# Roanoke Area Care Connection for Children

# **2015 Resource Directory**



# **Table of Contents**

Adoption	3
Assistive Technology	4-6
Benefits / Information	7-9
Behavioral Health / Community Service Boards	10-17
Centers for Independent Living	18
Child Development Clinics	19
Early Intervention / Preschool / Child Care	20-23
Educational Services   Schools and Information	24-29
Educational Services   Transition and Higher Education	30-35
Employment / Vocational Services	36-38
Family Support   Parenting Classes	39
Family Support   Informational Resources	40-43
Family Support   Support Groups	44-45
Family Support   Respite	46-47
Family Support   Financial Resources	48-51
Family Support   Medical Resources   Rare Diseases	52-54
Home Care   Durable Medical Equipment	55-57
Housing	58-59
Housing   Hospitality	60-61
Insurance / Medicaid / Long-Term Care	62-64
Legal Advocacy	65-66
Prescription Assistance	67-68
Transportation	69-70
Care Connection for Children Contact Information	71

# **Adoption**

# **Commonwealth Catholic Charities**

Infants and children from the United States and abroad can be adopted through this program. All information is confidential.

Phone: 540-342-7561

Website: <u>http://cccofva.org/services/childrens-services/adoption/</u> (scroll down page to get to adoption)

# **DePaul Family Services**

They provide: foster care, adoption, independent living, and community based services. Phone: 1-888-233-7285 Website: <u>http://www.depaulcr.org/child-and-family/adoption/adopting-a-child/</u>

# International Adoption Clinic UVA Health Systems

Services offered: pre-adoptive medical reviews for international adoptees and comprehensive medical evaluations for children after adoption, as well as follow-up care as needed. Call for clinic hours. Phone: 434-924-9130 Website: http://uvahealth.com/locations/profile/International-Adoption-Clinic

### Lutheran Family Services of Virginia

Training/ recruitment of foster and adoptive parents, home studies, adoption from foster care in other states, special needs adoption. Phone: (540) 774-7100 Website: <u>http://lfsva.org/</u>

### Virginia Department of Social Services

Offers support and financial assistance towards adoption. 1-800-DO-ADOPT or call your local Department of Social Services Website: <u>https://www.dss.virginia.gov/family/ap/index.cgi</u>

# **Assistive Technology**

Assistive technology is any device, piece of equipment, or system that helps bypass, work around, or compensate for an individual's specific c learning deficits.

#### Accessible Instructional Material (AIM-VA)

Accessible formats provide alternate versions of print-based books that function in much the same way as a print-based textbook. In order to meet the individual learning needs of unique students, accessible formats include audio, enlarged text, and embossed paper. Website: <u>http://aimva.org/about-us/formats</u>

#### Assistive Technology Loan Fund Authority

Alternative funding resource to purchase assistive technology Telephone: (804) 662-9000 or Toll-Free: (866) 835-5976 **Website:** <u>http://www.atlfa.org/</u>

#### Assistive Technology: A Parent's Guide

An overview of assistive technology — what it is and how it can help kids with learning disabilities bypass areas of difficulty. A summary of how AT tools address various types of learning disabilities: listening, math, memory, organization, reading, and writing. An article describing a research-based method for finding the right tools based on a child's needs, the tasks she struggles with, and the settings where she will use the technology. A practical worksheet to guide you through the steps of matching AT tools to your child's learning issues. Consumer tips for evaluating assistive technology products.

Download guide from this page -

Website: <u>http://www.greatschools.org/special-education/assistive-technology/784-parents-guide-to-assistive-technology.gs</u>

#### **Children's Assistive Technology Service**

Provides used pediatric rehabilitative equipment at no cost to families of children with disabilities that have no other means of obtaining it. Website: <u>http://atdevicesforkids.wix.com/cats</u>

#### Foundation for Rehabilitation Equipment & Endowment (FREE) of Lynchburg

Collects, sanitizes, repairs and gifts donated mobility equipment to uninsured and underinsured adults in Virginia. Phone: 434- 846-3733 Website: <u>http://www.free-foundation.org/lynchburg</u>

### Foundation for Rehabilitation Equipment & Endowment (FREE) Roanoke Valley

Collects, sanitizes, repairs and gifts donated mobility equipment to uninsured and underinsured adults in Virginia. Phone: 540-777-4929 Website: <u>http://www.free-foundation.org/</u> Website: http://www.free-foundation.org/roanoke

### Virginia Assistive Technology System (VATS)

AT communication devices, ramps, modified vehicles, stair climbers, porch lifts, respiratory equipment, low vision equipment, etc... Offers a reuse and exchange program. Phone: 804-662-9990 Website: www.vats.org

### Virginia Department for the Deaf and Hard of Hearing (VDDHH)

VDDHH provides telecommunication equipment to qualified applicants and listing of sign language interpreters. Information and training about local services including where to find sign language classes, support services, and the technical equipment needed to aid persons who are Deaf or Hard of Hearing with their communication needs.

Contact: Betti Thompson Email: <u>DHHSC@yahoo.com</u> (540) 342-0031 Website: http://www.vddhh.virginia.gov/tapabout.htm

### Virginia Department of Education's Training and Technical Center

Services provided: quality training & technical assistance in response to local, regional, and state needs. Also offers information about alternative assessments, online training, upcoming events and other resources.

Website: http://www.ttaconline.org/

# <u>Virginia Department of Medical Assistance Services | Assistive Technology and</u> <u>Environmental Modifications</u>

DMAS provides a list of enrolled Medicaid Providers who currently offer Assistive Technology and Environmental Modifications through the Home and Community Based Waiver Programs. Website: <u>http://www.dmas.virginia.gov/Content\_pgs/ltc-wvr3.aspx</u>

# Virginia Department of Medical Assistance Services – Medicaid Web Portal

Search for environmental modification providers and other providers. Website: <u>https://www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders</u>

# <u>Virginia Relay</u>

Virginia Relay connects people who are deaf, hard of hearing, Deaf Blind or speech disabled with standard telephone users, relaying the conversation between both parties. After dialing 711, the communications assistant will relay call between both parties. Website: <u>http://www.varelay.org/</u>

# **Benefits / Information**

#### 211 Virginia

Virginia's first stop for human service needs. Phone: 211 Website: https://211.getcare.com/211provider/consumer/index211.do

#### **Benefits.gov**

Search for government benefits and more!

Website: http://www.benefits.gov/

#### **Cover Virginia**

Learn about and apply for Virginia Medicaid, FAMIS, Managed Care Plans, Plan First and the Health Insurance Market Place.

Phone: 1-855-242-8282

Website: http://coverva.org/

#### **Disability.gov**

Federal website offering people with disabilities and their family's information about education, health, housing, the rights of individuals with disabilities, technology and more....

Website: <a href="https://www.disability.gov/">https://www.disability.gov/</a>

#### Virginia CommonHelp

Apply for help with food, child care, heating/cooling, health care and cash assistance. Website: <u>https://commonhelp.virginia.gov/access/</u>

#### Virginia Department of Medical Assistance Services (DMAS)

DMAS is the agency that administers Medicaid and the State Children's Health Insurance Program (CHIP) in Virginia.

Website: http://www.dmas.virginia.gov/

#### Department of Medical Assistance Services | Smiles for Children

Smiles for Children provide dental coverage for diagnostic, preventive, restorative/surgical procedures, as well as orthodontia services for Medicaid, FAMIS and FAMIS Plus children. The program also provides coverage for limited medically necessary oral surgery services for adults (age 21 and older).

Website: http://www.dmas.virginia.gov/content\_pgs/dnt-home.aspx

# Virginia DMAS Long-term Care and Waivers

The Division of Long-Term Care (LTC) administers the provision of Medicaid services for seniors and individuals with disabilities. Explains Medicaid Waiver Services in Virginia. **Website:** <u>http://www.dmas.virginia.gov/Content\_pgs/ltc-home.aspx</u>

### Arc of Virginia

Good information about Medicaid Waivers. Website: <u>http://www.thearcofva.org/resources-services/medicaid-waivers/</u>

### Virginia Department of Social Services (DSS)

DSS administers a variety of programs: Temporary Assistance for Needy Families (TANF), Child Support, Supplemental Nutrition Assistance Program, (SNAP), Medicaid, Adoption, Child Care Assistance, Refugee Resettlement Services, Energy assistance and Child and Adult Protective Services. Link for Local Offices in Virginia

Website: http://www.dss.virginia.gov/localagency/

Direct Lines - Website: http://www.dss.virginia.gov/geninfo/vdss\_contacts.cgi

#### **United States Social Security Administration**

Apply for a social security number, disability, SSI, check your claim, retirement and more! Website: <u>http://www.ssa.gov/</u>

Apply for Supplemental Security Income (SSI) / Disability Benefits for:

Child under 18 - Website: <u>http://www.ssa.gov/disabilityssi/apply-child.html</u>

• Adult - Website: <u>http://www.ssa.gov/disabilityssi/apply.html</u>

## <u>Social Security | Understanding Supplemental Security Income Expedited Payments 2015</u> <u>Edition</u>

Under certain conditions either presumptive disability (PD) or presumptive blindness (PB) payment can speed up Supplementary Security Income (SSI) benefits.

Website: http://www.socialsecurity.gov/ssi/text-expedite-ussi.htm

#### Social Security | Compassionate Allowances

Social Security has an obligation to provide benefits quickly to applicants whose medical conditions are so serious that their conditions obviously meet disability standards.

Website: http://www.socialsecurity.gov/compassionateallowances/

Compassionate Allowances List of Conditions Link @ http://www.ssa.gov/compassionateallowances/conditions.htm

### Women, Infants and Children WIC)

The Virginia WIC Program provides nutrition education, breast feeding promotion and support, supplemental nutritious foods, counseling at WIC clinics, and screening and referrals to other health, welfare, and social services. The goal of the Program is to improve the health of pregnant women, infants and children (under 5 years) through better nutrition and access to health care.

