lori L. Dudley Ph.D.

Carilion Children's Pediatric Behavioral Medicine

902 S Jefferson St Roanoke, VA 24015 Phone: 540-981-8785

Tara A. Mitchell Ph.D.

Carilion Children's Pediatric Behavioral Medicine

902 S Jefferson St Roanoke, VA 24015 Phone: 540-981-8785

Angela C. Nardecchia Ph.D.

Carilion Clinic Child & Adolescent Psychiatry 2017 S Jefferson St, 2nd Floor

Roanoke, VA 24014 Phone: 540-853-0900

Gregory L. Robinson Ph.D.

Carilion Child Development 1030 S Jefferson St., Suite 201

Roanoke, VA 24016 Phone: 540-224-4520

Victoria R. Rosenberg L.P.C

Carilion Children's Pediatric Behavioral Medicine

902 S Jefferson St Roanoke, VA 24015 Phone: 540-981-8785

Carilion Children's Pediatric Behavioral Medicine | Psychiatry | Neurology

Felicity A. Adams-Vanke M.D.

Carilion Clinic Child & Adolescent Psychiatry 2017 S Jefferson St, 2nd Floor

Roanoke, VA 24014 Phone: 540-853-0900

Carilion Children's Child Development

1030 S. Jefferson St., Suite 201

Roanoke, VA 24016 540-224-4520

Katherine V. Liebesny M.D. Carilion Clinic Child & Adolescent Psychiatry 2017 S Jefferson St, 2nd Floor Roanoke, VA 24014 Phone: 540-853-0900 Petronella T. Mbu M.D. Carilion Clinic Child & Adolescent Psychiatry 2017 S Jefferson St, 2nd Floor Roanoke, VA 24014 Phone: 540-853-0900 Nnenna K. Okereke M.D. Carilion Clinic Psychiatry & Behavioral Medicine – New River Valley 2900 Lamb Circle Christiansburg, VA 24073 Carilion Clinic Child & Adolescent Psychiatry 2017 S Jefferson St, 2nd Floor Roanoke, VA 24014 Phone: 540-853-0900 Anuradha Reddy M.D. Carilion Clinic Child & Adolescent Psychiatry 2017 S Jefferson St, 2nd Floor Roanoke, VA 24014 Monday-Friday 8:00 AM to 5:00 PM T: 540-853-0900 John E. Vance M.D. Carilion Clinic Child & Adolescent Psychiatry 2017 S Jefferson St, 2nd Floor Roanoke, VA 24014 Phone: 540-853-0900 Justin B. White M.D.

Carilion Clinic Psychiatry & Behavioral Medicine 2017 S Jefferson St., 2nd Floor Roanoke, VA 24014

Phone: 540-853-0900

Carilion Children's Pediatric Neurology and Neurosurgery

Mebratu H. Daba M.D. | Carilion Children's Pediatric Neurology

102 Highland Ave, Suite 104

Roanoke, VA 24013 Phone: 540-985-8454

James T. Wilson, III M.D. | Carilion Children's Pediatric Neurology

102 Highland Ave, Suite 104

Roanoke, VA 24013 Phone: 540-985-8454

Lisa S. Apfel M.D. | Carilion Clinic Neurosurgery - Roanoke

2331 Franklin Rd Roanoke, VA 24014 Phone: 540-224-5170

Eric A. Marvin D.O. | Carilion Clinic Neurosurgery - Martinsville

901 Plantation Rd Suite 2 Blacksburg, VA 24060 Phone: 540-224-5170

Gary R. Simonds M.D. | Carilion Clinic Neurosurgery - Roanoke

2331 Franklin Rd Roanoke, VA 24014 Phone: 540-224-5170

Additional Counseling and Support Services

Braley & Thompson, Inc.

3800 Meadowdale Blvd.

Richmond, VA

Phone: (877) 886-4975

Website: https://braleyandthompson.com/

Office Locations

- Charlottesville
- Hampton Roads
- Christiansburg
- Lynchburg
- Richmond
- Roanoke
- Woodbridge

Services:

- Foster Care
- Prospective Foster Families
- Foster Families and Resources
- Parenting Classes
- Referrals Forms
- Independent Living
- Counseling
- Mental Health
- Life Skills Training & Coaching
- Intensive In-Home
- Mentoring

Comprehensive Counseling Services

1115 First St.

Roanoke, VA 24016 Phone: 540-343-0004

Website:

http://www.comprehensivecounselingservices.com/?_rdr

Services:

- · Children, Adolescent, Adult Therapy
- Couples and Domestic Partner Counseling
- Family Therapy
- Behavioral Disorders
- Custody- Related Services
- Step and Blended Family Counseling
- Separation and Divorce Counseling
- Collaborative Divorce Services
- Co-parenting Counseling
- Substance Abuse Evaluations
- Substance Abuse Group Therapy
- Mental Health Risk Assessments
- ADD/ADHD Evaluation and Treatment, along with other services

Family Insight, P.C.

3433 Brambleton Ave. Roanoke, VA 24018

Phone: 540-266-7550

Locations: https://familyinsight.net/locations/

Mission is to enhance the well-being of families and individuals through evidence-based counseling interventions.

Family Services of Roanoke Valley

360 Campbell Avenue SW Roanoke, VA 24016

Phone: 540-563-5316

Website: https://www.fsrv.org/

Services:

- Anger Management
- Domestic Violence
- Faith Integrated Counseling
- Grief and Loss Center
- Guardianship
- Life Skills Programs
- Personal Affairs Management
- Play Therapy

Intercept

5673 Airport Road Roanoke, VA 24012 540-344-7700

Office Locations:

https://www.interceptyouth.com/contact

Services:

- Crisis Services
- Psych Services
- Outpatient
- Mentoring, Life Skills
- Home & School Based
- Parenting
- Treatment Foster Care
- Assessment & Diagnostic
- Community Homes
- Independent Living

Kathleen Bagby, MSW LCSW

4220 Cypress Park Dr. Suite B Roanoke, VA 24018

Phone: 540-772-1872

Website: http://www.kathleenbagby.com/

Services:

- Abuse-related therapy
- Anxiety issues
- Depression
- · Child and adolescent counseling
- Marriage counseling
- Parenting help
- Family therapy

National Counseling Group

5540 Falmouth Street, Suite 200

Richmond VA 23230 Phone: 1-877-566-9624

Website: https://ncgcommunity.com/

National Counseling Group – Roanoke

3912 Electric Road, Building C

Roanoke, VA 24018 Phone: (540) 776-0716

Website: https://www.ncgcommunity.com/roanoke

Services:

- Crisis Services
- Outpatient Services
- Treatment Foster Care
- Community Based Services
- Request Services
- Parent Education Class

Other Care Locations:

https://ncgcommunity.com/CARE-locations

Pathways | Virginia Family Preservation Services

5335 Peters Creek Road Roanoke, VA 24019 Phone: (540) 344-9501

Website: http://www.pathways.com/

Website: Other Locations:

http://www.pathways.com/virginia-family-preservation-

services/

Youth & Family Services

- Autism Services
- Case Management
- · Community-Based Surveillance
- Foster Care
- Home-Based & Intensive Home-Based Counseling
- In-Home Tutoring
- Intake, Assessment & Referral Services
- Monitoring Services
- Network Management
- School-Based Services
- Substance Abuse Services
- Therapeutic Foster Care
- Virtual Residential Program

See Adult services @

http://www.pathways.com/adult-services

Radford University | Center for Assessment and Psychological Services

5108 CHBS Building P.O. Box 6946

Radford University Radford, VA 24142 Phone: 540-831-5361

Website:

https://www.radford.edu/content/chbs/home/psychology/services/counseling-services.html

Services:

- Anxiety, depression, emotional difficulties, adjustment to life
- Cognitive, behavioral, and social skills deficits associated with ADHD, ASD or SLD
- Cognitive Behavioral Therapy (CBT) for ADHD, ASD, or GAD characteristics
- Cognitive/Neurocognitive difficulties associated with ADHD, ASD or SLD (e.g., cognitive processing speed, working memory, attention, executive functioning)
- Computerized CBT program to address children's anxiety issues
- Pharmacological Effectiveness Monitoring
- School Problems, Response to Intervention monitoring

Strategic Therapy Associates, Inc. - Roanoke Office

1402 Grandin Rd SW, Suite 207

Roanoke, VA 24015 Phone: 540.523.1673

Website: http://s614510739.initial-website.com/

All Locations: http://s614510739.initial-

website.com/contact-us/

Services: • In

- Intensive In-Home
- Crisis Intervention
- Day Treatment
- Mental Health Skill Building
- Outpatient
- Therapeutic Mentoring
- Parent Education

Strengthing Our System (SOS)

464 Christiansburg Pike NE

Floyd, VA

Phone: 540-585-4078

Website: http://www.strengtheningoursystem.com/

Richmond Phone: 804-823-3940

Services:

- In-Home Residential
- Mental Health Skill Building (Floyd, VA location only)
- Therapeutic Consultation

SPECIALTY AREAS

- Autism spectrum Disorders
- Life Skills Training
- Independent living skills development
- Community integration
- Socialization/Circles of Support
- Education

The Manassas Group

3635 Manassas Drive Roanoke, VA 24018

Phone: (540) 774-4686

Website: http://www.manassasgroup.com/

Services:

- Center for Women
- Child and Family Center
- Life Skills Coaching Center
- Marriage Center
- Mindfulness-Based Stress Reduction and Wellness
- Trauma & Loss Recovery Center
- Work/Life Center

Virginia Tech Psychological Services

3110 Prices Fork Road

Blacksburg VA 24061-0355

Phone: 540-231-6914

Website: https://www.psyc.vt.edu/outreach/psc

Services:

- Individual, couple, family, and group therapies
- Assessment services for adults
- Assessments for children and adolescents



Camps

Go to Roanoke Area Care Connection for Children @ https://www.carilionclinic.org/care-connection-children



Care Connection for Children Centers in Virginia

Care Connection or Children is a statewide network of centers of excellent for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination; medical insurance benefits evaluation and coordination; management of the CYSHCN Pool of Funds; information and referral to CYSHCN resources; family-to-family support; and training and consultation with community providers on CYSHCN issues. There is no charge for services.

Eligibility:

- Is under the age of 21
- Lives in Virginia
- Has a diagnosed condition or physical disorder that is expected to last longer than 12 months

Examples of medical conditions: Diabetes, Cerebral Palsy, Spina Bifida, Deaf & Hard of Hearing, Cystic Fibrosis, along with many others.

Care Connection for Children provides:

- Care Coordination
- Information
- Educational support
- Referrals & more

Website: http://www.vdh.virginia.gov/care-connection-for-children/

Southwest Virginia Care Connection for Children

Sandra Woodward, RN, BSN, Program Director Washington County Community Services 15068 Lee Highway, Suite 900 Bristol, VA 24202

Phone: (276) 645-4900 or Toll Free: 1 -800-704-1285

Counties and cities served: Bland, Bristol city, Buchanan, Dickenson, Grayson, Lee, Norton city, Russell, Scott, Smyth, Tazewell, Washington, Wise, Wythe

Blue Ridge Care Connection for Children

Sandra Woodward, RN, BSN, Program Director 2205 Fontaine Ave., Suite 201 Charlottesville, VA 22903

Phone: 434-924-0222 or Toll Free: 1-866-596-9367

Website: https://childrens.uvahealth.com/patient-info/support-services/blue-ridge-care-connection

Counties and cities served: Albemarle, Augusta, Charlottesville city, Clarke, Culpeper, Fauquier, Frederick, Green, Harrisonburg city, Highland, Madison, Nelson, Orange, Page Rappahannock, Rockingham, Staunton city, Warren, Waynesboro city, Winchester city

Care Connection for Children - Northern Virginia

Jill Christiansen, Program Manager 2700 Prosperity Avenue, Suite 100

Fairfax, VA 22031

Phone: 703-698-2450 or Toll Free: 703-698-2450

Counties and cities served: Alexandria city, Arlington, Fairfax, Fairfax city, Falls Church city, Fredericksburg city, Loudoun, Manassas city, Manassas Park city Prince William, Spotsylvania, Strafford

Hampton Roads Care Connection for Children

Children's Hospital of the King's Daughters Cindi Fisher, R.N., MSN, CPNP, Program Director 601 Children's Lane Norfolk, VA 23507

Phone: 757-668-7132 or Toll Free: 1-800-864-8903

Website: http://www.chkd.org/Our-Services/Specialty-Care-and-Programs/Support-Services/Care-Connection-

for-Children/

Counties and cities served: Accomack, Chesapeake city, franklin city, Gloucester, Hampton city, Isle of Wright, James City county, Mathews, Middlesex, Newport News city, Norfolk city, Northampton, Poquoson city. Portsmouth city, Southampton, Suffolk city, Surry, Sussex, Virginia city, Williamsburg city, York

Central Virginia Care Connection for Children

Rebecca (Kiki) Larkin, RN, BSN, CCM, Program Director 730 East Broad Street, 3rd Floor

Richmond, VA 23219

Phone: 804-827-1795 or Toll Free: 1-866-737-5965

Website: https://careconnections.vcu.edu/

Counties and cities served: Amelia, Brunswick, Buckingham, Caroline, Charles City count, Chesterfield, Colonial Heights city, Cumberland, Dinwiddie, Emporia city Essex, Fluvanna, Goochland, Greensville, Hanover, Henrico, Hopewell city, Kings and Queen, King George, King William, Lancaster Louisa, Luneburg, Mecklenburg, New Kent, Northumberland, Nottoway, Petersburg city, Powhatan, Prince Edward, Prince Georg, Richmond, Richmond city, Westmoreland

Roanoke Area Care Connection for Children

Tammy Campbell, MBA, Program Manager 1615 Franklin Road, SW Roanoke, VA 24016

Phone: 540-985-8470 or Toll Free: 1-866-906-2999

Website: https://www.carilionclinic.org/care-connection-

children

Counties and cities served: Alleghany, Amherst, Appomattox, Bath, Bedford, Bedford city, Botetourt, Buena Vista city, Campbell, Carroll, Charlotte, Clifton Forge city, Covington city, Craig, Danville city, Floyd, Franklin, Galax city, Giles, Halifax, Henry, Lexington city, Lynchburg city, Martinsville city, Montgomery, Patrick, Pittsylvania, Pulaski, Radford city, Roanoke, Roanoke city, Rockbridge, Salem city, South Boston city



Centers for Independent Living

Virginia Association of Centers for Independent Living

3210 Peoples Drive, Suite 220 Harrisonburg, VA 22801

Phone: 540-433-6513 or 540-438-9265 (tty)

Website: http://www.vacil.org/About.htm

All Locations in Virginia:

http://www.ilru.org/projects/cil-net/cil-center-and-

association-directory-results/VA

Directory: http://www.vacil.org/va_cils_directory.htm

Centers for Independent Living (CILs) provide services to individuals with significant disabilities as well as to the local community at large. CILs provide the following core services to individuals:

- Advocacy
- Peer Counseling
- Independent Living Skills Training
- Information and Referral

Blue Ridge Independent Living Center

1502B Williamson Road NE Roanoke, Virginia 24012 Phone: 540-342-1231 V/TTY

Website: http://www.brilc.org/

Services:

- Housing Assistance
- Employment Services
- Disability Rights
- Assistive Technology
- NewWell Fund
- Home Modifications
- Transition Services School
- Along with other services

New River Valley Disability Resource Center

53 West Main Street, Suite A Christiansburg, VA 24073 Phone Number: 540-266-1435

Website: https://nrvdrc.org/

The New River Valley Disability Resource Center assists individuals with disabilities to live independently. The center also serves the community at large by helping to create an environment that is accessible to all.



Childcare and Preschool

211 Virginia Phone: 211 Website: https://www.211virginia.org/consumer/index.php	Find resources, including childcare on 211 Virginia website or make a call to find needed resources. Go to link, add zip or city and search child care.
Care.com Website: https://www.care.com/	Services: Childcare Adult and senior care Pet and Home care
Childcare Network #65 4225 Brambleton Avenue Roanoke, VA 24018 Phone: 540-440-5273 Website: https://www.childcarenetwork.com/virginia-roanoke-va-65	Serves children from 6 weeks to 12 years. Find hours by going to their website.
Childcare Aware of America Website: http://www.childcareaware.org/	Find childcare, information on how to pay for it and other resources. Search by state.
Children's Discovery Center 3706 peters creek Road Roanoke, VA 24019 Phone: 540-563-2632 Website: http://thecdc.wixsite.com/cdc1	Serving infants to 12 years.

VA Child Care | Virginia Department of Social Services

Website: http://childcareva.com/

Local Department of Social Services:

http://www.dss.virginia.gov/localagency/index.cgi

Search for Childcare

http://www.dss.virginia.gov/facility/search/cc.cgi

The Virginia Department of Social Services administers the Child Care Subsidy Program which provides financial assistance to eligible families to help pay a portion of the cost of child care so they can work or participate in education or training programs.

Services:

- Parents search for providers, *pay for child care, learn about child development and other assistance
- Providers licensing requirements, become a subsidy provider and resources
- Community Types of childcare in Virginia, file a complaint, Virginia Child Care Plan

Greenvale School

627 Westwood Blvd. NW Roanoke, VA 24017 Phone: 540-342-4716

Website: https://www.greenvale-school.org/

Serving:

- Infants
- Toddlers
- Preschoolers

Ages 6 weeks to 5 years.

Honeytree Early Learning Centers

418 First Street

Roanoke, Virginia 24011 Phone: 540-344-4543

Website: http://www.honeytreeelc.com/

Serving:

- Infant & Toddler | 6 weeks 24 months
- Twos |24-36 months
- Preschools | 3 4 years old
- Private Pre-K | 4 5 years old
- After School | 5-12 years old
- Summer Camp | 6-12 years old

Open Monday to Friday from 6:15 am - 6:30 pm.

Melrose Adventist Child Development Center

1601 Melrose Ave NW Roanoke, VA 24017-4007 Phone: 540-685-4739

Website: https://www.macdckids.com/

Offers:

- Preschool
- After School Care
- Summer Camp

Open 6:00 AM - 6:30 PM

Roanoke City Schools Preschool Programs

Virginia Preschool Initiative

540-853-2300

REACH

Phone: 540-853-1900

Website:

https://www.rcps.info/departments/instructional_department/preschool_programs

- The Virginia Preschool Initiative (VPI)
 Program serves children who are four years old by September 30th of the school year. Children are accepted based on educational need and family factors such as income.
- REACH provides special education services for children ages two through four with developmental delays or disabilities. To qualify, preschoolers must be eligible for special education and related services.
- Free to eligible children and transportation provided.

Total Action for Progress | Head Start

302 2nd Street, SW Roanoke, VA

Phone: (540) 767-6093

Website: https://tapintohope.org/program/head-start-and-

early-head-start/

Early Head Start provides pregnant women and children from birth to age three can participate in the Early Head Start program. This program provides prenatal education, full-day childcare, and family development services for parents who are employed, in an employment training program, or in school

TAP Early Head Start

Head Start

Home Based Head Start

Head Start is a preschool program for children 3 and 4 years old.

Home Based Head Start - provides weekly home visits with a Head Start representative to help parents learn ways to best encourage their child's development to prepare them for kindergarten.

	•
YMCA of Virginia's Blue Ridge Y After School Kirk Family YMCA 520 Church Ave. Roanoke, VA 24016 540-342-9622 Website: http://ymcavbr.org/y-after-school/y-after-school/	Y After School is a fun, safe and supportive after school program for elementary-age children. Serving: Roanoke City, Salem City and Botetourt County and Lexington city. Y Spring Camp will be filled with indoor and outdoor activities where kids can play, make new friends, stay active and have fun. Will be held at the Salem Family YMCA @ http://ymcavbr.org/main/y-spring-camp/ Y Summer Camp at this link: http://ymcavbr.org/summercamp



Day Support Services

DePaul Community Services | OPTIONS Program

3029A Peters Creek Road Roanoke, VA 24019 Phone: 540-562-2270

Website: http://www.depaulcr.org/

OPTIONS Website: http://www.depaulcr.org/support-

services/options-day-support-services/

Other Locations:

• Lynchburg – 434-525-9060

• Madison Heights – 434-528-2538

• Fishersville – 540-712-2590

Opening People to Individual Opportunities in a Network Support (OPTIONS) day support services for adults 18 years and older with intellectual and developmental disabilities.

Didlake

4504 Starkey Road, SW Roanoke, VA 24018 Phone: 540-400-0548

Website: http://www.didlake.org/

Locations: http://www.didlake.org/about/locations/

Provides day support and both individual and group supported employment services that help people with disabilities find meaningful employment.

Dominion Services

3023 Peters Creek Rd Roanoke, VA 24019 Phone: (540) 798-5314 Group Day Services include a community and center-based day support program tailored for individuals with disabilities 18 years and older.

It's About Time, Inc.

7702B Plantation Road Roanoke, VA 24019 Phone: 540-491-2010

Website: http://itsabouttime1.com/

Website: http://itsabouttime1.com/services/day-support/

It's About Time, Inc. provides skill building and supports in the areas of: motor skills, communication, socialization, personal self-care, activities of daily living, health and safety, and behavioral concerns.

Katie's Place Community Day Program

Roanoke 1009 1st Street SW Roanoke, VA 24016 Phone: 540-947-2777

Lynchburg Scruggs Cottage – HumanKind Campus 150 Linden Ave. Lynchburg, VA 24503 Phone: 434-525-4790 ext. 218

Website: http://katiesplacedaysupport.org/

Serve adults with intellectual and/or developmental disabilities in the Roanoke valley. Katie's place provides opportunities to learn and develop social skills and daily living skills through gardening, cooking, volunteering, community outings, and marketing the crafts made in the program.

Lutheran Family Services of Virginia

2609 McVitty Road Roanoke, VA 24018-3513

Phone: (540) 774-7100 or Toll Free: 1 (800) 359-3834

Website: http://lfsva.org/day-support/

Locations: http://lfsva.org/directions/

Daytime activities are available to individuals with intellectual disabilities or developmental disabilities who are 18 years or older. Skill-building activities are provided in areas such as self, social and environmental awareness, sensory stimulation, fine and gross motor skills, personal care skill, communication, learning, problem-solving, and community-living skills.

Virginia Department of Behavioral Health & Development Services | Provider Search System

Website: http://lpss.dbhds.virginia.gov/lpss.aspx

Find Day Support Services by going to Service, Type and View Report.



Dental Services

American Dental Association Find a Dentist: https://findadentist.ada.org/	
Carilion Pediatric Dentistry Sharlene D. Amacher D.D.S. 101 Elm Ave, 1st Floor Roanoke, VA 24013 Phone: 540-224-4318 Michael L. Jones D.D.S. 101 Elm Ave, 1st Floor Roanoke, VA 24013 Phone: 540-224-4318 Website: https://www.carilionclinic.org/locations/carilion-clinic-dental-care-pediatrics	
Commonwealth Dental Clinic 1121 S. Jefferson Street Roanoke VA 24016 Phone: (540) 685-0028 Website: http://www.commonwealthdentalclinic.com/	Serves adult Medicaid and reduced fee dental care for a population underserved. Provides exams, x-rays, extractions and dentures.
Community Health Centers in Virginia Website: https://findahealthcenter.hrsa.gov/	Check with the Community Health Center in your area for a dental services.