Roanoke City Health Department Phone: (540) 283-5050

Find Local Health Departments @ this link: http://www.vdh.virginia.gov/LHD/

# **Behavioral Health / Community Service Boards**

#### Virginia Department of Behavioral Health

Virginia's public mental health, intellectual disability and substance abuse services system is comprised of 16 state facilities and 40 locally-run community services boards. 804-786-3921

Website: http://www.dbhds.virginia.gov/

#### Community Service Boards in Virginia (CSB)

Responsible for assuring, with resources, the delivery of community-based mental health, developmental, and substance abuse services to individuals with mental health or substance use disorders, intellectual disability, or co-occurring disorders. Website: <u>http://www.vacsb.org/index.htm</u>

#### Alleghany Highlands

205 E. Hawthorne Street, Covington, VA 24426 Phone: (540) 965-1180 Emergency: (540) 965-1770 Coverage Area: *Alleghany, Covington, Clifton Forge City* **Website:** <u>www.ahcsb.org</u>

#### **Blue Ridge Behavioral Healthcare**

301 Elm Ave., SW,
Roanoke, VA 24016
Phone: (540) 345-9841
Emergency: (540) 981-9351
Coverage Area: Botetourt, Buchanan Town, Daleville, Eagle Rock, Fincastle, Oriskany, Roanoke City, Troutville, Arcadia, Catawba, Craig, New Castle, Newport, Paint Bank, Bent Mountain, Roanoke County, Vinton, Salem, Vinton
Website: <u>http://www.brbh.org</u>

#### Danville-Pittsylvania

245 Hairston Street,
Danville, VA 24540
Phone: (434) 799-0456
Emergency: (1877) 793-4922
Coverage Area: Danville, Blairs, Callands, Chatham, Gretna, Pittsylvania, Ringgold, Sandy
Website: <u>http://www.dpcs.org</u>

#### Horizon Behavioral Health

2241 Langhorne Rd,
Lynchburg, VA 24501
Phone: (434) 847-8050
Emergency: (434) 847-8065
Coverage Area: Clifford, Elon, Lowesville, Madison Heights, Monroe, Sweet Briar, Amherst
County, Pamplin, Spout Spring, Appomattox County, Bedford City, Bedford County, Big Island,
Forest, Goode, Goodview, Hardy, Huddleston, Moneta, Montvale, Thaxton, Alta Vista,
Brookneal, Campbell, Concord, Lynch Station, Rustburg, Lynchburg
Website: http://www.cvcsb.org

#### **Piedmont**

24 Clay Street, Martinsville, VA 24112 Phone: (276) 632-7128 Emergency: (276) 632-7128 Coverage Area: *Martinsville, Boones Mill, Burnt Chimney, Callaway, Ferrum, Franklin County, Glade Hill, Penhook, Rocky Mount, Smith Mountain Lake, Union Hall, Wirtz, Axton, Bassett, Collinsville, Fieldale, Henry, Ridgeway, Spencer, Stanleytown, Patrick* Website: http://www.piedmontcsb.org

#### **Rockbridge Area**

241 Greenhouse Rd.,
Lexington, VA 24450
Phone: (540) 463-3141
Emergency: (540) 463-3141
Coverage Area: Bath, Hot Springs, Millsboro, Virginia, Warm Springs, Buena Vista, Lexington,
Brownsburg, Fairfield, Glasgow, Goshen, Natural Bridge, Raphine, Rockbridge Baths,
Rockbridge County, Steeles Tavern, Vesuvius
Website: http://www.racsb.org

#### **Southside**

P.O. Box 488, South Boston, VA 24592 Phone: (434) 572-6916 Emergency: (434) 572-2936 Coverage Area: Warfield, Alberta, Brunswick County, Gasburg, Lawrenceville, Rawlings, Alaton, Boydton, Buffalo Junction, Chase City, Clarksville, Clover, Halifax, Mecklenburg, Nathalie, Scottsburg, Skipwith, South Boston, South Hill, Sutherlin, Virgilina, Bracey Website: http://www.sscsb.org/

Find Community Services Boards in other localities: http://www.vacsb.org/Default.aspx?CCID=7733&FID=44989&ExcludeBoolFalse=True&P ageID=3889402

#### Comprehensive Services Act for high-risk youth and their families. (CSA)

The purpose of the act is to provide high quality, child centered, family focused, cost effective, community-based services to high-risk youth and their families. Website: <u>http://www.csa.virginia.gov/</u>

### Governor's Access Plan (GAP)

GAP is a Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Adult age 21 through 64 years old;

Website: http://www.dmas.virginia.gov/Content\_pgs/GAP.aspx

### Licensed Provider Search

This link offers a provider search for mental health services, substance abuse provides, case management for intellectual disabilities... You must go into each provider to find a complete description of services.

Website: http://lpss.dbhds.virginia.gov/LPSS/LPSS.aspx

#### **Mental Health America**

Mental Health America is the nation's leading community-based non-profit dedicated to helping all Americans achieve wellness by living mentally healthier lives. Program offers education, information, help and other resources. Phone: 703-684-7722 or Toll Free 800-969-6642 **Website:** <u>www.mentalhealthamerica.net/</u>

#### Mental Health of Roanoke Valley

Educates people about mental health and mental illness and connected them with community resources for treatment and support. 540-344-0931 Website: www.mharv.com

#### National Alliance on Mental Illness (NAMI) | Virginia

NAMI promotes recovery and improving quality of life for Virginians with serious mental illness. Resources, advocacy, guides, support groups, help lines... Help Line: 804-285-8264 M-F, 9am-4:30 or Website: <u>http://namivirginia.org/</u> Phone: 1 (888) 486-8264 National Crisis Line - (800) 950-NAMI (6264)

### National Alliance on Mental Illness | Roanoke

NAMI offers support, advocacy, education and research. Phone: (540) 977-3470 National Crisis Line - (800) 950-NAMI (6264) Website: www.nami.org/sites/namiroanokevalley

### NAMI of Roanoke Support Group Meetings

Contact information for meeting dates, times and place Phone: (540) 977-3470 Email Address: namiroanokevalley@gmail.com

#### LewisGale Regional Health System - RESPOND

**Respond** is a **free**, **24-hour crisis line** for assistance, assessment and referral—lets you talk with a trained mental health professional any time of the day or night. Through RESPOND®, you or your loved ones receive support and encouragement to address your concerns. When counseling or other treatment is indicated, the staff at RESPOND® connects you to the appropriate programs and services.

#### Call 1-800-541-9992 for immediate assistance.

Website: <u>http://lewisgale.com/service/respond-assessment-and-referral-system#sthash.h9zhEYT9.dpuf</u>

### **Carilion Clinic - Connect**

**CONNECT** is a confidential, **24-hour emergency evaluation and referral service** provided by Carilion Clinic and available at no cost to members of our community. CONNECT is staffed by psychiatric nurses and clinical social workers who are trained to help people connect to the psychiatric and behavioral medicine support they need to function well.

CONNECT services begin with a phone call **to 540-981-8181 or toll-free to 800-284-8898**. Website: <u>https://www.carilionclinic.org/psychiatry/connect#sthash.IHFdpnbC.dpuf</u>

#### <u>Felicity Adams-Vanke, M.D.</u>, <u>J. Eric Vance, M.D.</u>, <u>Mark Kilgus, M.D. Ph.D.</u>, <u>Jeffrey J.</u> Wilson, M.D.

Child & Adolescent Psychiatry 2017 South Jefferson Street, 2nd Floor Roanoke, VA 24014 540-853-0900

## Tara A. Mitchell, Ph.D.

2017 S. Jefferson Street, 2nd Floor Roanoke, VA 24015 540-224-4519 Pediatric and Behavioral Medicine

#### Gregory L. Robinson, Ph.D.

1030 South Jefferson Street, Suite 201 Roanoke, VA 24016 540-224-4520

Anxiety, Developmental, Obsessive Compulsive Disorders and Child Clinical Psychology

### Lori Dudley, Ph.D.

2017 S. Jefferson Street, 2nd Floor Roanoke, VA 24015 540-224-4519 Pediatric and Behavioral Medicine

### National Counseling Group (NSG) (Roanoke)

NSG is a private group of therapists and counselors providing comprehensive community-based, outpatient services, therapeutic day treatment and therapeutic foster care to individuals and families throughout the commonwealth of Virginia. *Serving in Roanoke City, Roanoke County, City of Salem, Franklin County, Botetourt, Bedford, Lynchburg, Craig County, and Montgomery County* Phone: (540) 776-0716 Fax: (540) 777-6282

Website: http://www.nationalcounselinggroup.com/roanoke.html

### National Counseling Group (Lynchburg)

Serving the City of Lynchburg, Campbell County, Appomattox County, Bedford County and Amherst County

Phone: (434) 382-1642 Fax: (434) 384-3006

Website: http://www.nationalcounselinggroup.com/lynchburg.html

#### National Counseling Group (Martinsville)

Phone: (276) 638-8000 Fax: (276) 638-8006

Serving the City of Martinsville, City of Danville, Henry County, Patrick County, and Pittsylvania County

Website: http://www.nationalcounselinggroup.com/martinsville.html

#### National Counseling Group (New River Valley)

Phone: (540) 602-3021 Fax: (540) 382-1972

Serving the City of Radford, Montgomery, Floyd, Giles, Pulaski and Wythe Counties

Website: http://www.nationalcounselinggroup.com/newrivervalley.html

#### Virginia Tech Psychological Services Center

3110 Prices Fork Road Blacksburg VA 24061-0355 Phone: (540) 231-6914 Fax: (540) 231-4250 Offers a variety of mental health services (child, adolescent, and family therapy, counseling for adults, assessments) to any member of the community **Website:** <u>http://www.psyc.vt.edu/outreach/psc</u>

#### Virginia Tech Child Study Center

Provides diagnostic evaluations for infants/toddlers, children, adolescents, and adults who are suspected to have an Autism Spectrum Disorder, including Autism, Asperger Syndrome, and Pervasive Developmental Disorder NOS.

Child Study Center 460 Turner Street Collegiate Square Suite 207 Blacksburg, VA 24060-0293 Phone: (540) 231-8276 Fax: (540) 231-8193

Website: http://www.psyc.vt.edu/labs/csc

#### Virginia Tech Autism Clinic

Offers assessment, intervention, education, and research directed towards effective treatment and prevention. The Clinic provides diagnostic evaluations for infants/toddlers, children, adolescents, and adults who are suspected to have an Autism Spectrum Disorder, including Autism, Asperger Syndrome, and Pervasive Developmental Disorder NOS.

460 Turner Street Collegiate Square Suite 207 Blacksburg, VA 24060-0293 Phone: (540) 231-8276

Website: http://www.psyc.vt.edu/outreach/autism

#### **Radford University Autism Center**

The main goal for the Autism Center is to provide families, professionals and students with access to state-of-the-art clinical services and evidence-based resources to improve the quality of the lives of children and adults with ASD. The center provides assessments and therapy for children and adults with ASD using an interdisciplinary approach.

Director: Diane Millar, Ph.D. (540) 831-7635 dcmillar@radford.edu

Website: http://www.radford.edu/content/wchs/home/cosd/facilities/autism-center.html

### Virginia Family Preservation Services

Provide services primarily in the client's home or community. They provide services that assist with: autism, case management, therapeutic foster care, behavior management, intensive home based counseling, school based services and substance abuse counseling.

Melinda Otey, LCSW, Regional Director 5335 Peters Creek Road Roanoke, VA 24019 Phone: (540) 344-9501 FAX: (540) 344-7162

Website: <u>http://www.providencehumanservices.com/virginia-family-preservation-</u> services.html

# **Family Services of the Roanoke Valley**

Family Service of Roanoke Valley improves life and restores hope to the most vulnerable of our neighbors, from the very youngest children to the oldest adults, through prevention, counseling and support services.

360 Campbell Avenue, S.W. Roanoke, VA 24016 Phone: 540-563-5316 TTY: 540-904-2954 Fax: 540-563-5254

Website: <u>www.fsrv.org</u>

# **Centers for Independent Living**

Advocacy, peer counseling, transition, independent living skills, information and referral, assistance with housing, employment, home modifications, Medicaid Waivers and technical support.

Directory of Independent Living Centers in Virginia Website: <u>http://www.vacil.org/va\_cils\_directory.htm</u> or <u>http://brilc.kattare.com/cils-in-virgina/</u>

Appalachian Independence Center Galax (276) 236-6055 V/TTY (276) 236-4700 FAX Website: http://www.aicadvocates.org/

#### Blue Ridge Independent Living Center (BRILC)

1502B Williamson Road NE Roanoke, Virginia 24012 Phone: (540) 342-1231 V/TTY FAX :( 540) 342-9505 **Website: <u>www.brilc.org</u> <u>http://brilc.kattare.com/</u> Serving: Alleghany, Botetourt, Craig and Roanoke counties and the cities of Covington, Roanoke and Salem.** 

#### **BRILC – New River Valley Satellite**

540-381-8829, 540-381-9149 (v/tty) Website: <u>http://brilc.kattare.com/cils-in-virgina/</u> Serving: Floyd, Giles, Montgomery Co., Pulaski, Radford, Blacksburg and Christiansburg.

#### Lynchburg Area Center for IL (LACIL)

(434) 528-4971 (434) 528-4972 TTY (434) 528-4976 FAX Website: <u>http://www.lacil.org/</u>

# **Child Development Clinics (CDC)**

A specialized program for children and adolescents suspected of having developmental and behavioral disorders such as: developmental delays, developmental disorders associated with sensory or physical disabilities, disorders of attention and hyperactivity, learning problems, emotional and behavioral concerns, intellectual disabilities or a combination developmental and behavioral concerns. **Website:** @

https://www.vdh.virginia.gov/ofhs/childandfamily/childhealth/cshcn/developmentServices.htm

Gate City	<u>Harrisonburg</u>
Carolyn Hubbard, LCSW, Director Southwest Virginia Child Development Clinic 112 Beech Street, Suite 1A Gate City, VA 24251 Phone: (276) 386-3803 Fax: (276) 386-2116 E- mail: carolyn.hubbard@vdh.virginia.gov	Ginger Griffin, EdS, Director Shenandoah Valley Child Development Clinic Institute for Innovation in Health and Human Services James Madison University, MSC 9011 Harrisonburg, VA 22807 Phone: (540) 568-6687 Fax: (540) 568-3875 E-mail: griffigl@jmu.edu
<u>Norfolk</u> Diana Schofield, PsyD, LCP, Acting Director Tidewater Child Development Clinic 830 Southampton Avenue, Suite 200 Norfolk, VA 23510 Phone: (757) 683-8770 Fax: (757) 683-9211 E- mail: <u>diana.schofield@vdh.virginia.gov</u>	<b><u>Richmond</u></b> Sandra Edmonds, RN, Nurse Coordinator Virginia Commonwealth University Child Development Clinic 3600 West Broad Street, Suite 229 Richmond, VA 23230 Phone: (804) 827-2100 Fax: (804) 827-2102 E-Mail: <u>sedmonds@mcvh-vcu.edu</u>
<b><u>Roanoke</u></b> Debbie Osborne, RN, MBA, Manager Pediatric Neurodevelopmental Clinic Carilion Medical Center for Children 1030 S. Jefferson Street, SW - Suite 201 Roanoke, VA 24016 Phone: (540) 224-4520	Fax: (540) 224-4519 E-mail: <u>daosborne@carilionclinic.org</u>

# **Early Intervention / Preschool / Childcare**

### Infant and Toddler Connection of Virginia

The Infant and Toddler Connection, coordinates early intervention services for infants and toddlers, 0 to 3 with developmental delays, diagnosed conditions or atypical development. Services may include developmental screenings - evaluation - service coordination and other services to meet the child and family's needs.

Website: <u>http://www.infantva.org/</u> Central Directory: <u>http://211uwgrp.org/</u>

# Infant & Toddler Connection of Roanoke Valley

1502 Williamson Rd NE, 2nd Floor, Roanoke, VA 24012 Phone: (540) 283-5050 Toll-Free: (866) 906-2999 Contact: janet.p.mcmillan@vdh.virginia.gov Serving: Roanoke City, Counties of Botetourt, Craig, Roanoke, Cities of Roanoke, Salem, Vinton

# **Easter Seals of UCP of Greater Salem**

Children and adults with disabilities and special needs find highest-quality services designed to meet their individual needs when they come to Easter Seals UCP in North Carolina and Virginia.

201 East Main Street Salem, VA 24153 540-777-7325 Website: http://www.easterseals.com/NCVA/our-programs/childrens-services/greatersalem-community-early.html

### Center for Disease Control and Prevention | Learn the Signs. Act Early

This program aims to improve early identification of children with autism and other developmental disabilities so children and families can get the services and support that's needed online.

Website: http://www.cdc.gov/ncbddd/actearly/index.html

# March of Dimes

They help moms have full-term pregnancies and healthy babies. If something goes wrong, they offer information and comfort to families. Provide research to problems that threaten babies and prevention.

Website: <u>http://www.marchofdimes.com/index.aspx</u>

## Zero to Three

Zero to Three is a national, nonprofit organization that provides parents, professionals and policymakers the knowledge and know-how to nurture early development. **Website:** <u>http://www.zerotothree.org/</u>

### **Radford University Autism Center**

The Radford University Autism Center provides families, professionals and students with access to state-of-the-art clinical services and evidence based resources to improve the quality of the lives of children and adults with ASD. The three key priorities: research, clinical service provision, and community outreach.

Contact: Director Diane Millar, Ph. D

540-831-7635

Website: http://www.radford.edu/content/wchs/home/cosd/facilities/autism-center.html

# Virginia Tech Autism Clinic

Offers assessment, intervention, education, and research directed towards effective treatment and prevention. The Clinic provides diagnostic evaluations for infants/toddlers, children, adolescents, and adults who are suspected to have an Autism Spectrum Disorder, including Autism, Asperger Syndrome, and Pervasive Developmental Disorder NOS.

460 Turner Street Collegiate Square Suite 207 Blacksburg, VA 24060-0293 Phone: (540) 231-8276

Website: http://www.psyc.vt.edu/outreach/autism

### Virginia Department of Social Services | Child Care Subsidy Program

The Child Care Subsidy Program provides financial assistance to eligible families to help pay for the cost of child care so they can work or attend education or training programs **Website:** <u>http://www.dss.virginia.gov/family/child\_care.html</u>

Learn & apply for child care @ <u>http://www.dss.virginia.gov/family/cc/assistance.cgi</u> Contact your local Dept. of Social Services or @ <u>http://www.dss.virginia.gov/localagency/</u>

## Virginia Preschool Initiative (VPI)

The Virginia Preschool Initiative distributes state funds to schools and community-based organizations to provide quality preschool programs for at-risk four-year olds unserved by Head Start. Website:

# Virginia Head Start Association

Head Start serves children from birth to age 5, providing services to promote academic, social and emotional development for income-eligible families. Head Start also works with parents to help them reach their goals in the areas of housing, employment, transportation and parenting **Website:** <u>http://www.headstartva.org/</u>

Find other Head Start Programs @ http://www.headstartva.org/program/index.php

# Total Action for Progress | Head Start and Early Head Start

Head Start is a national child development program for children from birth to age 5, which provides services to promote academic, social and emotional development for income-eligible families. Pregnant women and children from birth to age three can participate in the Early Head Start program. Pprovides prenatal education, full-day childcare and family development services for parents who are employed, in an employment training program, or in school.

302 2nd Street SW Roanoke, Virginia 24011 Phone: (540) 283-4865 Find Head Start in Roanoke and other areas @ http://headstartva.org/programs/?program\_region=nw

### Roanoke City Schools Preschool / TAP Head Start - children enrolled may qualify for

Roanoke City Public Schools Virginia Preschool Initiative for 4 year olds or TAP's full and part day programs for 3 and 4 year olds. Children identified with disabilities or delays, may be enrolled in Roanoke city's REACH program for 2-4 year olds. Serving: Alleghany, Botetourt, Craig, Franklin, Roanoke and Rockbridge and cities of Buena Vista, Covington, Lexington, Roanoke and Salem

Website: https://www.tapintohope.org/HeadStartProgram.aspx

#### Care.com

Find child care and personal care providers. **Website:** <u>www.care.com</u>

### **Child Care Aware of Virginia**

Search online for child care information and programs in specific areas and other resources. Website: <u>www.va.childcareaware.org</u>

### **Greenvale Nursery**

Greenvale provides developmentally appropriate child care services for working parents according to each family's ability to pay.

<u>Get Well Center</u> - Use of the Get Well Center is open to any family in the Roanoke Valley in need of a sick child care option. A licensed nurse and a volunteer physician from Physicians to Children are available for consult.