Free Clinics in Virginia Check with the Free Clinic in your area for a dental services. Website: https://www.vafreeclinics.org/find-clinic/ **Medicaid Dental Services for Adults** Dental services for most adults are limited to medically necessary emergency procedures. Comprehensive dental benefits, including preventive Website: www.virginiamanagedcare.com/health-planservices, are available through age 20. Pregnant charts. women also qualify for comprehensive dental services, except for orthodontics. For a full list of the benefits being offered, including dental, please go to the Medallion 4.0 comparison chart link to the left. InsureKidsNow.gov Millions of children and teens qualify for free or lowcost health and dental coverage through Medicaid & the Children's Health Insurance Program (CHIP). Find a Dentist: https://www.insurekidsnow.gov/coverage/find-adentist/index.html **UVA** | **Department** of **Dentistry** Provides a full range of dental services, ranging from preventive care, cosmetic dentistry and gum disease P.O. Box 800740 treatment to special care for patients with medical Charlottesville, VA, 22908-0740 needs, such as head and neck cancers or bleeding Phone: 434-924-1774 disorders. Website: https://med.virginia.edu/dentistry/ Virginia Department of Health | Dental Find resources, information and a special needs dentist. Website: http://www.vdh.virginia.gov/oral-health/ Find a Dentist: http://www.vdh.virginia.gov/livewell/findadentist/



Developmental Services and Resources

Virginia Department of Behavioral Health and Developmental | Infant and Toddler Connection of Virginia

Virginia Department of Behavioral Health and Developmental Services 1220 Bank Street, 9th Floor P.O. Box 1797

Richmond, Virginia 23219-1797

Phone: (804) 786-3710 or Toll Free: 1-800-234-1448

Website: http://www.dbhds.virginia.gov/

Early Intervention | Infant and Toddler Connection of Roanoke Valley

1502 Williamson Road, NE 2nd Floor Roanoke VA 24012 Phone: (540)204-9699

Email: janet.p.mcmillan@vdh.virginia.gov

Find Infant and Toddler Connection in your area:

http://www.infantva.org/

Early intervention for infants and Toddlers in Virginia.

A child and family may receive early intervention supports and services if the child is: up to three years old and has certain levels of developmental delay, differences in development and/or a diagnosed condition.

Child Development Services | Virginia Department of Health

Carilion Child Development Clinic

Carilion Medical Center for Children 1030 S. Jefferson Street SW, Suite 201 Roanoke, VA 24016

Phone: 540-224-4520

Website: http://www.vdh.virginia.gov/child-development-

services/

A specialized program for children and adolescents suspected of having:

- Developmental delays
- Developmental disorders associated with sensory or physical disabilities
- Disorders of attention and hyperactivity
- Learning problems
- Emotional and behavioral concerns
- Mental retardation or
- Combination of these problems

Child Development Program Centers:

http://www.vdh.virginia.gov/child-development-services/

Eligibility:

- Resident of Virginia
- Under 21 years of age
- All income levels are eligible

ARC of Virginia

2247 Staples Mill Road Richmond, VA 23230 Phone: (804)-649-8481

Website: https://thearcofva.org/

Local ARC Chapters: https://thearcofva.org/about-the-

arc/local-chapters/

Mission: The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Center for Disease Control and Prevention | Learn the Signs Early

https://www.cdc.gov/ncbddd/actearly/index.html

From birth to 5 years, your child should reach milestones in how he plays, learns, speaks, acts and moves. Track your child's development and act early if you have a concern.

Centra Health | Centra Autism and Development Services

693 Leesville Road Lynchburg, VA 24502 Phone: 434-200-5750

Website: https://www.centrahealth.com/services/autism-

developmental-services

Offers comprehensive psychological evaluations for ADHD, Learning Disabilities, and Autism.

Also offers therapy for parents of children who have autism.

Easter Seals UCP | Greater Salem Community-Early Childhood Outreach Center

201 E. Main Street Salem, VA 24153 (540) 777-7325

Website: http://www.easterseals.com/

Programs:

http://www.easterseals.com/our-programs/

March of Dimes

Website: https://www.marchofdimes.org/

March of Dimes fights for the lives of moms and babies. Some of their resources:

- NICU Family Support®
- Prematurity Campaign Collaborative
- Info for your patients
- Medical resources
- Professional education
- Awards, scholarships & grants

UVA | Child Development and Rehabilitation Center

1204 W. Main St., Fourth Floor Charlottesville, VA 22908 Phone: 434-924-5161

Website: https://uvahealth.com/locations/profile/uva-child-

development-and-rehabilitation-center

Pediatric services offered:

- Developmental Disabilities and Delays
- Dentistry
- Diabetes and Endocrinology
- Digestive Disorders
- Neurology
- Orthopedics
- Rehabilitation

Virginia Tech | Child Study Center

460 Turner St. Suite 207 Blacksburg, VA 24060

Website:

http://childstudycenter.wixsite.com/childstudycenter

The Child Study Center a specialty research, service, and training facility devoted to the comprehensive assessment, treatment, prevention, and understanding of problems of childhood and adolescence.

Mission: The Virginia Tech Autism Clinic is to improve the quality of life for individuals with autism and their families through assessment, intervention, education, and research directed towards effective treatment and prevention.

Virginia Tech Autism Clinic

Website: https://www.psyc.vt.edu/outreach/autism

Radford University Autism Center

Director: Diane Millar, Ph.D. Phone: (540) 831-7635

Website:

https://www.radford.edu/content/wchs/home/cosd/clinical-research-programs/autism-center.html

Radford University Autism Center is to serve as a resource for:

- Individuals with autism spectrum disorder (ASD)
- Families and Teachers
- Speech-language pathologists and other professionals working with children and adults with autism



Durable Medical Equipment and Home Care

Advanced HomeCare

72 Saint John Road Salem, VA 24153

Phone: (800) 868-8822

Website: https://shop.advhomecare.org/index.htm

Advanced Home Care is a resource for home medical service and equipment in North Carolina, South Carolina, Virginia, Tennessee and Georgia.

CareLookuup.com | Virginia Durable Medical Equipment

Website: http://www.carelookup.com/durable-medical-equipment-general-directory/virginia/providers.aspx

Virginia Durable Medical Equipment General Directory, along with many other services.

Carilion Home Care

1615 Franklin Road Roanoke, VA 24016 Phone: 540-224-4800

Phone: 540-224-4800

Website and Locations:

https://www.carilionclinic.org/home-care

Carilion Clinic offers home care services for patients of all ages, maintaining the area's only mother/baby care program and providing athome care for pediatric patients. Offering:

- Heart and lung assessment
- Wound and catheter care
- Dietary and medication instruction
- Chronic disease management program
- IV therapy (hydration, antibiotics)
- Orthopaedic care

Foundation for Rehabilitation Equipment & Endowment (FREE)

1489 East Main Street Salem, VA 24153

Richmond - 804-920-9828 Roanoke - 540-777-4929 South Hampton - 757-771-6183 Lynchburg - 434-846-3733 Northern Shenandoah Valley - 434-846-3733 Williamsburg - 757-707-4741 Virginia State Headquarters - 540-777-4929 Foundation for Rehabilitation Equipment & Endowment's mission is to acquire and provide mobility related rehabilitative equipment to maximize functional independence and improve quality of life.

F.R.E.E. collects, sanitizes, repairs and gifts donated mobility equipment to uninsured and underinsured adults in Virginia.

Website: http://www.free-foundation.org/	
Interim Healthcare Roanoke 1013 E. Main St. Salem, VA 24153 Phone: Website: https://www.interimhealthcare.com/roanoke/home/	Providing these home care services: • Personal care • Nursing services • Therapy • Respite
Maxim Healthcare 4502 Starkey Road SW Suite 211 Roanoke, VA, 24018 Website: https://www.maximhealthcare.com/	Providing the following home care services: • Personal care • Personal caregiving • Behavioral Care
Mobility Plus 763 Union St. Salem, VA 24153 Phone: 540-389-3400 or Toll Free: 1-800-448-8434 Email: mplusva@gmail.com	Mobility Plus offers a diverse product line ranging from complete accessible full-size and minivans, wheelchair lifts, seats and driving controls to scooters, lift recliners, stairlifts and ramps for your home. Serving: Roanoke, Salem, Blacksburg, New River Valley, Central and Southwest VA, Smith Mountain Lake, Martinsville, Danville, Bluefield, Princeton, Beckley, Lewisburg and much of West Virginia.
Trustcare Southwest Virginia 1402 Williamson Rd NE Roanoke, VA 24012 Phone: 540-409-4020 or Toll-Free: 1-888-488-1950 Website: http://www.trustcarehme.com/	Trustcare is a provider of rehabilitation, mobility, and home accessibility equipment throughout Virginia, Maryland, and Washington DC.



Education | Schools and Educational Resources

Virginia Department of Education (VDOE) | Schools

Website: http://www.doe.virginia.gov/

Virginia Public Schools Grouped by Alphabetical Order http://www.va-

doeapp.com/PublicSchoolsAlphabetical.aspx?w=true

Virginia Public Schools Grouped by Division

http://www.va-

doeapp.com/PublicSchoolsByDivisions.aspx?w=true

Mission: Virginia's public education system is to educate students in the fundamental knowledge and academic subjects that they need to become capable, responsible, and self-reliant citizens.

VDOE | Special Education

Website:

http://www.doe.virginia.gov/special_ed/index.shtml

"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including instruction conducted in a classroom, in the home, in hospitals, in institutions, and in other settings and instruction in physical education.

VDOE | 2017 – 2018 Directory of Private Day and Residential Schools for Students with Disabilities

Link for all regions:

http://www.doe.virginia.gov/special_ed/day_residential_sch_ools/private-schools-directory.docx_

Schools in Region 6: **Counties:** Alleghany Highlands, Botetourt, Craig, Floyd, Franklin, Henry, Montgomery, Patrick, Pittsylvania, Roanoke - <u>Cities:</u> Covington, Danville, Martinsville, Roanoke, Salem, South Boston

Blue Ridge Autism and Achievement Center, Minnick Schools-Roanoke, Rivermont School-Roanoke, Hope Tree Academy

VSDB provides an environment which fosters Virginia School for the Deaf and Blind self-confident students who are contributing 104 VSDB Drive citizens and life-long learners and serves as a P.O. Box 2069 resource of excellence for the communities of Staunton, VA 24402 Virginia who serve students who are deaf/hard of Phone: 540-332-9000 or Toll Free: 800-522-8732 hearing, blind/vision impaired and deaf blind. Website: https://www.vsdb.k12.va.us/vsdb/ Virginia's Public Charter Schools There are eight public charter schools operating Website: in Virginia. The Metropolitan Preparatory Academy proposed in Richmond has not http://www.pen.k12.va.us/instruction/charter_schools/charte r schools.shtml received full local board approval. K12 Online K 12 provides online education for students in Pre-K through 12th grade, both public and Phone: 866-968-7512 private. Website: http://www.k12.com/ Children's Service Act (CSA) Mission: The Children's Services Act (CSA) is now the name for a law enacted in 1993 that The Office of Children's Services establishes a single state pool of funds to 1604 Santa Rosa Road, Ste 137 purchase services for at-risk youth and their Richmond, VA 23229 families. Phone (804) 662-9815 Website: https://www.csa.virginia.gov/ **VDOE** | Private Schools and Home Schooling Website: http://www.doe.virginia.gov/families/private home/index.sh tml

Virginia Council for Private Education Phone: 804-423-6435 Website: https://www.vcpe.org/	Virginia Council for Private Education oversees accreditation of private preschools, elementary and secondary schools in the Commonwealth of Virginia.
 VDOE - Graduation Requirements Advanced Studies Diploma Standard Diploma Applied Studies Diploma Modified Standard Diploma Other Diplomas & Certificates 	Diploma Options and certificates such as the GED for graduation. VCPE oversees accreditation of private preschool, elementary and secondary schools in the Commonwealth.
VDOE Military Families Website: http://www.doe.virginia.gov/support/student_family/military/index.shtml	Helpful information for military parents from the Virginia Department of Education.
Military One Source https://apps.militaryonesource.mil/MOS/f?p=306:HOME::: NO::EKMT:37.20.10.190.0.0.0.0	Education Directory for Children with Special Needs. Also offers other good information.

Part B of IDEA - Children (3 to 22) Website: Center for Parent Information and Resources https://www.parentcenterhub.org/schoolage/ Part C - Early Intervention Website: Center for Parent Information and Resources	School-Age Children Infants and Toddlers
https://www.parentcenterhub.org/partc/ Disability Law Center of Virginia Educational Publications website: http://dlcv.org/publications/special-education/	
Developing Your Child's IEP Center for Parent Information and Resources Website: https://www.parentcenterhub.org/pa12/	Offers information on the IEP - Quick links: • Introduction • A. The IEP Process • B. The IEP Document • C. Deciding Your Child's Placement • D. Participating in the IEP Meeting • Endnotes
IDEA IDEA-Related Acronyms, Abbreviations, and Terms Website: https://sites.ed.gov/idea/acronyms/	A – Z Listing of disability and special education acronyms.
Individualized Education Programs (IEPs) KidsHealth Website: https://kidshealth.org/en/parents/iep.html	Has great information on topics for parents, kids and teens.
LD Online Website: http://www.ldonline.org/indepth/iep	Information about how to create a useful IEP, understanding the IEP process, and the importance of good communication.

IEP vs 504 Plan: What's the Difference?

Website: https://www.understood.org/en/school-learning/special-services/504-plan/the-difference-between-ieps-and-504-

plans?cm_ven=ExactTarget&cm_cat=080218_ToolsTipsE_mail&cm_pla=All+Subscribers&cm_ite=https%3a%2f%2fwww.understood.org%2fen%2fschool-learning%2fspecialservices%2f504-plan%2fthe-difference-between-ieps-and-504-

plans&cm lm=bktaylor1@carilionclinic.org&cm ainfo=&u tm source=articlelist&utm medium=email&utm campaign =bts2018&&&&

Understood.org shares information about the difference between the IEP and the 504 Plan.

Special Education Advisory Committee (SEAC)

Website:

http://www.doe.virginia.gov/boe/committees_advisory/special_ed/local_sped_advisory_committees/index.shtml

Special Education Advisory Committee (SEAC) works with the school board, administrators, parents, and teachers who are responsible for students receiving special education services.

Members are appointed by the local school board. The majority of the committee must be either parents of children with disabilities or individuals with disabilities. Membership must also include one teacher, public/county human service agency representatives, community/civic organization representatives, and/or business/industry representatives, the Director of Special Education, the Assistant Superintendent for Instruction and a representative from the school board serve as consultants to the committee.

U.S. Department of Education | The Civil Rights of Students with Hidden Disabilities under Section 504 of the Rehabilitation Act of 1973.

Website:

 $\underline{https://www2.ed.gov/about/offices/list/ocr/docs/hq5269.htm} \\ \underline{1?exp{=}3}$

Hidden disabilities are physical or mental impairments that are not readily apparent to others.

Examples:

- Diabetes
- Epilepsy
- Hearing impairment
- Heart disease
- Kidney disease
- Low vision

Virginia Family Special Education Connection

Website: http://vafamilysped.org/

A one-stop-shop for parents, families and caregivers of children with special needs to find resources, contacts, plan for your child's education and laws.



Employment and Support Services

Achieve Employment Services | SVH Adult Services

St. Vincent's Home 1009 1st Street SW Roanoke, VA 24016 Phone: 540-904-2957

Website: http://svhservices.org/

Website: http://svhservices.org/achieve-employment-

services/

Achieve Employment Services is an employment service for people with developmental and intellectual disabilities.

Other services include:

- Katie's Place
- Therapeutic Consultation
- SPARK Social Play, Activity and Recreation "Krew"
- Life Skills Program

Career One Stop

Website: https://www.careeronestop.org/

Workers with Disabilities Resources:

https://www.careeronestop.org/ResourcesFor/WorkersWith

<u>Disabilities/workers-with-disabilities.aspx</u>

One place to go to for to:

- Explore careers
- Job search
- Job training resources

Didlake

4504 Starkey Road, SW Roanoke, VA 24018 Phone: 540-400-0548

Website: http://www.didlake.org/

Locations: http://www.didlake.org/about/locations/

Provides both individual and group supported employment services that help people with disabilities find meaningful employment.

Services:

- Employment services for people with disabilities
- Day support services

Disability Service Agencies

Website: https://www.vadsa.org/jobseekers.htm

Services:

- Disability Services
- Communication
- Community Living
- Devices and Equipment
- Education
- Financial Assistance

	 Job Seekers Rights and Advocacy Transportation
Goodwill of the Valleys 2502 Melrose Ave. NW Roanoke, VA 24017 Phone: 540-581-0260 Website: https://www.goodwillvalleys.com/	Goodwill Industries of the Valleys is a non-profit organization dedicated to helping people with disabilities and disadvantages overcome barriers to employment. Services for youth, adults and older workers. Counties – Albemarle, Alleghany, Amherst, Appomattox, Augusta, Bath, Bedford, Bland, Botetourt, Buckingham, Campbell, Carroll, Craig, Cumberland, Floyd, Fluvanna, Franklin, Giles, Grayson, Greene, Henry, Highland, Madison, Montgomery, Nelson, Patrick, Pulaski, Roanoke, Rockbridge, Rockingham, and Wythe. Cities – Buena Vista, Charlottesville, Covington, Galax, Harrisonburg, Lexington, Lynchburg, Martinsville, Radford, Roanoke, Salem, Staunton, and Waynesboro.
Goodwill of the Valleys - Project Search Website: https://www.goodwillvalleys.com/work-and-training-services/youth-services/project-search/	Project SEARCH: Carilion Clinic is a one-year program that provides education and on-site training to prepare youth with disabilities to be work ready upon graduation from high school.
Job Accommodation Network (JAN) Website: https://askjan.org/index.html	The Job Accommodation Network (JAN) is the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues.

Department of Aging and Rehabilitations Services (DARS)

Website: www.vadars.org

Employment Services & Special Programs Directory

Website: https://www.vadars.org/essp/apps/esovendors/

DARS partners with community rehabilitation providers to provide employment and vocational services throughout the state.

Services for People with Disabilities:

- Employment services
- Transitional services for students
- Assistive technology / Devices and Equipment
- Administers and/or connects with other agencies in the community

Social Security Administration | Ticket to Work Program

Website: https://www.ssa.gov/work/

The Ticket to Work (Ticket) program is a free and voluntary program that can help Social Security beneficiaries go to work, get a good job that may lead to a career, and become financially independent, all while they keep their Medicare or Medicaid. Individuals who receive Social Security benefits because of a disability and are age 18 through 64.

Stand Up, Inc.

1059 Vista Park Dr. Ste B Forest, VA 24551 Phone - (434) 316-7140

Website: https://standup-inc.com/

- Independent Living Skills
- Pre-Vocational Training
- Situational Assessments
- Job Development
- Job Coaching and Training
- Follow Along Services
- Transition Services
- Medicaid Services

Wilson Workforce and Rehabilitation Center

243 Woodrow Wilson Avenue Fishersville VA 22939

Phone: Toll-Free: 1-800-345-9972

TTY: 1-800-811-7893

Website: https://www.wwrc.net/

Wilson Workforce and Rehabilitation Center's mission is to provide people with disabilities comprehensive, individualized services to realize personal independence through employment.



Financial and Resource Information

CommonHelp Phone: 1-855-635-4370 Website: https://commonhelp.virginia.gov/access/	 Apply for: Child care services Energy assistance (fuel, crisis and cooling Food assistance (SNAP) Healthcare coverage (families & children) Temporary cash assistance for families with minor children Renew benefits
First Hand Foundation 2800 Rockcreek Parkway Kansas City, MO 64117 Phone: 816-201-1569 Website: https://www.firsthandfoundation.org/	First Hand Foundation provides funding for individual children—both domestically and globally—who need assistance with clinical necessities (such as surgery, medication and therapy), medical equipment and travel related to care. Apply and Eligibility: https://www.firsthandfoundation.org/request-funding/
Financial Aid for Eye Care National Eye Institute Website: https://nei.nih.gov/healthyeyes/financialaid	Find a listing of links that may assist eye care and eye surgery.
Good Days 6900 Dallas Parkway Suite 200 Plano, TX 75024 Phone: 972- 608-7141 or Toll Free: 1-877- 968-7233 To qualify: https://www.mygooddays.org/patients/how-to-apply/qualify	Provides the following assistance with qualified diagnosis: • Financial and emotional • Co-pay assistance • Premium assistance • Help with travel

Health Well Foundation

P.O. Box 220410

Chantilly, VA 20153-0410 Phone: 800-675-8416

Website: https://www.healthwellfoundation.org/

Health Well Foundation Pediatric Fund

https://www.healthwellfoundation.org/fund/pediatric-

assistance/

underinsured patients with chronic or lifealtering diseases.

Mission: To reduce financial barriers to care for

Provide financial assistance for:

Prescription copays

Health insurance premiums, deductibles and coinsurance

Pediatric treatment costs

Travel costs

Mobility Plus

Website: https://www.mobilityplus.net/

Mobility Plus offers a diverse product line ranging from complete accessible fullsize and minivans, wheelchair lifts, seats and driving controls to scooters, lift recliners, stairlifts and

ramps for the home.

National Organization for Vehicle Accessibility

Website: https://novafunding.org/grant-program/

During each funding cycle, grants are awarded to eligible, selected individuals for up to 25% of the cost of the mobility transportation equipment with a maximum award of \$5,000. They do not purchase vans.

Patient Access Network

Phone: 1-866-316-7263

Website: https://panfoundation.org/index.php/en/

The PAN Foundation offers nearly 70 diseasespecific assistance programs to help patients pay for their out-of-pocket costs, such as deductibles, co-pays and coinsurance, travel expenses and health insurance premiums.

Patient Advocate Foundation

Phone: 1(800) 532-5274

Website: https://www.patientadvocate.org/

Directory: https://www.patientadvocate.org/explore-our-

resources/national-financial-resource-directory/

Patient Advocate Foundation helps patients know that they are not alone when dealing with healthcare needs. There are national and regional resources dedicated to improve access to quality care and decrease the financial burden of medical treatment, and we can help you locate them quickly and easily.

SpecialKidsFund.org | Magic Mobility Wheelchair Assistance Van Assistance Program. Website: http://www.specialkidsfund.org/Wheelchair/ The Assistance Fund The Assistance Fund is an independent charitable patient assistance foundation that 4700 Millenia Blvd., Suite 410 Orlando, FL 32839 helps patients and families facing high medical out-of-pocket costs by providing financial Phone: 1-855-845-3663 assistance for their copayments, coinsurance, Website: https://tafcares.org/about-us/ deductibles, and other health-related expenses. **Tips for Finding Financial Aid** Tips for Finding Financial Aid - Find financial resources, understanding and dealing with your insurance and more! Website: https://rarediseases.info.nih.gov/guides/pages/149/tips-forfinding-financial-aid United Healthcare Children's Foundation Mission: To improve children's lives and help MN017-W400 families gain access to the care they need PO Box 41 through medical grants. Minneapolis, MN 55440-0041 Phone: 1 855-MY-UHCCF / 1 855-698-4223 Eligibility: https://www.uhccf.org/apply-for-a- grant/is-my-child-eligible/ Website: https://www.uhccf.org/



Child Mind: Helping Children Deal With Grief

Website: https://childmind.org/

Website: https://childmind.org/article/helping-children-deal-

grief/

A national nonprofit dedicated to transforming the lives of children struggling with mental health and learning disorders.

Family Services of Roanoke Valley | The Grief and Loss **Collaborative**

360 Campbell Ave., SW Roanoke, VA 24016

Phone: 540-563-5316 or Toll-Free: 1-800-422-8482

Grief and Loss Intake: 540-795-4653

Website: https://fsrv.org/children-youth/

The **Grief and Loss Collaborative** is

a partnership with Carilion Clinic Home Health and Hospice, businesses and partner organizations, to offer support groups for children, adolescents, adults, couples and families, education and community outreach on topics related to grief and loss.