Phone: 540-342-4716 FAX: 540-344-0876

Website: http://www.greenvale-school.org/

### **Childcare Network**

Website: http://www.childcarenetwork.com/Virginia-Roanoke-VA-65

### Honeytree Learning Centers in Roanoke

Honeytree offers preschool and afternoon programs. See website regarding tuition. 540-344-4543 Website: <u>http://www.honeytreeelc.com/schools/</u>

### Northwest Child Development Center

Provide a nurturing environment and quality educational experiences which promotes social, emotional, physical, and cognitive development for children ages 6 months to 12 years. Phone: (540) 342-0233 FAX: (540) 344-3086

# **Educational Services | Schools and Information**

# Virginia Department of Education (VDOE)

PO Box 2120 Richmond, VA 23218 http://www.doe.virginia.gov/

# Virginia Department of Special Education

This page provides all information for special education. http://www.doe.virginia.gov/special\_ed/index.shtml

# Virginia Department of Education Listed by School, Division and Region

Select a School Division from this alphabetized listing

All Virginia Public Schools - listed alphabetically

All Virginia Public Schools - grouped by school division

**Schools within a selected School Division** 

Schools within a selected School Division - listed by region

### Virginia Council for Private Education

Virginia Council for Private Education (VCPE) oversees accreditation of nonpublic preschool, elementary and secondary schools in the Commonwealth. Lists; State Recognized Accredited Private Schools, State Recognized Virtual Private Schools, Non-Accredited Private Schools and Candidates for State Recognition. http://www.vcpe.org/

#### Blue Ridge Autism and Achievement Center (BRAAC)

BRAAC provides education and services for children and families affected by autism and unique learning challenges. 312 Whitwell Drive Roanoke Virginia 24019 Phone: 540-366-7399 FAX: 540-366-5523 http://www.braacroanoke.org/

#### Virginia School for the Deaf and the Blind

The Virginia School for the Deaf and Blind is a residential K-12 educational program for students in the state of Virginia with blindness, visual impairments and students with multiple disabilities. VSDB also offers a preschool program. 104 VSDB Drive P.O. Box 2069 (mail) Staunton, Virginia 24402 Phone: 540-332-9000 or Toll Free: 1-800-522-8732 http://www.vsdb.k12.va.us/

#### Virtual Virginia School

Virtual Virginia expands opportunities and provides choice in public education for parents and students. Virtual Virginia is a program of the Virginia Department of Education serving students in Virginia middle and high schools by providing flexible options for the diverse educational needs of students and their families.

http://www.virtualvirginia.org/

### <u>2014 – 2015 Virginia Department of Education | Directory of Private Day & Residential</u> <u>Schools for Students with Disabilities</u>

A school for students with disabilities means a privately owned and operated preschool, school, or educational organization, no matter how titled, maintained or conducting classes for the purpose of offering instruction, for a consideration, profit or tuition, to persons determined to have a disability as defined by the Regulations governing Special Education Programs for Children with Disabilities in Virginia (8 VAC 20-81).

http://www.doe.virginia.gov/special\_ed/day\_residential\_schools/index.shtml

## Parent Education Advocacy and Training Center (PEATC)

PEATC is a nationally recognized leader in the development, communication and dissemination of state-of-the-art education, training, and outreach and support services for children, particularly children with disabilities, their families and the professionals who serve them. **www.peatc.org** 

# Virginia Department of Education – Individualized Education Program (IEP)

Explains the IEP, Transition, forms and has it in other languages. http://www.doe.virginia.gov/special\_ed/iep\_instruct\_svcs/iep/index.shtml

# **VDOE – Medicaid and Schools**

School Divisions can submit claims to Medicaid for reimbursement for services such as: physical, speech, transportation, nursing, etc... This must be included in the Individualized Education Program.

http://www.doe.virginia.gov/support/health\_medical/medicaid/index.shtml

# Comprehensive Services Act for high-risk youth and their families. (CSA)

The purpose of the act is to provide high quality, child centered, family focused, cost effective, community-based services to high-risk youth and their families. http://www.csa.virginia.gov/

# <u>K 12</u>

This is an online school from kindergarten to high school. 866-968-7512 http://www.k12.com/what-is-k12#.VBcO-VdaRIA

# Virginia Council for Private Education

Virginia Council for Private Education (VCPE) oversees accreditation of nonpublic preschool, elementary and secondary schools in the Commonwealth. http://www.vcpe.org/

# The Organization of Virginia Home Schoolers

P O Box 5131 Charlottesville, VA 22905 Home School Help Line: 866-513-6173 http://vahomeschoolers.org/ Comprehensive Guide http://vahomeschoolers.org/guide/

## Kids Health

KidsHealth offers online information about kid's health, behavior, and development from before birth through the teen years. Has a parent, teen and child section. Has lots of other great information. http://kidshealth.org/

# L D Online

L D Online offers accurate up-to-date information about learning disabilities and ADHD for children and adults. Has lots of other great information. http://www.ldonline.org/

# **Understanding the Differences between IDEA and a 504 Plan** http://www.ldonline.org/article/6086

### **IDEA / 504 Comparison Chart**

A side-by-side chart to help you understand the difference. https://www.understood.org/en/school-learning/special-services/504-plan/the-differencebetween-ieps-and-504plans?utm source=threethings july 15 2014&utm medium=email&utm content=text&ut m\_campaign=threethings

### The Center for Parent Information and Resources (CPIR)

CPIR serves as a central resource of information and products to the community of Parent Training Information (PTI) Centers and the Community Parent Resource Centers (CPRCs), so they can focus their efforts on serving their families of children with disabilities. www.parentcenterhub.org

#### Virginia's Training and Technical Assistance Center (T/TAC) | Regional

Virginia's Training and Technical Assistance Center provides information, training, resources and technical assistance to children, youth, families and professionals. There are eight TTAC Regions across the Commonwealth of Virginia that serves professionals in their local areas. http://ttaconline.org/regional-ttacs

# T/TAC Online

Virginia's Training and Technical Assistance Center provides information, training, resources and technical assistance to children, youth, families and professionals. http://ttaconline.org/index

#### Parent Advocacy Coalition for Educational Rights (PACER)

Offers online information for families and professionals on various topics such as: Bullying, Individualized Education Programs, in addition to publications and other resources. http://www.pacer.org/

#### Virginia School for the Deaf and the Blind

The Virginia School for the Deaf and Blind is a residential K-12 educational program for students in the state of Virginia with blindness, visual impairments and students with multiple disabilities. VSDB also offers a preschool program. 104 VSDB Drive P.O. Box 2069 (mail) Staunton, Virginia 24402 Phone: 540-332-9000 or Toll Free: 1-800-522-8732 http://www.vsdb.k12.va.us/

Virginia Department of Education - Directory of Licensed Day and Private Schools for Children with Disabilities

http://www.doe.virginia.gov/special\_ed/day\_residential\_schools/index.shtml

Virginia Association Independent Specialized Education Facilities

http://www.vaisef.org/

# Virginia Department of Education | Medicaid and Schools

http://www.doe.virginia.gov/support/health\_medical/medicaid/index.shtml

# Virginia Department of Education | Military

http://www.doe.virginia.gov/support/student\_family/military/index.shtml

# Virginia Department of Education Individualized Educational Program (IEP) -

http://www.doe.virginia.gov/special\_ed/iep\_instruct\_svcs/iep/index.shtml

# Comprehensive Services Act for high-risk youth and their families. (CSA)

The purpose of the act is to provide high quality, child centered, family focused, cost effective, community-based services to high-risk youth and their families. http://www.csa.virginia.gov/

# **Educational Services | Transition and Higher Education**

#### Virginia Department for Aging and Rehabilitative Services (DARS)

Assists with transitional, vocational and job placement skills, career counseling, vocational evaluation, job training options, job placement, retention and follow up, assistive technology and community-based services.

351 Hershberger Road, Suite 205 Roanoke, VA 24012 Phone: (540) 204-9725 FAX: (540) 776-2722 <u>http://www.vadrs.org/</u> <u>http://www.vadrs.org/offices.aspx</u> - field, regional and statewide offices.

#### Wilson Workforce and Rehabilitation Center's (WWRC) | Postsecondary Education

Rehabilitation Transition

WWRC a comprehensive rehabilitation center that offers people with disabilities a unique combination of <u>vocational</u>, <u>medical</u>, <u>psychological</u>, <u>residential</u>, and <u>recreational</u> programs and services.

243 Woodrow Wilson Avenue Fishersville VA 22939

Phone: 540-332-7000 or Toll – Free: 800-345-9972 http://www.wwrc.net/pert.htm

### Association of Higher Education and Disability (AHEAD)

AHEAD is the premiere professional association committed to full participation of persons with disabilities in postsecondary education.

**AHEAD** offers information about resources for students and parents – transition resources a-z, college data base, financial aid and scholarships, listing higher education service providers in Virginia ...

https://www.ahead.org/ https://www.ahead.org/students-parents http://www.ahead.org/affiliates/virginia/va-schools (service providers)

#### Scholarships.com

Virginia Scholarships – registration is required https://www.scholarships.com/financial-aid/college-scholarships/scholarships-bystate/virginia-scholarships/

<u>National Center on Secondary Education and Transition</u> | IEP and Transition Planning <u>http://www.ncset.org/topics/ieptransition/default.asp?topic=28</u>

Colleges | Scholarships http://www.college-scholarships.com/learning\_disabilities.htm

# PEATC Transition Resource Page

Virginia's State Training Center - Provide training and information to parents of infants, toddlers, children, and youth with disabilities and to people who work with parents to enable them to participate more fully and effectively with professionals in meeting the educational needs of their children with disabilities. http://www.peatc.org/peatc.cgim?template=transition

Virginia Department of Education (VDOE) | Transition Services for Students with Disabilities

VDOE's Transition Services website provides support, information and resources designed to improve the outcomes of students with disabilities in transition from middle / secondary education to postsecondary education and employment.

http://www.doe.virginia.gov/special\_ed/transition\_svcs/

<u>Got Transition | Youth and Families</u> | What is Healthcare Transition? <u>http://www.gottransition.org/youthfamilies/index.cfm</u>

<u>Heath Resource Center at the National Youths Transition Center</u> - <u>http://heath.gwu.edu/transition-resources</u>

### **VCU Center on Transition**

The mission of the Virginia Commonwealth University Center on Transition Innovation (VCU CTI) is to enhance postsecondary outcomes for Virginia's youth as they transition to postsecondary education, training, employment and adult life. http://www.centerontransition.org/

### Virginia Community College System | Community College Locator

http://www.vccs.edu/about/where-we-are/college-locator/

# Virginia Western Community College | REACH

REACH/Student Support Services will assist in facilitating accommodations based on psychological/psychoeducational evaluations, medical and /or psychiatric reports, and other furnished documentation. Student Life Center Room S207 Phone: 540-857-7286 www.virginiawestern.edu http://www.virginiawestern.edu/services/reach/

### New River Community College / Center for Disability Services

The Center strives to increase students' opportunities for transition from high school to college and, once enrolled, to meet the various special needs of those students. 5251 College Drive Dublin, VA 24084 Phone: (540) 674 - 3619 (V/TTY/VP) Fax: (540) 674 - 3644 <u>www.nr.edu</u> Services offered: tutoring, note takes, test accommodations, small group counseling, etc... go to: <u>http://www.nr.edu/leap/services.php</u> http://www.nr.edu/leap/

### Radford University – Disability Resource Office

The Disability Resource Office, Radford University provides reasonable academic accommodations for students, parents, and visitors with documented disabilities. Tyler Hall Lower Level Suite 54-69, Box 6902 540-831-6350 540-922-1176 (VP for ASL Users) 540-831-6525 (fax) **dro@radford.edu http://www.radford.edu/content/dro/home.html** 

#### **Emery and Henry**

The office of Academic Support Services creates accommodation plans for students with disabilities. Phone: 276-944 -6144. http://www.ehc.edu/academics/resources/academic-support/academic-support-services/disability-services

#### **George Mason University**

Disability Services is available to serve all students with disabilities, including those with cognitive (e.g., learning, psychological, and closed head injury), sensory, mobility, and other physical impairments. (703) 993-2474 http://ods.gmu.edu/

#### Hampton University

Provides and coordinates accommodations, support services and auxiliary aids for qualified students with disabilities and qualified employees with disabilities. (757) 727-5493 http://www.hamptonu.edu/compliance/

#### **Hollins University**

Provides and coordinates accommodations, support services and auxiliary aids for qualified students with disabilities and qualified employees with disabilities. http://www.hollins.edu/academics/learning/

#### **Roanoke College**

Disability Support Services 221 College Lane Salem, VA 24153 Phone: 540-375-2247 Fax: 540-375-2485 robers@roanoke.edu

**State Council of Higher Education** 

http://www.schev.edu/students/collegeListAlphat.asp

# I'm Determined

The I'm Determined project, a state directed project funded by the Virginia Department of Education, focuses on providing direct instruction, models, and opportunities to practice skills associated with self-determined behavior. This project facilitates youth, especially those with disabilities to undertake a measure of control in their lives.

http://www.imdetermined.org/

I'm Determined Transition Guide -http://www.imdetermined.org/transition\_guide/

### Seattle Children's Hospital | Center for Children with Special Needs (CSHCN)

The Seattle Children's Center for Special Needs offers great information for families and professionals. Their focused is on children and youth with special health needs who have physical, developmental, behavioral or emotional conditions.

http://cshcn.org/

### **Transition to Adult Healthcare for Teens**

http://cshcn.org/planning-record-keeping/plan-healthcare-transition-teens

### **Adolescent Transition Project**

Adolescent Transition Project is a resource for teens and young adults with tools, checklists and information on websites to help one transition into adulthood. http://depts.washington.edu/healthtr/resources/index.html

### **Transition Coalition**

Learn about the transition process by viewing webinars, tools, resources and much more! <a href="http://transitioncoalition.org/transition/">http://transitioncoalition.org/transition/</a>

#### <u>University of Washington Disabilities, Opportunities, Internetworking, and Technology</u> (DO IT)

DO IT hosts programs and projects for pre-college and college students with disabilities and advocates, veterans, educators, administrators and employees. Offers information on scholarships, transition, college preparation, accommodation strategies, employment, etc... http://www.washington.edu/doit/

## Think College

College options for people with disabilities. One can find colleges, resources, watch videos, listen to webinars and learn a lot. http://www.thinkcollege.net/

#### Virginia Department of Education – Transition Services Disabilities

VDOE's Transition Services website provides support, information and resources designed to improve the outcomes of students with disabilities in transition from middle / secondary education to postsecondary education and employment.

http://www.doe.virginia.gov/special\_ed/transition\_svcs/

### **VCU Center on Transition**

Offers information to support youth with disabilities achieve their full potential as they transition into adulthood.

http://www.centerontransition.org/

# **Dude, Where's My Transition Plan**

This booklet has good information to start planning early working on a transition plan.

http://www.peatc.org//Fact%20Sheets/parent/Dude%20Wheres%20my%20Transition%20Plan%20final%20Nov%202014.pdf

# **Employment | Vocational Services**

#### Department of Aging and Rehabilitative Services (DARS)

Assists with transitional, vocational and job placement skills, career counseling, vocational evaluation, job training options, job placement, retention and follow up, assistive technology and community-based services. 351 Hershberger Road, Suite 205 Roanoke, VA 24012 Phone: (540) 204-9725 FAX: (540) 776-2722 http://www.vadrs.org/ http://www.vadars.org/transitionservices.htm

### **Employment Services Organizations (ESO) in Virginia**

Some offer individual supported situational assessment, job coach training services, prevocational training, independent living skills training and long term jobs. http://www.vadrs.org/essp/esolist.aspx

#### **Goodwill of the Valleys**

Goodwill Work and Training Services assist <u>youth</u>, <u>adults</u>, and <u>older workers</u> in overcoming barriers to employment and achieving a level of independence to participate more fully in life. Phone: 540-581-0620, Options 4 2502 Melrose Avenue, NW - Suite A Roanoke, VA 24017

http://www.goodwillvalleys.com/

### Wilson Workforce and Rehabilitation Center's (WWRC)

WWRC a comprehensive rehabilitation center that offers people with disabilities a unique combination of <u>vocational</u>, <u>medical</u>, <u>psychological</u>, <u>residential</u>, and <u>recreational</u> programs and services.

243 Woodrow Wilson Avenue Fishersville VA 22939

Phone: 540-332-7000 or Toll – Free: 800-345-9972 http://www.wwrc.net/pert.htm
#### Virginia Department for the Blind and Vision Impaired (DBVI)

DBVI assists Virginia's citizens who are blind, deafblind or vision impaired in achieving their maximum level of employment, education, and personal independence. They provide vocational evaluations, job training, job development, placement, follow-up and other services are provided to assist consumers in obtaining jobs in the public and private sectors. DBVI serves people of all ages.

540.561-7442 http://www.vdbvi.org/

#### **Career Support Systems Incorporated**

Career Support Systems Incorporated is a private, nationally accredited provider of communitybased employment and support services for people with complex barriers to employment. **Toll Free:** 877-889-1727 http://www.careersupport.net/

#### Stand Up, Inc.

Independent Living Skills Instruction, Pre-Vocational Training, Situational Assessments, Job Development, Job Coaching and Training Follow Along Services, Transition Services, Medicaid Services http://www.standup-inc.com 1928 Thompson Dr., Suite # 1 Lynchburg, VA 24501 Phone: 434-455-2447

Serving: Lynchburg, Amherst, Brookneal, Forest, Madison Heights, Altavista, Appomattox, Bedford, Gladstone, Rustburg, Roanoke, Blacksburg, Christiansburg, Daleville, Dublin, Elliston, Hardy, Hollins, Moneta, Montvale, Pembroke, Radford, Rocky Mount, Salem, Vinton, Collinsville, Danville, Farmville, Martinsville, Ridgeway, South Boston, Stuart, Abingdon, Bristol, Galax, Independence, Marion, Wytheville, Pounding Mill, Richlands

#### Jackson River Enterprises, Inc.

Extended employment services, individual & supported group employment, job coach, training services, work adjustment training, situational assessment, follow along with transportation. 825 West Edgemont Drive Covington, VA 24426 Phone: 540-962-3441 Serving: Covington, Clifton Forge, Iron Gate, Selma, Low Moor, Alleghany, Bath and Highland Counties.

www.jacksonriverenterprises.com

#### **Rockbridge Area Occupational Center**

Provide people with disabilities the opportunity to experience employment in a qualitycontrolled business setting that emphasizes economic, social, and cultural fulfillment.

913 Sycamore Avenue Buena Vista, VA 24416 Phone: 540-261-6159 Serves: Buena Vista City, Lexington City and Rockbridge County http://raoc.org/

#### VCU Center for Family Involvement

The Center for Family Involvement works with families to increase their skills as advocates, mentors and leaders so that families, children and young adults with disabilities can lead the lives they want. Has lots of great information and publications. https://centerforfamilyinvolvement.vcu.edu/

Where Should I Begin? Resources for Finding Support to Obtain Employment http://www.personcenteredpractices.org/pdfs/i want to work.pdf

# Family Support | Parenting Classes

## Love and Logic on the Web

Love & Logic are classes for parents of preschoolers and toddlers. This program offers a variety of simple and effective strategies for parenting children birth to adulthood.

https://www.loveandlogic.com/parents/faq

## Blue Ridge Parenting & Consulting – Becoming a Love & Logic Parent

The strategies and techniques learned in the general Love and Logic class can be used for toddlers, preschoolers, elementary-aged children, pre-teen, and teens (540) 929-0104 www.blueridgeparenting.com

## **Children's Trust Roanoke Valley**

Parent education is offered -Systematic Training for Effective Parenting (STEP) STEP for parents of children 1 – 6 years STEP for parents of children 6 – 12 year olds Nurturing Skills for Teen Parents 541 Luck Ave., Suite 308 Roanoke, VA 24016 Phone: 540-344-3579 <u>http://www.roact.org/</u> <u>http://www.roact.org/programs/children-first-parent-education/</u>

## Family Affairs: Parents Forever Online

Provides Court approved online co-parenting classes for separating and divorcing families or families in transition. http://www.familyaffairs.org/index.html

## Life Matters (Parenting Teens) Online

Classes are age-specific, fulfill court ordered parenting requirements, free certificates, help improve parenting skills and use the powerful, practical parenting style based on Positive Discipline.

http://www.lifematters.com/

# Family Support | Informational Resources

#### Arc of Virginia

The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Website: http://www.thearcofva.org/

#### Parent Education Advocacy Training Center (PEATC)

Virginia's State Training Center - Provide training and information to parents of infants, toddlers, children, and youth with disabilities and to people who work with parents to enable them to participate more fully and effectively with professionals in meeting the educational needs of their children with disabilities.

Website: http://www.peatc.org/

#### **Medical Home Plus Online**

Medical Home Plus empowers families by supporting them through education, advocating, prevention and resource coordination. Phone: 804-330-5030 Family Resource Center (877) 264-8366 Website: www.medhomeplus.org or @ info@medhomeplus.org

## VCU Center for Family Involvement

A statewide **Family to Family Health Information and Education Center**, provides Support to families of children and young adults with disabilities and special health care needs. They offer, 1:1 emotional, informational and disability and community services and systems navigational support, Family-friendly information and resource referrals on topics such as special education and early intervention services, health care and related financing (such as private insurance, TriCare and Medicaid), disability services, and other community resources. Has great resource information.