Mental Health America | Coping with Loss: Bereavement

and Grief

Website:

http://www.mentalhealthamerica.net/conditions/coping-lossbereavement-and-grief

Topics covered:

- Coping with Loss
- **Knowing What to Expect**
- Dealing with a Major Loss
- Living with Grief
- Helping Children Grieve
- Looking to the Future

Psychology Today | Loss of a Child

Website:

https://www.psychologytoday.com/us/blog/understandinggrief/201612/loss-child

Psychology Today, offers articles written by renowned psychologists, academics, psychiatrists and writers contributing their thoughts and ideas.

The Compassionate Friends of the Roanoke Valley

2408 Electric Road

Cave Spring Virginia 24018

Phone: 540-797-9470

Website: http://www.tcfroanoke.org

The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.



Housing and Hospitality Housing

Access	V	irg	inia	Н	ousing
110000	•		11110		Justing

Phone: Toll Free: 1-877-428-8844

Website: http://www.accessva.org/

Accessva.org provides a way for Virginians with disabilities to find an affordable, accessible place to live.

Habitat for Humanity

Website: https://www.habitat.org/

Find Your Local Habitat:

https://www.habitat.org/volunteer/near-you/find-your-local-

habitat

Habitat works toward our vision by building strength, stability and self-reliance in partnership with families in need of decent and affordable housing. Habitat homeowners help build their own homes alongside volunteers and pay an affordable mortgage.

Habitat for Humanity Roanoke

3435 Melrose Ave NW Roanoke, VA 24017 Phone: (540) 344-0747

Website: www.habitat-roanoke.org

Habitat for Humanity of Roanoke Mission: Seeking to put God's love into action, Habitat for Humanity brings people together to build homes, communities and hope.

Habitat ReStore

3435 Melrose Avenue NW Roanoke, VA 24017 Phone: 540-767-2267

Website: http://habitat-roanoke.org/restore/what-is-the-

restore/

By donating, shopping, or volunteering at The Habitat ReStore, you are supporting families in the Roanoke area who need safe, decent and affordable housing.

Housing Opportunities Made Equal of Virginia, Inc. | Consumer Resources

Website: http://homeofva.org/get-help/consumer-resources#. W5gU-2eE4w8

Find information about:

- A Guide for Reasonable
- Accommodations and Modifications
- Domestic Violence and Housing

	RentingAnd other topics
Renovation Alliance P.O. Box 4532 Roanoke, VA 24015 Phone / Fax: 540-400-0959 Website: https://renovateall.org/ Apply for assistance: https://renovateall.org/apply/	Renovation Alliance brings volunteers and communities together to improve the homes and lives of low-income homeowners. Cities of Roanoke and Salem, Town of Vinton, counties of Roanoke, Botetourt, Craig, Franklin, and Floyd.
The Path to Housing Virginia Department for Behavioral Health and Developmental Services Phone: (804) 786-3921 Voice TDD: (804) 371-8977 Website: http://23.29.59.140/developmental-services/housing/the-path-to-housing	Housing for the developmentally disabled available to help people in the Settlement Agreement Population access their own rental housing in the community.
U.S. Department of Housing and Urban Development (HUD)	Find information about renting, buying, home improvements, avoiding foreclosure, Housing Choice Voucher Program and more!
HUD Listing Homeless Service Providers in Virginia	Homeless service providers across Virginia.
Website: https://www.hud.gov/states/virginia/homeless/providers Lower rent apartment search: https://apps.hud.gov/apps/section8/index.cfm	Find lower income apartments in cities across Virginia.
Virginia Department of Housing Development Authority (VHDA) Website: https://www.vhda.com/Programs/Pages/Programs.aspx#.W5gLkWeE4w8	Programs for: Renters Home buyers Homeowners

Roanoke Redevelopment and Housing Authority 2624 Salem Turnpike, N.W. Roanoke, Virginia 24017 Phone: 540-983-9281 Website: http://rkehousing.org/ Public Housing Listing in Virginia – HUD.GOV Website: https://www.hud.gov/states/virginia/renting/hawebsites	Services: Public Housing Section 8 Other Housing Resources Homeownership
VHDA Virginia Housing Directory Website: https://www.vhda.com/Renters/Pages/FindingPlacetoRent.a spx#.W5gJyGeE4w	From housing counselors to homeless shelters to Habitat for Humanity, here's where you'll find Virginia's most comprehensive listing of housing resources. In addition to contact and other information for national resources, such as HUD, the directory also features a wide range of state, county and city resources.
VHDA Virginia Housing Search Website: http://www.virginiahousingsearch.com/	Find a home to rent.
Virginia Department of Housing and Community Development Website: http://www.dhcd.virginia.gov/index.php/housing-programs-and-assistance.html	Information about various housing programs.

Hospitality Housing

Healthcare Hospitality Network (HHN)

Phone: 800-542-9730

Website: https://www.hhnetwork.org/

Find Lodging: https://www.hhnetwork.org/find-lodging#/

The Healthcare Hospitality Network, Inc. is a nationwide professional association of nearly 200 unique, nonprofit organizations that provide lodging and support services to patients, families and their loved ones who are receiving medical treatment far from their home communities.

Hospitality Homes

P.O. Box 15265 Boston, MA 02215

Phone: 1-(888) 595-4678

Website: http://hosp.org/

Hospitality Homes provides free short-term housing in volunteer host homes and donated apartments for families and friends of patients seeking care at Boston-area healthcare organizations.

Hosts for Hospitals

326 Conshohocken State Road #2

Gladwyne, PA 19035 Phone: 484-380-2999 Fax: 215-472-3803

Website: http://www.hostsforhospitals.org/

Ronald McDonald House Roanoke Charities of Southwest Virginia

2224 South Jefferson Street Roanoke, VA 24014 Phone: 540-857-0770

Website: https://www.rmhc-swva.org/

Ronald McDonald House Charities Family Room

Carilion Roanoke Memorial Hospital

14th Floor

Roanoke, VA 24014 Phone: 540-981-7471 The Family Room serves as a respite area for adult family members and guests of hospitalized

Provides a comfortable and supportive housing

leave their communities and come to the

Roanoke Area for medical treatment.

children.

for the families of critically ill children who must

Ronald McDonald House Chapters

Website: https://www.rmhc.org/chapter-search

A home environment providing support and resources that help keep families together.



Legal Advocacy | Guardianship and Trusts

Achieving a Better Life Experience (ABLE) Now

9001 Arboretum Parkway North Chesterfield, VA 23236 Phone: Toll-Free: 1-844-669-2253

Website: https://www.able-now.com/

Save for today's needs or invest for tomorrow in a simple, affordable and tax-advantaged ABLE account that won't impact the means-tested benefits critical to the health and well-being of many with disabilities.

Anderson, Desimone & Green, PC

Website: http://andersondesimone.com/special-needs-trusts/

Providing Estate Planning (Wills, Living Wills, Trusts, Powers of Attorney and Probate) and Elder Law (Guardianships, Asset Protection and Medicaid Planning).

Autism Speaks | Financial Planning Tool Kit

Website: https://www.autismspeaks.org/family-services/tool-kits/financial-planning

Offers information on:

- Accessing Funding Through State and Federal Programs
- Special Needs Trusts
- Financial Products & Instruments Used in Planning
- ABLE Accounts: A Savings Tool for Individuals with Disabilities
- Guardianship and Conservatorship
- Finding the Right Professional
- The Basics of Budgeting: A Step in the Right Direction
- Financial Assistance

Commonwealth Community Trust

Website: https://commonwealthcommunitytrust.org/

Provide people with special needs who live throughout the United States, and their families, a convenient, cost-effective framework for the administration of both **Third-Party and First-Party Pooled Special Needs Trusts** that supplement government entitlement programs such SSI and Medicaid.

Disability Law Center of Virginia The disAbility Law Center of Virginia's mission is to advance independence, choice and selfdetermination; protect legal, human and civil Website: http://dlcv.org/ rights; and eliminate abuse, neglect and discrimination of people with disabilities through zealous and uncompromising legal advocacy and representation. **Family Connect** Planning for the future of a child with multiple disabilities. Website: http://www.familyconnect.org/info/multiple-disabilities/thefuture-starts-now/financial-planning/135 **Family Services of Roanoke Valley** Program eligibility (1) the incapacitated person (age 18+) is indigent and has insufficient funds 360 Campbell Ave., SW Roanoke, VA 24016 to fully compensate a private guardian and pay Phone: 540-563-5316 court costs and fees associated with the appointment proceeding; found by the Court to be incapable of meeting the essential Website: https://www.fsrv.org/ requirements for his health, care, safety, or Guardianship Website: https://www.fsrv.org/guardianship therapeutic needs without the assistance or protection of a guardian; and there is no other proper and suitable person willing and able to serve in such capacity. Also offers a guardianship for senior adults. Serving the cities and counties of: Roanoke, Salem, Bedford and Lynchburg, Roanoke, Bedford, Franklin, Craig, Amherst, Appomattox, Botetourt and Campbell. Kids Health from Nemours | Offers 10 steps to planning Offers lots of information for parents, kids and vour child's financial future teens. Website: https://kidshealth.org/en/parents/needsplanning.html

Kiplinger Website: https://www.kiplinger.com/article/insurance/T065-C000-S002-financial-planning-for-special-needs-children.html	Magazine that publishes business and financial articles.
Legal Aid Society of Virginia Website: http://vlas.org/special-programs/ask-advocating-for-special-kids/guardianship/	Provides legal assistance and information about various matters.
My Child Without Limits.org Website: http://www.mychildwithoutlimits.org/ Special Needs Planning Website: http://www.mychildwithoutlimits.org/plan/special-needs-planning/	My Child Without Limits is an early intervention resource for families of young children ages 0-5 with developmental delays or disabilities, and professionals looking for a single, trusted, aggregate source of information that relates to their needs and interests.
VaLegalAid.org Website: https://www.valegalaid.org/	This site has legal information pertaining to: Consumers, Debtors Rights, Elder Law, Employment, Family, Domestic and Sexual Violence, Housing, Social Security and other topics.
Virginia Poverty Law Center Website: https://vplc.org/	Virginia Poverty Law Center (VPLC) is committed to leading and coordinating efforts to seek justice in civil legal matters for lower-income Virginians.
Virginia State Bar Lawyer Referral (VLRS) Website: http://www.vsb.org/vlrs/	The VLRS will refer to anyone 18 years or older that wishes to consult with an lawyer that is a VSB member in good standing and that pays the pre-paid consult fee of \$35.00. Referrals to VLRS lawyers are made based on callers' requested Virginia geographical location and requested area of legal practice.

Wrights Law – Special Needs Planning for the Future

Website:

 $\underline{http://www.wrightslaw.com/info/future.plan.index.htm}$

Peter and Pamela Wright offer information on topics as education law and other advocacy issues.



Medical Resources

Children's Hospitals

Children's Hospital Association | Children's Hospitals **Directory**

Website: https://www.childrenshospitals.org/Directories

Bon Secours St. Mary's Hospital Children's Services

5801 Bremo Road Richmond, VA 23226 Phone: 804-285-2011

Carilion Children's Hospital

1906 Belleview Ave Roanoke, VA 24014 Phone: 540-266-5437

Website: https://www.carilionclinic.org/locations/carilion-

childrens-hospital

Children's Hospital of Richmond at VCU

1000 East Broad Street Richmond, VA 23298 Phone: 804-828-2467

Website: https://www.chrichmond.org/

Children's Hospital of Richmond at VCU - Brook Road **Campus**

2924 Brook Road Richmond, VA 23220 Phone: 804-228-5818

Children's Hospital of The King's Daughters,

Inc.