Phone: (877) 567-1122 or email: Nickie Brandenburger at: <u>tnbrandenburg@vcu.edu</u> Website: http://centerforfamilyinvolvement.vcu.edu/family-to-family-network/

## Taking Action for Special Kids (TASK)

TASK help's families' of special needs children get the services they need by providing information, referrals, support groups, workshops and advocacy.

P O Box 877

North Tazewell, VA 24630

Phone: 276-979-0408

Website: http://taskforkids.org/

# Parent to Parent of Virginia (PTPofVA)

PTPofVA offers: emotional support and understanding, coping skills and a model of positive family integration of children with disabilities, information about services, support programs and advocacy organizations, and introduction and access to people and groups who share their concerns and interests and who can help meet their needs, as well as those of their children.

P.O. Box 38341 Richmond, VA 23231 Website: http://ptpofva.wordpress.com/about-2/ or email: PTPofVA@aol.com

# LD Online

LD Online offers great up-to-date information on learning disabilities and ADHD. Information Individualized Education Programs, 504 Plans, kindergarten readiness and lots of other information.

Website: http://www.ldonline.org/

## **PBS Parents**

PBS Parents has information on child development, education, games, birthday parties, videos, recipes and so much more! Website: http://www.pbs.org/parents/

# KidsHealth.org

At KidsHealth.org, learn about children's health and development. A great resource for kids, teens, and parents to learn about school and family life, education, diseases, recipes, emotions and behavior, health and fitness...and lots more.

Website: http://kidshealth.org/parent/

## Medline Plus Listing of Children and Teens Topics

MedlinePlus is the National Institutes of Health's Web site for patients and their families. The National Library of Medicine, is the world's largest medical library, brings you information about diseases, conditions, and wellness issues in language you can understand.

Website: http://www.nlm.nih.gov/medlineplus/childrenandteenagers.html

# **Celebrating Special Children**

Celebrating Special Children holds a wealth of information making sure people with disabilities in Virginia reaches their fullest potential. Their website has community resources, newsletters, and events calendar and disability news.

Website: http://www.celebratingspecialchildren.org/

## **Children's Disability Information**

This site has essential articles and resources for parents of children with disabilities (unsure if it's been updated lately).

Website: http://www.childrensdisabilities.info/

# Wrights Law – Peter and Pamela Wright

Find reliable information when it comes to laws regarding education, special education, and advocacy for children with disabilities. They also offer a great newsletter and training programs around the country, check out their website.

Website: http://www.wrightslaw.com/

# Wrights Law Yellow Pages for Kids with Disabilities

Find listings for educational consultants, therapists, psychologists, tutors, advocates, attorneys, support groups, etc... <u>http://www.yellowpagesforkids.com/</u>

- Yellow Pages for Kids Virginia http://www.yellowpagesforkids.com/help/va.htm
- Yellow Pages for Kids National Disabilities Organizations & Information Groups -

http://www.yellowpagesforkids.com/help/dis.orgs.htm

## **Brave Kids**

Brave Kids, a new initiative of United Cerebral Palsy (UCP), serves children with disabilities and chronic/life-threatening illnesses by providing a support community, information and resources on numerous medical conditions like genetic diseases, autism, cancer, cerebral palsy, etc... They also offer directory of information of interest to parents of children, ages 6-17, with disabilities and/or chronic/life-threatening illness and a social networking community that links parents and caregivers to others raising children with disabilities and/or a chronic/life-threatening illness.

Website: http://www.bravekids.org/

## **StopBullying.gov**

Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Both kids who are bullied and who bully others may have serious, lasting problems.

Website: http://www.stopbullying.gov/what-is-bullying/

## Pacer's National Bullying Prevention Center

Offers information, handout sheets, book club, and students with disabilities ...

Website: http://www.pacer.org/bullying/resources/info-facts.asp

## KidsHealth.org | Dealing with Bullies

Website: http://kidshealth.org/kid/feeling/emotion/bullies.html

# Family Support | Support Groups

#### **Special Families of the Roanoke Valley**

Botetourt Community Church 180 Commons Parkway Daleville, VA Find them on Facebook @ www.facebook.com

#### Down Syndrome Association of the Roanoke Valley

The Down Syndrome Association of Roanoke, VA is made up of families, friends, professionals, and individuals with Down syndrome in Southwestern Virginia.

The Down Syndrome Association of Roanoke (DSAR) provides advocacy and recreational activities for individuals with Down syndrome as well as educational opportunities and support for their families, caregivers and the professionals who provide medical, therapeutic, and instructional services. Please contact them for meeting dates and times.

Phone: (540) 772-6460

Website: http://www.dsar.org/

## **Greater Blue Ridge Juvenile Diabetes Research Foundation**

Please contact them for meeting dates and times. Phone: 540-772-1975 Fax: 540-772-6672

Website: http://greaterblueridge.jdrf.org/

## Parent to Parent of Virginia

All of the staff of Parent to Parent of Virginia has family members with disabilities. They understand the day-to-day struggles with being a parent or grandparent and have dedicated our lives to helping others in Virginia in need. Email: PTPofVA@aol.com

Website: http://ptpofva.wordpress.com/about-2/

## **Epilepsy Foundation of Virginia**

Find Epilepsy support group meetings around Virginia.

Website: http://www.efva.org/events.htm

#### **Roanoke Epilepsy Support Group**

Where: Riverside Clinic, 2nd Floor Conference Room 2A

540-314-8688 or email Kay Hornsby

Website: http://www.efva.org/events.htm

#### National Alliance on Mental Illness (NAMI)

NAMI provides support, education, and advocacy for individuals and families in Virginia affected by mental illness.

Phone: 804-285-8264

HelpLine: 1-888-486-8264

Website: http://namivirginia.org/

#### **Brain Injury Association of Virginia**

Find a support group in your area @

Roanoke support group, please contact: Jore Garrett Phone: (540) 353-3178 Email: jore@boonesmill.net

Website: http://www.biav.net/Default.aspx?CCID=6783&FID=39104&ExcludeBoolFalse=True&Pag eID=3812689

# **Family Support | Respite**

## National Respite Network and Resource Center – ARCH

The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs in the United States; to help families locate respite and crisis care services in their communities; and to serve as a strong voice for respite in all forums.

Respite Locator @ http://archrespite.org/respite-locator-state-search/239-virginia-search

## <u>Friday Night Friends – Roanoke</u>

Friday Night Friends is a respite/recreational program designed specifically for those with special needs. The <u>Roanoke Valley Baptist Association</u> and other special needs organizations have joined forces to make this monthly event a success. Care is provided by volunteer medical students, nurses, and members of the community under the supervision of a doctor.

Friday Night Friends meets the fourth Friday of every month at the Cave Spring Baptist Church Family Life Center from 6:30 – 9: 00 P.M (540) 890-1244 Website: http://www.fnfroanoke.org/

## **Friday Night Friends**

Care is provided at Fieldstone United Methodist Church in Blacksburg by volunteer medical students, nurses, and members of the community under the supervision of a doctor. There is no age limit for this service. They also provide care for the siblings of our special needs children. Applications are available under the 'Applications' tab (please be sure to choose Virginia program).

Fieldstone United Methodist Church Blacksburg, VA 24060 Phone: Elizabeth Gersuk at (972) 984 0862 or Karen Hanson at (540) 382 7856 Website: http://www.fnfroanoke.org/

## The Virginia Lifespan Respite Voucher Program

This respite program provides reimbursement vouchers to home-based caregivers for the cost of temporary, short-term respite care provided to individuals of any age with a disability or special need (children and adults, including elderly persons).

Virginia Department for Aging and Rehabilitative Services (DARS), Virginia Division for the Aging 1610 Forest Avenue, Suite 100 Henrico, VA 23229 Phone: Toll - free: 1-800-552-5019 or 804-662-7505 or e-mail Email: mary.strawderman@dars.virginia.gov

#### Link to Voucher information:

http://www.vda.virginia.gov/pdfdocs/respite/VirginiaLifespanRespiteVoucherProgramOve rview.pdf

#### **Camp Virginia Jaycees**

Camp Virginia Jaycees offer respite weekends in the spring and fall designed to give family members a much needed break. Campers will experience many of the same activities during summer session with a smaller more intimate format. These weekends are suitable for ages 5 and up.

Camp Jaycee Road, Blue Ridge, VA 24064, USA

540-947-2972 or info@campvajc.org

Website: http://www.campvajc.org/

## **DePaul Family Services**

Respite services are available to both children and adults. The individual must have a diagnosis of a developmental disability (Down syndrome, autism, cerebral palsy, etc.) or an intellectual disability (formerly referred to as mental retardation). Individuals with serious medical and behavioral issues are assessed on a case-by-case basis for eligibility. Phone: 888-233-7285

Website: http://www.depaulcr.org/developmental-disabilities/respite-care-services/

## Virginia Medicaid Web Portal

Find respite and other providers at this portal.

https://www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders

# **Family Support | Financial Resources**

## The Assistance Fund

The Assistance Fund provides critically or chronically ill individuals with access to advanced therapies through a continuum of services and programs, including education and financial aid.

Website: https://theassistancefund.org/

#### **CommonHelp**

Apply for both health and financial benefits.

Website: https://commonhelp.virginia.gov/access/

#### **Community Action**

Community Action Centers offers programs such as Head Start, job training, housing, food banks, energy assistance, and financial education. Each community action tailors their services to meet the needs of the individuals and communities they serve. Locate a Community Action in Virginia @

http://www.communityactionpartnership.com/index.php?option=com\_spreadsheets&view =results&spreadsheet\_id=129&keywords=state:Virginia&limit=25&limitstart=0

## **Total Action for Progress (TAP)**

TAP is a community action center that offers over thirty programs focused on the areas of education and career development, housing and community solutions and economic and community development.302 2nd Street SW Roanoke, VA 24011 Phone 540-777-HOPE https://www.tapintohope.org/#

## **GoodDays (formerly Chronic Disease Fund)**

They help patients suffering from chronic medical conditions who have limited financial means get access to the medications they need.

Website: http://www.gooddaysfromcdf.org/

Diseases and medications covered at this link <a href="http://www.gooddaysfromcdf.org/apply/">http://www.gooddaysfromcdf.org/apply/</a>

#### **United Healthcare Children's Foundation**

The Foundation provides financial assistance to families of children whose commercial insurance coverage does not fully cover the cost of treatment. 1 (855-698-4223) Website: <u>http://www.uhccf.org/</u>

#### America Mobility Superstore, Inc. (AMS)

AMS offers van conversions, handicap van rentals, opportunities to sell minivans or accessible vehicles direct through them or online classifieds, mobility equipment sales plus installation, can also trade in your current vehicle (adaptive or unmodified). AMS offers funding information for vans and modifications.

Website: http://www.amsvans.com/financing-handicap-vans

#### **BraunAbility**

Has dealerships across the country that sells wheel chair vans and specializes in funding and van modifications.

Website: http://www.braunability.com/ .

#### Assistive Technology Loan Fund Authority (ATLFA)

Our mission is to provide alternative funding resources for Virginians with disabilities to acquire assistive technology that can enhance their independence and improve their quality of life. Phone: 804-662-9000 or Toll-Free: 866-835- 5976

Website: www.atlfa.org

#### **AUDIENT**

Audient helps low income people nationwide access quality hearing aids and related care at a significantly lower cost. Audient income qualifies families to be eligible for a discount on brand name hearing aids available through the Audient Alliance's national network of dedicated hearing care providers.

Phone: Toll-Free at: 1-866-956-5400 x2 Website: www.audientalliance.org

#### Foundation for Sight & Sound

Foundation for Sight and Sound is proud to offer the Help America Hear Program which provides NEW high quality hearing aids Nationwide to men, women, and children with limited

Phone: (631) 366-3461 Website: www.foundationforsightandsound.org

#### **Patient Advocate Foundation**

Patient Advocate Foundation's Patient Services provides patients with arbitration, mediation and negotiation to settle issues with access to care, medical debt, and job retention related to their illness.

421 Butler Farm Road Hampton, VA 23666 Phone: (800) 532-5274Fax: (757) 873-8999 Website: <u>http://www.patientadvocate.org/index.php</u> Link to Resources: <u>http://www.patientadvocate.org/resources.php</u>

#### Alexander Graham Bell Association for the Deaf and Hard of Hearing

Through advocacy, education, research and financial aid, AG Bell helps to ensure that every child and adult with hearing loss has the opportunity to listen, talk and thrive in mainstream society. This program offers financial aid and scholarships. Website: http://www.betterhearing.org/sites/default/files/hearingpedia-resources/Financial Assistance for Hearing Aids.pdf

## **First Hand Foundation**

First Hand Foundation is a nonprofit organization that helps children with health-related needs when insurance and other financial resources have been exhausted. Some of the things they can assist with: clinical procedures, medicine, therapy, prosthesis, equipment, wheelchairs, assistive technology equipment, care devices, hearing aids, etc. Phone: 816-201-1569

Website: www.Firsthandfoundation.org

## The Hike Fund

The purpose of the Fund is to provide hearing devices for children with hearing losses between the ages of newborn and twenty years whose parents are unable to meet this special need financially. An estimated 100 children are provided with hearing devices each yea
Website: <a href="http://www.thehikefund.org/">http://www.thehikefund.org/</a>

## **Miracle Ear-Foundation**

Supports underserved Americans with a limited income and no other resources for hearing aids, such as insurance, Medicaid, VA, or other state or federal programs.

Website: <u>https://www.miracle-ear.com/en-us/</u>

Eligibility - http://www.miracle-ear.com/en-us/miracle-ear-foundation/Eligibility

# **Family Support | Medical Resources | Rare Diseases**

#### Kids Health from Nemours

A great resource for kids, teens, and parents to learn about medical conditions, health issues, safety and development. Website: http://kidshealth.org/parent/medical/

#### March of Dimes Rare Birth Defects

Their mission is to help moms have full-term pregnancies and healthy babies. If something goes wrong, they offer information and comfort to families. They research the problems that threaten our babies and work on preventing them.

Website: http://www.marchofdimes.org/baby/rare-birth-defects.aspx

#### **Medline Plus**

MedlinePlus offers reliable, up-to-date health information, anytime, anywhere, and for free.

You can use MedlinePlus to learn about the latest treatments, look up information on a drug or supplement, find out the meanings of words, or view medical videos or illustrations. You can also get links to the latest medical research on your topic or find out about clinical trials on a disease or condition.

Website: http://www.nlm.nih.gov/medlineplus/
• Children and Teens - Topics and Conditions
http://www.nlm.nih.gov/medlineplus/childrenandteenagers.html

• Link to Children's Page: http://www.nlm.nih.gov/medlineplus/childrenspage.html

• Link to Teen's Page: http://www.nlm.nih.gov/medlineplus/teenspage.html

## <u>WebMD</u>

WebMD provides valuable health information, tools for managing your health, and support to those who seek information.

Website: http://www.webmd.com/

Link to Health Topics - A-Z <u>http://www.webmd.com/a-to-z-guides/common-topics/default.htm</u>

#### Social Security Administration Compassionate Allowances

Social Security has an obligation to provide benefits quickly to applicants whose medical conditions are so serious that their conditions obviously meet disability standards. It's a way of quickly identifying diseases and other medical conditions that invariably qualify under the Listing of Impairments based on minimal objective medical information. Website: http://www.ssa.gov/compassionateallowances/conditions.htm

## The National Organization for Rare Disorders (NORD)

Website: http://rarediseases.org/

Link to Rare disease information for families and patients - <u>http://rarediseases.org/for-patients-and-families/information-resources/rare-disease-information/</u>

## National Institute for Health (NIH) Genetic and Rare Diseases

Browse diseases A – Z, 0 - 9 Website: <u>http://rarediseases.info.nih.gov/</u>

## **Genetics Home Reference**

Your Guide to Understanding Genetic Conditions Website: <u>http://ghr.nlm.nih.gov/</u>

# Virginia Association Free Clinic

Website: <u>http://www.vafreeclinics.org/find-clinic/</u> National Association Free and Charitable Clinics <u>http://nafcclinics.org/clinics/search</u>

## **Community Health Centers**

Community Health Centers provide care even if you have no health insurance. You pay what you can afford, based on your income. Health centers provide: well checkups, sick care, pregnancy care, immunizations and checkups for children, dental care and prescription drugs, mental health and substance abuse care.

Find a Community Health Center by zip code at: <u>http://bphc.hrsa.gov/about/</u>

## **Children's Hospitals Directory**

Find Children's Hospitals in every state. Website: <u>https://www.childrenshospitals.org/Directories</u>

# **Caring Bridge**

CaringBridge transforms your personal connections into support when you need it most. By creating a free CaringBridge website, people in a time of need can share updates, photos and videos, connecting with friends and family who care and want to help.

Website: <u>www.caringbridge.org</u> Link to Caring Bridge Benefits <u>http://www.caringbridge.org/about-us/benefits</u>

# **Home Care / Durable Medical Equipment**

## Care.com

Find personal care, childcare and other services. Website: <u>www.Care.com</u>

## CareLookup.com

Find durable medical equipment, home health providers, hospitals, behavioral healthcare, etc... Website: <u>http://carelookup.com/</u>

## PCG Public Partnership - Provider Directory

PCG offers a directory for participants that use Consumer Directed Services to find companion, personal care and respite service providers. Website: <u>https://connect.publicpartnerships.com/va/login.aspx</u>

## Foundation for Rehabilitation Equipment & Endowment (FREE) of Lynchburg

Collects, sanitizes, repairs and gifts donated mobility equipment to uninsured and underinsured adults in Virginia. Phone: 434- 846-3733 Website: http://www.free-foundation.org/lynchburg

## Foundation for Rehabilitation Equipment & Endowment (FREE) Roanoke Valley

Collects, sanitizes, repairs and gifts donated mobility equipment to uninsured and underinsured adults in Virginia. Phone: 540-777-4929 Website: <u>http://www.free-foundation.org/roanoke</u> <u>http://www.free-foundation.org/</u>

# Department of Medical Assistance Services Medicaid Long-Term Care and Waiver Site

LTC Division of Medicaid - fact sheets and related documents. http://www.dmas.virginia.gov/Content\_pgs/ltc-home.aspx

## The Arc of Virginia

The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Website: http://www.thearcofva.org/

## The Arc of Virginia – Medicaid Waivers

Explains all of the Medicaid Waivers Link: <u>http://www.thearcofva.org/resources-services/medicaid-waivers/</u>

## Virginia Medicaid Web Portal

Find equipment, personal aides, respite and other providers at this site: Link: https://www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders

## 2013 VDH Directory of Home Care Providers in VA

Link:

http://www.vdh.virginia.gov/OLC/Facilities/documents/2012/pdf/2012%20HCO%20public %20directory.pdf (may have to copy & paste).

# **Interim Health Care**

Phone: (540) 774-8686 Website: <u>http://www.interimhealthcare.com/</u> Roanoke / Salem: <u>http://www.interimhealthcare.com/roanoke/our-services</u>

# Maxim Healthcare Services in VA

Maxim provides home health care, pediatric homecare, respite care, intermittent care, and companion services. Phone: (540) 725-1572 Fax: (866) 941-4331 Email: <u>Roanoke@maxhealth.com</u> Website: <u>http://www.maximhomecare.com/locations/VA/</u>

#### Team Nurse

Team Nurse provides home care through: Companions, Certified Nurses Aide (CNAs), Nurse Aides (NAs), Personal Care Aides (PCAs), Registered Nurses (RNs), Licensed Practical Nurses (LPNs), Offer Personal Care Aide, Certification Class **Website:** <u>http://teamnurse.com/</u>

#### **Scarlett Haven Nursing Care**

1346 Old Bridge Road Suite 100 Woodbridge, VA 22192 Phone: 703.490.1197 Fax: 703.890.3122 Website: <u>http://scarlethaven.com/</u> Link to Pediatrics http://scarlethaven.com/pediatric-care/

#### **Moms in Motion**

Moms in Motion offer case management services for ID and DD Waivers, EDCD facilitators and can do EPSDT assessments. Also offers a great newsletter. **Website:** <u>http://momsinmotion.net/#</u>

#### Patient Advocate Foundation (PAF)

Patient Advocate Foundation non-profit organization which provides professional case management services to Americans with chronic, life threatening and debilitating illnesses. PAF case managers serve as active liaisons between the patient and their insurer, employer and/or creditors to resolve insurance, job retention and/or debt crisis matters as they relate to their diagnosis also assisted by doctors and healthcare attorneys. Has very helpful information on their site.