601 Children's Lane Norfolk, VA 23507-1910

Cumberland Hospital for Children and

Adolescents

9407 Cumberland Road New Kent, Virginia 23124 Phone: 804-966-2242

Website: https://www.cumberlandhospital.com/

Inova Children's Hospital 3300 Gallows Road Falls Church, VA 22042

Shriner's Hospital for Children

Website:

https://www.shrinershospitalsforchildren.org/shc /locations

St. Jude's Research Hospital and Affiliate

Locations

Website: https://www.stjude.org/about-st-

jude/visit.html

Community Health Centers

New Horizons Healthcare

3716 Melrose Ave NW Roanoke, VA, 24017-2716

Phone: 540-362-0360

Website: https://newhorizonshealthcare.org/

New Horizons Healthcare – Third Street Clinic

1215 3rd St SW

Roanoke, VA, 24016-4611 Phone: 540-857-9700

Website: https://newhorizonshealthcare.org/

Find a Community Health Center

Website: https://findahealthcenter.hrsa.gov/

Free Clinics in Virginia

Website: https://www.vafreeclinics.org/find-clinic/

Bradley Free Clinic

1240 3rd Street SW Roanoke, VA 24016 Phone: 540-344-5156

Website: http://bradleyfreeclinic.com/

The Bradley Free Clinic provides free compassionate and high quality medical, dental, pharmaceutical, and preventive health care services for Roanoke Valley.

Virginia Department of Health | Health Departments in Virginia

Roanoke City Health Department

1502 Williamson Rd., N.E., 2nd Fl.

Phone: 540- 283-5050 Roanoke, VA 24012

Roanoke County | Salem

105 East Calhoun Street | P. O. Box 1144 | Salem, VA 24153 | Phone: (540) 387-5530

Roanoke County | Vinton

227 S. Pollard Street | Vinton, VA 24179

Phone: (540) 857-7800

Health Departments in other Localities

Website: http://www.vdh.virginia.gov/roanoke/ or http://www.vdh.virginia.gov/health-department-locator/

Directory of District Health Department Offices | Local Health Department Offices

Website: http://www.vdh.virginia.gov/content/uploads/2016/01/Districtdirectory.pdf

Rare Disease Organizations					
Disease Info Search Website: http://www.diseaseinfosearch.org/site/page/view/about	Disease InfoSearch provides information about diseases and their related support and advocacy networks.				
Genetic Home Reference Your Guide to Understanding Genetic Conditions Website: https://ghr.nlm.nih.gov/	Genetics Home Reference provides consumer- friendly information about the effects of genetic variation on human health.				
Healthfinder.gov Rare Diseases Website: https://healthfinder.gov/FindServices/SearchContext.aspx?t opic=730&show=1	Listing of websites to find information about rare diseases.				
Medline Plus Medical Encyclopedia Website: https://medlineplus.gov/encyclopedia.html	This encyclopedia has thousands of articles, diseases, symptoms and lots more information.				
National Institute for Health (NIH) Genetic and Rare Diseases (GARD) Patients, Families and Friends	Find information about diseases and resources for them.				
Website: https://rarediseases.info.nih.gov/guides/pages/96/patients-families-and-friends Tips for Finding Financial Aid Website:					
https://rarediseases.info.nih.gov/guides/pages/149/tips-for-finding-financial-aid	Tips for Finding Financial Aid - Find financial resources, understanding and dealing with your insurance and more!				
National Organization for Rare Diseases (NORD)					
Website: https://rarediseases.org/for-patients-and-families/information-resources/rare-disease-information/					



Medicaid | Long-Term Care | Insurance

Virginia Department of Medical Assistan	ce	ce	ssistanc	Assi	ıl.	ica	di	[ec	M	f	t (nent	rtn	pai	De	inia	Virg	
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Website: http://www.dmas.virginia.gov/#/index

Provides health care coverage to low-income children, older adults, individuals with disabilities and pregnant women.

Virginia Commonhelp

Website: https://commonhelp.virginia.gov/

Apply for health insurance, Medicaid and other benefits online.

Cover Virginia

Phone: 1-855-242-8282

Website: https://www.coverva.org/

Learn about Virginia's Medicaid and FAMIS programs for children, pregnant women and adults. You can also get information about health insurance options available through the Federal Marketplace. You can apply online or search for someone who can assist you with your application.

Commonwealth Coordinated Care Plus (CCC Plus)

Website:

http://www.dmas.virginia.gov/#/cccplusinformation

CCC Plus is a Medicaid managed long term services and supports (MLTSS) program that serves approximately 210,000 individuals with complex needs.

Includes individuals ages 65+, and adults and children with disabilities; included dual and non-dual individuals receiving LTSS (facility and community based); includes DD Waiver participants for non-waiver services.

CCC Plus Managed Care Organizations

Aetna Better Health of Virginia

Phone: 1-855-652-8249

Website: www.aetnabetterhealth.com/Virginia

Anthem HealthKeepers Plus

Phone: 1-855-323-4687

Website: www.anthem.com/vamedicaid

Magellan Complete Care of Virginia

Phone: 1-800-424-4524

Website: www.MCCofVA.com

Optima Health Community Care

Phone: 1-888-512-3171 or 1-757-552-8360

Website: www.optimahealth.com/communitycare

United Healthcare Phone: 1-866-622-7982

Website: www.uhccommunityplan.com

Virginia Premier Elite Plus

Phone: 1-877-719-7358

Website: www.vapremier.com or https://www.virginiapremier.com/elite-plus-members-benefits/

FAMIS Website: https://www.coverva.org/programs_famis.cfm	FAMIS is Virginia's health insurance program for children. There is no monthly fee, but may have to pay a co-payment. See website for covered services.
FAMIS PLUS Website: https://www.coverva.org/programs_medicaid.cfm#famisplu_s	FAMIS Plus is children's Medicaid.
FAMIS Select Website: https://www.coverva.org/programs_famis_select.cfm	FAMIS Select helps families pay premiums for employer-sponsored health insurance.
Health Insurance Premium Payment Website: http://coverva.org/programs_hipp.cfm	HIPP is a premium assistance program that may be available to people with Medicaid that helps pay part or all of their health insurance premiums. http://coverva.org/mat/HIPP_One_Pager.pdf

The Health Insurance Premium Payment (HIPP) For Kids Program Website: http://coverva.org/programs-hipp.cfm	HIPP for Kids is a premium assistance program for Medicaid enrolled children under the age of 19 who are eligible for or enrolled in qualified employer-sponsored coverage. http://coverva.org/mat/HIPP_One_Pager.pdf
Medicaid Waivers and Consumer Directed Services Virginia Department of Medical Assistance Website: http://www.dmas.virginia.gov/#/longtermwaivers	Medicaid Waivers and consumer directed services.
Medicaid Waiver Introduction The ARC of Virginia Website: https://thearcofva.org/resources-services/medicaid-waivers/	A description of Medicaid Waivers. • Developmental Disability Waiver Program • Building Independence Waiver former Day Support Waiver • Community Living Waiver • Family & Individual Supports Waiver • CCC Plus Waiver – former EDCD and Tech Waivers combined
Family Links LLC 309 E Main Street Bedford, VA 24523 Phone: 1-888-815-4286 Website: http://familylinksva.com/	 Services include: Services Facilitation through the CCC Plus Waivers and EPSDT Programs Personal Emergency Response Systems Commonwealth Coordinated Care Program Commonwealth Coordinated Care Plus / Waiver Services

Moms in Motion P.O. Box 609 Front Royal, VA 22630 Phone: (844) 828-5591 Website: https://momsinmotion.net/ Email: info@MomsInMotion.net	Moms In Motion is a Consumer Directed VA Medicaid Waiver Service Facilitation (EDCD CCC+, CL & FIS Waivers, EPSDT program) provider.
Strengthing Our System (SOS) 464 Christiansburg Pike NE Floyd, VA 540-585-4078	Assists in the family in setting up consumer directed respite, companion care and personal attendant care for the individual.

Blink Health Phone: 1 (855) 979-8290 Website: https://www.blinkhealth.com/	Blink offers low prices on over 15,000 medications.
Carilion Medication Assistance Program (MAP) 1906 Belleview Ave. (Ground Floor) Roanoke, VA 24014 Phone: 540-981-7647 Website: https://www.carilionclinic.org/medication-assistance-programs Giles - 540-922-4282 or Phone 866-630-4627 New River Valley - 540-731-2414	 Persons who do not have prescription insurance Persons who have a current physician willing to participate in the program Persons with a monthly household income that meets pharmaceutical companies' requirements Medicare part D patients on a case-by-case determination MAP serves Roanoke, Giles County and the New River Valley.
GoodRx Website: https://www.goodrx.com/	GoodRx provides prices and discounts for prescription drugs to save you up to 80%.
Healthcare Ready – Rx Open Website: https://www.healthcareready.org/rxopen	Rx Open helps patients find nearby open pharmacies in areas impacted by disaster.
Needy Meds Website: https://www.needymeds.org/ Needy Meds Generic \$4 Discount Drug Programs https://www.needymeds.org/discountdrugprogram.taf?_function=bydrug&drugid=249	Find help with medications and other patient assistance.

Patient Advocate Foundation Phone: Phone: (800) 532-5274 - Fax: (757) 873-8999 Website: http://www.patientadvocate.org/	Patient Advocate Foundation offers these services and more! Case Management Specialized Programs Financial Aid Fund Division Co-Pay Relief Program Outreach and Support Programs
RxAssist Patient Program Website: http://www.rxassist.org/	RxAssist offers a directory of Patient assistance programs that are ran by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine. In addition, practical tools, news, and articles.
RxOutreach Website: http://rxoutreach.org/	RxOutreach's mission is to provide affordable medications for people in need.
Virginia Association of Free and Charitable Clinics Website: https://www.vafreeclinics.org/find-clinic/	Clinics offer a variety of health care services, including medical, dental, vision, mental health and pharmacy services.
Walmart \$4 Prescriptions List https://www.walmart.com/cp/\$4-prescriptions/1078664 Download PDF Listing https://i5.walmartimages.com/dfw/4ff9c6c9-1ce4/k2-e81ec767-0d2a-41d7-8851-bd1b8be9510f.v1.pdf	



Respite

Friday Night Friends

Cave Spring Baptist Family Life Center 4873 Brambleton Ave. Roanoke, VA 24018

Phone: 540-890-1244 (Larry McCulloch)

Email: fnfroanoke@gmail.com Website: http://www.fnfroanoke.org/ Friday Night Friends is a respite / recreational program designed specifically for those with special needs.

Meets 6:30 - 9:00 PM | 4th Friday of each month.

HopeTree Services

Phone: (540) 389-5468 - Salem Phone: (804) 545-1200 - Richmond

Phone: (434) 390-4250 - Martinsville/Farmville/Blue Ridge

Phone: (540) 682-4914 - Abingdon

Website: http://hopetreefs.org/respite-care/

Eligibility & Application: http://hopetreefs.org/program-

eligibility/

For services, please click eligibility link.

Maxim Healthcare Roanoke

502 Starkey Rd Suite 203

Roanoke, VA 24018 Phone: 540-725-1572

Website:

https://www.maximhealthcare.com/locations/roanoke-va

Other Locations:

https://www.maximhealthcare.com/locations

Maxim Healthcare providers are trained to meet the needs of children with exceptionalities, geriatric patients, veterans, refugees and incarcerated individuals alike.

Interim Healthcare

1013 E. Main St. Salem, VA 24153 Phone: 540-774-8686

Website: https://www.interimhealthcare.com/services/home-

care/information/pediatric-care/

Interim provides the full spectrum of personal and skilled care services to you and your family, including respite.

Find other locations @

https://www.interimhealthcare.com/locations/?lo

cation=virginia

National Respite Network Locator Website: https://archrespite.org/respitelocator	The National Respite Locator Service helps parents, family caregivers, and professionals find respite services in their state and local area to match their specific needs.
Virginia Medicaid Provider Search Website: https://www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders	Find various providers, including respite at this portal.



Support

Adult Asperger/Autism Spectrum Social Group

Contact: Alan Beach (540) 387-3977

Email: aebeach3@gmail.com

Adults of all ages on the higher social functioning end of the Autism spectrum, including Asperger's Syndrome, who would like support for strengthening communication skills in social, work, and relationships.

2nd Thursday of each month, from 7-8:30 PM, at the College Lutheran Church Building.

ARC of Virginia

The Arc of Virginia 2147 Staples Mill Road Richmond, VA 23230

Phone: (804) 649-8481 or Toll Free: 1-888-604-2677

Website: https://thearcofva.org/

Local Chapters: https://thearcofva.org/about-the-arc/local-

chapters/

Promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

The ARC of Roanoke

P.O. Box 13382

Roanoke, VA 24033-3382 Phone: 540-613-5020

Website: http://www.arcgrv.org/

Email: The ARC of Roanoke@gmail.com

The ARC of Roanoke advocates for the rights and full participation of all children and adults with intellectual and developmental disabilities. With its network of members, ArcGRV improves systems of supports and services, connects families, inspires communities, and influences public policy. Email ARC for meeting times.

Autism Speaks

Website: https://www.autismspeaks.org/

Autism Speaks mission is dedicated to promoting solutions, across the spectrum and throughout the life span, for the needs of individuals with autism and their families through advocacy and support; increasing understanding and acceptance of people with autism spectrum disorder; and advancing research into causes and better interventions for autism spectrum disorder and related conditions.

Blue Ridge Parenting and Consulting | Parenting the Love & Logic

Website: https://blueridgeparenting.com/about-brpc.html

Course Objectives:

- Identifying steps to responsibility
- Recognizing who has the control
- Offering appropriate choices
- Identifying who the problem belongs to
- Setting limits for children by using enforceable statements
- Recognizing empathetic responses
- Designing appropriate consequences
- Designing strategies for resolving a problem situation

Brain Injury Association of Virginia

1506 Willow Lawn Drive, Suite 212

Richmond, VA 23220 Phone: 804-355-5748

Free Helpline: 1-800-444-6443

Website: https://www.biav.net/

Brain Injury Association of Virginia mission is to advance education, awareness, support, treatment, and research to improve the quality of life for all people affected by brain injury.

Brain Injury Association of Southwest Virginia (BISSWVA)

Phone: 540-344-1200 or Toll free: 1-866-720-1008

Email: info@bisswva.org

Website: http://bisswva.org/

The BISSWVA mission is to help children and adults living with brain injury improve the quality of their lives and reintegrate into family and community.

Children's Museum of Blacksburg

1470 S. Main Street, Suite 106 Blacksburg, VA 24060 I 540.953.0103

Website:

WWW.BLACKSBURGCHILDRENSMUSEUM.ORG

The Children's Museum of Blacksburg believes that play is for everyone! Families with special needs children are invited to a special night of their own to play their way. Special Nights for Special Kids features a sensory-friendly environment with fewer guests and more fun for kids of all abilities.

Commonwealth Autism

4108 E. Parham Road Richmond, VA 23228

Phone: 804-355-0300 or Toll Free: 1-800-649-8481

Commonwealth Autism mission is to develop the capacity of the autism and developmental disability service provider network through leadership, innovation, example, and collaboration.

Epilepsy Foundation of Virginia

560 Ray C Hunt Drive Charlottesville, VA 22903 Phone: 434-924-8669

Website: https://www.epilepsyva.com/

The Epilepsy Foundation of Virginia was established in 1978 to promote awareness about epilepsy and provide assistance to those with the disorder.

Roanoke Epilepsy Support Group

Roanoke Area Daleville, VA

Phone: 540-761-0164

*Meets: Wednesday, September 5, 2018

Time: 6:30 PM 7:30 PM

Place: Crossroads Church 4827

Delray Street Northwest Roanoke, VA, 24012

*Check for future meeting dates, place and times.

Family to Family Network of Virginia | Center for Family Involvement

Website:

https://centerforfamilyinvolvement.vcu.edu/family-to-family-network/

Regional Contacts:

 $\underline{https://centerforfamilyinvolvement.vcu.edu/family-to-family-network/regional-contacts/}$

The Center for Family Involvement works with families to increase their skills as advocates, mentors and leaders so that families, children and young adults with disabilities can lead the lives they want.

Family members of culturally and linguistically diverse children and adults with disabilities (of all ages) have people in their own communities to call upon in their efforts to identify and obtain needed information, services and community supports.

Friday Night Friends

Cave Spring Baptist Family Life Center 4873 Brambleton Ave. Roanoke, VA 24018

Phone: 540-890-1244 (Larry McCulloch)

Website: http://www.fnfroanoke.org/

Friday Night Friends is a respite / recreational program designed specifically for those with special needs.

Meets 6:30 - 9:00 PM | 4th Friday of each month.

Hacienda of Roanoke

Phone: 540-309-5053

Email: haciendaofroanoke@gmail.com

The Hacienda serves as a liaison between the Hispanic community and the city of Roanoke. It also offers a resource center by means of offering information and referral services, community development, educational and cultural programs.

Juvenile Diabetes Research Foundation (JDRF)

Website: http://www.jdrf.org/

JDRF Mission: Accelerating life-changing breakthroughs to cure, prevent and treat Type 1 Diabetes and its complications.

JDRF Greater Blue Ridge Chapter

3959 Electric Road

Suite 222

Roanoke, VA 24018 Phone: 540-772-1975

Website: http://www.jdrf.org/greaterblueridge/

Email: greaterblueridge@jdrf.org

Your local chapter serves as the hub of JDRF information and events in your area. We're here to help. Connect with us to find support, community and ways to join the fight to end Type 1 Diabetes.

The New York-Mid-Atlantic Consortium (NYMAC)

Resources for Patients and Families

Website:

https://www.wadsworth.org/programs/newborn/nymac/fami

lies

The NYMAC region includes Delaware, District of Columbia, Maryland, New Jersey, New York, Pennsylvania, Virginia and West Virginia.

The call center helps connect people looking for genetic services with a genetics healthcare provider in their area. The phone line is open to both healthcare providers and the public.

National Alliance on Mental Illness (NAMI) of Virginia

PO Box 8260

Richmond, VA 23226-0260

Phone: <u>804-285-8264</u> HelpLine (800) 950-6264

Website: https://namivirginia.org/

NAMI mission is to promote recovery and improve the quality of life of Virginians with serious mental illness through support, education, and advocacy. We envision a world where all people affected by mental illness get the help, hope, and support that they need.

NAMI-Roanoke Valley

P.O.Box 20864 Roanoke, VA 24018 Phone: 540-977-3470

Website: http://www.namiroanokevalley.us/

Email: namiroanokevalley@gmail.com

NAMI Family Support Group is a peer-led support group for family members, caregivers and loved ones of individuals living with mental illness. Gain insight from the challenges and successes of others facing similar circumstances.

This group is held on the 4th Tuesday of each month except for December which is the 3rd Tuesday on the month. (Check website for meeting dates). **Location:** First Baptist Church in the Family Life Center, Phelps Hall, Roanoke, VA

National Down Syndrome Society

Website: https://www.ndss.org/

The mission of the National Down Syndrome Society is to be the leading human rights organization for all individuals with Down Syndrome.

Down Syndrome Association of Roanoke

P.O. Box 4683 Roanoke, VA 24015 Phone: 540-772-6460

Website: http://dsar.org/

The Down Syndrome Association of Roanoke meets the third Friday of every month at: Saint James Episcopal Church at:

Time: 6:00 PM -

Place: 4515 Delray Ave NW

Roanoke, VA 24012

Parent Connection for Kids

Find them on Facebook @

 $\underline{https://www.facebook.com/groups/ParentConnectionForKid}$

s/

This is a newly formed online special support group started by parents for parents with special needs children who live in the Southwest Virginia area.

Parent Educational Advocacy Training Center (PEATC)

Phone: 703-923-0010 or Toll Free: 1-800-869-6782

Website: http://www.peatc.org/

PEATC Parent Support Group Listing:

http://www.peatc.org/peatc.cgim?template=parent_resource

s.support

Works collaboratively with families, schools and communities in order to improve opportunities for excellence in education and success in school and community life. Special focus is children with disabilities.

Offers:

- Services and support for families and professionals
- Easy-to-understand, research-based information and training
- Opportunities for strategic partnerships and advocacy for systemic improvement

Parent to Parent of Virginia

P.O. Box 38341 Richmond, VA 23231

Website: https://ptpofva.wordpress.com/

Parent to Parent contact can help families regain their sense of strength, of purpose and of independence. Through its network of volunteers, Parent to Parent of Virginia can offer:

- Emotional support and understanding
- Coping skills and a model of positive family integration of children with disabilities
- Information about services, support programs and advocacy organizations
- Introduction and access to people and groups who share their concerns and interests and who can help meet their needs, as well as those of their children

Parenting Again | Grandparents Parenting Again provides an opportunity for West End United Methodist Church grandparents who are raising their grandchildren to share food and fellowship, learn about 1221 Campbell Avenue SW Roanoke, VA community resources and programs which can Phone: Church office at 540-344-0206 or help them care for their grandchildren, discuss ways to manage stress, and provide support to Diane Kelly at 540-632-5484 one another. Please call for meeting times. Parent Resource Centers in Virginia | Center for Family Many of the centers offer training, information and other resources. **Involvement** Link: https://centerforfamilyinvolvement.vcu.edu/prcs-in- virginia/ **Special Families Support Group** A local Support Group for families of special needs children. They are also on Facebook. Find them on Facebook @ https://www.facebook.com/groups/256005984411410/ Meets: 2nd Thursday of each month Time: 6:00 PM - 8:00 PMPlace: Bonsack Baptist Church – Bonsack Hall Fellowship Hall 4845 Cloverdale Road Roanoke, VA 24019 **Special Moms Network** A Website and Facebook Community for Special Moms Special Kids and Special Connections. Website: https://www.specialmomsnetwork.com/ The Compassionate Friends of the Roanoke Valley The Compassionate Friends provides highly 2408 Electric Road personal comfort, hope, and support to every Cave Spring Virginia 24018 family experiencing the death of a son or a Phone: 540-797-9470 daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family. Website: http://www.tcfroanoke.org Virginia SHARE (Source of Help in Airing and The SHARE program offers support for early Resolving Experiences) Program pregnancy and perinatal and infant loss. Phone: 540-266-6000 or Toll- Free: 1-800-422-8482 Website: https://www.carilionclinic.org/share-program



Therapy

Anderson Music Therapy

Phone: 540-384-1677

Website: https://www.amusictherapy.com/

Website: https://www.amusictherapy.com/parent-

support

Email: Noel@amusictherapy.com

Mission is to facilitate positive change through music, by providing authentic relationships through devoted certified music therapists and evidence-based approaches.

Carilion Children's Pediatric Therapy

101 Elm Ave. - 2nd floor Roanoke, VA 24013 Phone: 540-985-9813

Website: https://www.carilionclinic.org/carilion-

childrens-therapies

Carilion Children's Pediatric Therapy offers:

- Pediatric Speech-Language Pathology
- Pediatric Physical and rehabilitative
- Pediatric Occupational
- Cleft and Craniofacial Clinic
- Feeding and Equipment Clinic
- Tone Management and Infant Message
- Car Seat Clinic and Aquatic Therapy

Center for Pediatric Therapies

Danville – 434-797-5531 Lynchburg – 434-239-6630 Martinsville – 276-638-4809 South Boston – 434-517-9947

Building Blocks Center for Autism – 434-797-5531

Website: https://centerforpediatrictherapies.com/

Serving children and adults birth to age 21 in Southside Virginia. Services include:

- Pediatric Occupational Therapy
- Pediatric Physical Therapy
- Pediatric Speech-Language Therapy
- Building Blocks Center for Children with Autism

Connections Achievement and Therapy Center

5430 Peters Creek Road

Suite 108

Roanoke, VA 24019 Phone: 540-400-8505

Charlottesville – 434-529-6248

Website: https://connectionsatc.com/

Connections Achievement and Therapy provides integrated, comprehensive therapy services to improve the lives of children and adults with:

- Brain disorders/injuries
- Learning disabilities
- Developmental delays
- Autism and related disorders
- Traumatic brain injuries/concussion
- Vertigo
- Migraines
- Dizziness, pain and more!

CORA Roanoke (formerly Professional Therapies Inc.)

1421 Third Street, SW Roanoke, VA 24016 Phone 540-982-2208

Website: http://www.professionaltherapies.org/

Locations:

http://www.professionaltherapies.org/virginiaphysical-speech-language-occupational-therapy/ CORA Roanoke provides a range of therapy services to both adult and pediatric clients, including:

- Physical therapy and occupational therapy speech therapy
- Pediatric Program
- Hand therapy
- Pool/aquatic therapy
- Vestibular rehabilitation
- Sports therapy and rehabilitation

What's The Function?

820 Apperson Road Salem VA 24153

Phone Contacts:

Shanyn Hansen - 540.312.6057 shanyn.whatsthefunction@gmail.com

Meredith Webster - 540.589.3966 meredith.whatsthefunction@gmail.com

Services:

- Applied Behavior Analysis ABA
- Caregiver Training Family & Individual Supports Waiver
- Consulting Services and School Consultation / IEP Review

Website: www.whatsthefunction.org



Transition

A Parent's Guide to Transition | Health Resource Center at George Washington University

Website: https://www.heath.gwu.edu/parents-guide-transition

This module will increase your knowledge and give you the tools to prepare you for your child's transition from public school to postsecondary education and his or her emerging adulthood.

Age of Majority – Transfer of Rights for Students with Disabilities Upon Reaching the Age of Majority in Virginia

Website:

http://www.doe.virginia.gov/special_ed/regulations/state/transfer_rights_students_disabilities.pdf

From a student's first day of school until the completion of his or her education, a significant number of educational decisions will have been made for or by that student. Until a student reaches the age of 18 (also called the "age of majority" in Virginia), most of those decisions are made by parents, family members, and/or guardians in consultation with teachers or education officials. When your child turns 18.

Dude, Where's My Transition Plan? | PEATC

Website for Booklet:

https://www.google.com/search?q=Dude%2C+Where%E2 %80%99s+My+Transition+Plan&ie=utf-8&oe=utf-8&client=firefox-b-1-ab This book helps your child to understand transition.

Got Transition

Website:

https://www.gottransition.org/youthfamilies/index.cfm

For Youth and Families

 $\underline{https://www.gottransition.org/youthfamilies/index.cfm}$

Got Transition's aim is to improve transition from pediatric to adult health care through the use of new and innovative strategies for health professionals and youth and families.

Heath Resource Center at the National Youth Transition Center

Website: https://www.heath.gwu.edu/

Directory of Transition Websites:

https://www.heath.gwu.edu/directory-of-transition-websites

The HEATH Resource Center serves as a national clearinghouse on postsecondary education for individuals with disabilities, managed by The George Washington University Graduate School of Education and Human Development.

National Center for College Students with Disabilities Website: http://www.nccsdonline.org/	The only federally-funded national center in the U.S.for college and graduate students with any type of disability, chronic health condition, or mental or emotional illness.
National Deaf Center https://www.nationaldeafcenter.org/ Website: https://www.nationaldeafcenter.org/topics/transition	Provides evidence-based strategies to deaf* individuals, family members, and professionals at the local, state, and national levels with the goal of closing education and employment gaps for deaf individuals.
Think College Website: https://thinkcollege.net/	College options for individuals with intellectual disabilities.
Transitioning to Adult Healthcare Website: https://www.seattlechildrens.org/patients-families/transitioning-adult-healthcare/	Transitioning to adult healthcare resources.
Teens to Young Adults Kids Health https://kidshealth.org/en/parents/cp-checklist- teens.html?ref=search&WT.ac=msh-p-dtop-en-search-clk	Health care transition is the process of getting ready for health care as an adult. During childhood, parents usually help with medical needs—they call for appointments, fill out forms, and keep track of medications. As youth get older, managing medical needs becomes their own responsibility.
VDOE Transition Services for Students with Disabilities http://www.doe.virginia.gov/special_ed/transition_svcs/index.shtml	VDOE's Transition Services website provides support, information and resources designed to improve the outcomes of students with disabilities in transition from middle / secondary education to postsecondary education and employment.

Virginia Department of Aging and Rehabilitative Services (DARS) Website: https://www.vadars.org/services.htm#disabilities	 Services for People with Disabilities Wilson Workforce and Rehabilitation Center Employment and Vocational Services Transition Services Services for Older/Vulnerable Adults Area Office on Aging - https://vda.virginia.gov/servicedescrip.ht m Office of State Long-Term Care Ombudsman Dementia Services



Transportation

Carilion Pediatric Car Seat Clinic | Carilion Children's Therapies

Phone: 540-985-9813 or Fax: 540-985-4066

Website: https://www.carilionclinic.org/carilion-childrens-

therapies

Any child over one year of age who cannot be safely positioned or secured in a standard car seat can benefit from our car seat clinic. Our pediatric physical therapist is a certified car seat technician and can help families solve issues associated with safely transporting your child with special health care needs.

Referrals: You will need a physician prescription for a Physical Therapy Car Seat Clinic evaluation and treatment.

Safe Kids Southwest Virginia

Website: https://www.carilionclinic.org/safe-kids-southwest-virginia

Offer several programs that focus on:

- Child passenger safety
- Car seat safety checkups
- Sports clinics
- Bicycle safety
- Wheeled sports safety
- Fire safety
- Poison prevention
- Falls safety
- Choking, suffocation and strangulation safety
- Holiday safety

Virginia Department of Health (VDH)

VDH Low Income Safety Seat Program

Phone: 1-800-732-8333

Local Car Seat Check Stations

http://www.vdh.virginia.gov/child-passenger-safety/safety-seat-checks/ or

Contact Local Health Department

http://www.vdh.virginia.gov/local-health-districts/

Car safety seat education and free car seats for eligible low-income families. Attend a 2-hour class with video on installation of car seats and car seat safety. English and Spanish eligibility information available. You may contact your local health department for service times and appointments.

VDH First Ride Safe Ride Program Website: http://www.vdh.virginia.gov/child-passenger-safety/first-ride-safe-ride/ Car Beds for Infants with Special Transportation Needs Link: http://www.vdh.virginia.gov/content/uploads/sites/39/2016/ 11/carbed_tipsheet.pdf Car Seats for Premature and Low Birth Weight Infants Link: http://www.vdh.virginia.gov/content/uploads/sites/39/2016/ 11/CARSEATSforprematureandsmallinfants_tipsheet.pdf	VDH offers FREE patient resources as part of the First Ride Safe Ride Program.
Air Care Alliance Website: http://www.aircarealliance.org/directory-groups	Directory of volunteer-based charitable aviation transportation groups.
Air Charity Network http://aircharitynetwork.org/	Provides access for people in need who are seeking free air transportation to specialized health care facilities or distant destinations due to family, community, or national crisis. Air Charity Network serves all 50 states.
PatientTravel.org Website: http://patienttravel.org/	Provides information about all forms of charitable, long-distance medically-related transportation and provides referrals to all appropriate sources of help available in the national charitable medical transportation network.

Department of Medical Assistance Services Non-Emergency Medicaid Transportation Services CCC Plus Transportation - Member Services Website: http://www.dmas.virginia.gov/#/nemtservices	Reservation Numbers	Details
Aetna Better Health of Virginia Broker – Logisticare	(800) 734-0430 Option 1	All ages and all levels of service*
Anthem HealthKeepers Broker- Southeastrans	(855) 325-7581 TTY: 711	All ages and all levels of service*
Magellan Complete Care of Virginia Broker – Veyo	(877) 790-9472	All ages and all levels of service*
Optima Health Broker- Southeastrans	(855) 325-7558	All ages and all levels of service*
United Healthcare Regions Broker - National Medical Transportation Central, Roanoke/ Alleghany, and Southwest Regions	(844)-604-2078	All ages and all levels of service*
United Healthcare Regions 1,3,6 Broker – MTM Tidewater, Charlottesville/ Western and Northern/Winchester Regions	(888) 258-0521	All ages and all levels of service*

Virginia Premier Broker – Virginia Premier (internal)		(877) 719-7358	All ages and all levels of service*
*Call Logisticare for DD Waiver Services		(866) 386-8331	Transportation to/ from DD Waiver Services for CCC Plus Members
CCC Plus Ride Assist – Where's My Ride?	Ride Assist-Where's My Ride Numbers, running late, have a complaint, etc		
Aetna Better Health of Virginia	(800) 734-0430 Option 2		
Anthem HealthKeepers	(855) 325-7581 Option 1; TTY: 711		
Magellan Complete Care of Virginia	(877) 790-9472		
Optima Health	(855)-325-7558 Option 1		
United Healthcare CCC Plus Regions 2,4,5	(844) 525-1491		
United Healthcare CCC Plus Regions 1,3,6	(888) 258-0521		
Virginia Premier CCC Plus	(877) 719 7358 (Option 1, then Option 2, then Option 3)		
*Call LogistiCare for DD Waiver Services Where's My Ride?	(866) 246-9979		

CCC Plus Care Coordination

If you or the member has questions or concerns, please use the following Care Coordination Phone line to get in touch with a Member's Care Coordinator.

Aetna	Anthem	Magellan	Optima	United HealthCare	VA Premier
1-855-652-8249 press #1 and ask for Care Coordinator	1-855-323- 4687 Press #4 TTY: 711	1-800-424- 4524	1-757-552- 8398 OR Toll Free 1-866-546- 7924	Members: 1-866-622-7982 Providers: 1-877-843-4366	1-877-719-7358

Email the CCC Plus inbox, <u>cccplus@dmas.virginia.gov</u> for assistance.

Logisticare Phone: 1-866-386-8331 Website: www.logisticare.com Downloads / Forms http://transportation.dmas.virginia.gov/Members/Download S Mileage Reimbursement and Trip Log Link: http://transportation.dmas.virginia.gov/Portals/2/VA%20Ga s%20Reimbursement%20Form%20and%20Instructions.pdf ?ver=2018-02-28-095421-200	Non-Emergency Medical Transportation Reservation Requirements: Must be made 5 days before appointment • Member ID number • Pickup Address • Destination Address • Date and Time of Appointment • Return Time (if known)
Virginia Department of Rail and Public Transportation Locate a Service Provider Near You @ http://www.drpt.virginia.gov/	Find rail and public transportation providers in your area.

Virginia State Agencies

Family and Health Agencies Website: https://www.virginia.gov/agencies/family-health/#paging:currentPage=0 paging:number=10	
Education Website: https://www.virginia.gov/education/	
Governorment Website: https://www.virginia.gov/government/#laws-policies	
Recreation Website: https://www.virginia.gov/recreation/	



Hi

Thank you for viewing the Roanoke Area Care Connection for Children Resource Guide. Hopefully this guide will assist families of children with special health care needs and others needing to find services.

Resources in this guide are for informational purposes only and will be updated quarterly. Links to websites often change, so please let me know if they no longer work. If you would like to be added to this guide, please send an email to: bktaylor1@carilionclinic.org.

Thank you,

Brenda Taylor

Parent Resource Coordinator Roanoke Area Care Connection for Children

Roanoke Area Care Connection for Children
1615 Franklin Road
Roanoke, VA 24016

Phone: 540-985-8470 or Toll-Free: 1(866) 906-2999

 $Website: \underline{https://www.carilionclinic.org/care-connection-children}$

Facebook: https://www.facebook.com/roanokecareconnection