Website: http://patientadvocate.org/

Resource Link http://www.patientadvocate.org/resources.php

National Financial Resource Directory http://www.patientadvocate.org/NURD/index2.php?application=financial

PAF Pediatric Patient Resource Center http://patientadvocate.org/index.php?p=533

# Housing

# **U. S. Department of Housing and Urban Development (HUD)**

Find public housing, home renting and buying, along with other housing information. **Website:** <u>http://portal.hud.gov/hudportal/HUD</u>

Virginia Public Housing\_@ http://portal.hud.gov/hudportal/HUD?src=/states/virginia/renting/hawebsites

#### Virginia Housing and Development Authority

Homeownership Education, Home Loans for Veterans and Members of the U.S. Military, Accessible Rental Housing, Housing Choice Voucher Program, and lots more. 1-877-843-2123 Website: www.vhda.com

Learn more about accessible **rental housing** information for renters at this link <u>http://www.vhda.com/Renters/Pages/AccessibleRentalHousing.aspx</u>

## **VHDA Home Buyers Class**

VHDA Homebuyers class for first time homebuyers @ http://www.vhda.com/Homebuyers/HomeownershipEdu/Pages/HomeownershipEdu.aspx#. Ux37685aRIA

## **Roanoke Redevelopment and Housing Authority**

2624 Salem Turnpike, N.W. Roanoke, Virginia 24017 Phone: (540) 983-9281 Email: <u>info@rkehousing.org</u> Website: <u>http://rkehousing.org/</u>

## Find the Best, Inc

Find low income housing. Website: <u>http://low-income-housing.findthebest.com/d/d/Virginia/Roanoke</u>

#### VirginiaHousingSearch.com

This is a search site for both tenants to find housing and landlords to post properties. Website: <u>http://www.virginiahousingsearch.com/</u>

## HUD

Home Repairs in Virginia Website: http://portal.hud.gov/hudportal/HUD?src=/states/virginia/homeownership/homerepairs

## Habitat for Humanity

Habitat is a nonprofit, Christian housing ministry. They believe that every person should have a decent, safe and affordable place to live. They build, renovate and repair houses all over the world using volunteer labor and donations.

Website: www.habitat.org

## Habitat of Roanoke

403 Salem Avenue Roanoke, VA 24016

Phone: 540-344-0747 Fax: 540 343-1492

Website: http://www.habitat-roanoke.org/

## Habitat Roanoke Valley ReStore

403 Salem Avenue Roanoke, VA 24016

Phone: 540-767-2267 http://www.habitat-roanoke.org/ http://habitat-roanoke.org/restore/

#### **Rebuilding Together**

Rebuilding Together has provided extensive home rehabilitation and modification services to low-income homeowners across the country for over 25 years. Website: <u>http://rebuildingtogether.org/</u> Rebuilding Together in Roanoke http://rebuildingtogetherroanoke.org/

# **Housing / Hospitality**

#### **Ronald McDonald House Chapters**

Provide housing near hospitals where families can stay while family member is in the hospital, a place that feels like home. Website: <u>http://www.rmhc.org/about-us</u>

Find a local chapter @ <u>http://www.rmhc.org/chapter-</u> search?country=United+States&state=SELECT+STATE

#### **Ronald McDonald House of Roanoke**

2224 South Jefferson Roanoke, Virginia 24014 USA Phone: 540-857-0770 **Website: <u>http://roanokeronaldmcdonald.org/</u>** 

**Ronald McDonald House in Charlottesville** 

300 9th Street SW Charlottesville, VA 22903 Office: (434) 295-1885 Fax: (434) 295-7735 Family Phone: (434) 295-6412 Website: <u>http://rmhcharlottesville.org/</u>

#### **Hospitality Homes**

Hospitality Homes is a nonprofit organization that provides short-term housing in volunteer host homes for families and friends of patients receiving medical care in the Boston area.

P.O. Box 15265 Boston, MA 02215 **Phone**: (888) 595-4678 Fax: (617) 582-7980

Email: program@hosp.org Website: http://hosp.org/

#### VCU Hospital Hospitality House

The hospital's Hospitality House provides a "home away from home" for families of MCV Hospitals' out-of-town patients. The Hospitality House also serves same-day surgery patients and their families, and outpatients receiving continuing treatment at MCV Hospitals. Visitors are asked to contribute what they can toward the nominal cost of the room. Guests must be fourteen years of age or older to stay at the Hospitality House. 612 East Marshall Street Richmond, Virginia 23219

Phone: (804) 828-6901

Link to the VCU Hospitality House <a href="http://www.vcuhealth.org/?id=269&sid=1">http://www.vcuhealth.org/?id=269&sid=1</a>

# Insurance / Medicaid / Long- Term Care

#### HealthCare.gov

This is a Healthcare Market Place for individuals and families. Website: <u>https://www.healthcare.gov</u> A quick guide to answer questions about open enrollment, get answers and apply at this link: <u>https://www.healthcare.gov/quick-guide/</u>

#### **CommonHelp Virginia**

Apply for benefits and check application status. Websites: <u>www.commonhelp.virginia.gov</u> <u>https://commonhelp.virginia.gov/access/</u>

## Cover Virginia

On this website you can learn about Virginia Medicaid and FAMIS programs for children, pregnant women and adults. You can also get information about health insurance options available through the Federal Marketplace. Website: www.coverva.org

## Virginia State Corporation Commission

The Bureau licenses, regulates, investigates and examines insurance companies, agencies and agents on behalf of the citizens of the Commonwealth of Virginia. The Bureau of Insurance also registers, examines and investigates (title) real estate settlement agents and agencies.

Mailing Address: Bureau of Insurance P.O. Box 1157 Richmond, Virginia 23218-1157 (804) 371-9741 or 1-800-552-7945 (VA Only) Website: http://www.scc.virginia.gov/boi/index.aspx

## Arc of Virginia

Learn about Medicaid Waivers and much more at this link: http://www.thearcofva.org/resources-services/medicaid-waivers/ <u>Department of Medical Assistance Services |</u> Medicaid Long term Care and Waiver Site

Website: <u>http://www.dmas.virginia.gov/Content\_pgs/ltc-home.aspx</u>

Virginia Medicaid Managed Care

Help Line 1-800-643-2273 Website: http://virginiamanagedcare.com/

Medicaid Managed Care choices:

<u>Anthem Health Keepers Plus</u>

1-800-901-0020

<u>CoventryCares of Virginia</u>

1 - 800 - 279 - 1878

• INTotal Health

1-855-323-5588

<u>Kaiser Permanente</u>

1-855-249-5025

Optima Family Care

1-800-881-2166

• <u>VAPremier</u>

Richmond/Central: 1-800-727-7536 Tidewater area: 1-800-828-7659 Roanoke: 1-888-338-4579

# **Health Information Translations**

This website provides plain language health education resources for health care professionals and others working in communities with limited English proficient populations.

This website is a collaboration of health education specialists from the four health systems in Central Ohio: The Ohio State University Wexner Medical Center, Mount Carmel Health System, OhioHealth and Nationwide Children's Hospital.

Website: https://www.healthinfotranslations.org/

Link to Pediatrics https://www.healthinfotranslations.org/topic/pediatrics/756946/

# Legal Advocacy

#### Anderson, Desimone & Greene

Works with Special Needs Trusts, Wills, Estate Planning and Guardianship. **Website:** <u>http://andersondesimone.com/special-needs-trusts/</u>

## The ARC of Virginia

The ARC of Virginia and Northern Va. has Guardianship and Trusts information. Website: <u>http://www.thearcofva.org/resources-services/guardianship/</u>

## The Arc of Northern VA

They offer a special needs trust program, information and forms. Website: <u>http://thearcofnovatrust.org/</u>

## Sheri R. Abrams, Attorney

Virginia Social Security and Virginia Special Needs Attorney. Website: <u>http://sheriabrams.com/special-needs-trusts/</u>

## **Disability Law Center**

Their mission is through zealous and effective advocacy and legal representation to: protect and advance legal, human, and civil rights of persons with disabilities; combat and prevent abuse, neglect, and discrimination; and promote independence, choice, and self-determination by persons with disabilities.

Website: http://disabilitylawva.org/

## Commonwealth Community Trust (CCT)

CCT is a national nonprofit organization that administers affordable and efficient pooled special needs trusts for people with disabilities.

Phone: 1-888-241-6039

Website: http://commonwealthcommunitytrust.org/

## Virginia Legal Aid Society

Provides legal assistance or information to low income individuals regarding: elder law, family, domestic, sexual violations, food stamps, social security, veterans, housing, etc... Website: <u>http://www.valegalaid.org/</u>

Find Legal Help @ http://www.valegalaid.org/find-legal-help

## Virginia Poverty Law Center

Virginia Poverty Law Center provides advocacy, training, and litigation support on civil justice issues that affect low-income Virginians. Website: <u>http://www.vplc.org/</u>

## Virginia State Bar Lawyer Referral Services

Website: http://www.vsb.org/vlrs/

# **Prescription Assistance**

**Prescription Assistance Program Center** 

Listing of drug companies link: <u>http://www.rxassist.org/pap-info</u>

Needy Meds Website: <u>http://www.needymeds.org/index.htm</u>

**Patient Advocate Foundation** 

Website: <u>http://patientadvocate.org/</u> Medication Assistance Link: <u>http://patientadvocate.org/index.php?p=1000</u>

#### Four Dollar (or more) Drug Lists

- Wal-Mart <a href="http://i.walmartimages.com/i/if/hmp/fusion/customer\_list.pdf">http://i.walmartimages.com/i/if/hmp/fusion/customer\_list.pdf</a>
- Kroger

http://www.4dollardrugs.com/links-to-retail-programs/national-retailers/kroger/

- Target <u>http://www.target.com/pharmacy/generics-alphabetic</u>
   Find your generic > find your generic by condition >
- Walgreen <u>http://www.walgreens.com/images/psc/VPG\_List\_Update\_01-02-2015.pdf</u> (May have to cut & paste)

• Needy Meds \$4 and above listing in Virginia http://www.needymeds.org/DiscountDrugProgram.taf?\_function=list&state=Virginia

<u>Prescriptions Outreach</u> <u>http://www.rxoutreach.com/</u> - click patients

#### **NeedyMeds**

http://www.needymeds.org/index.htm

# Carilion New River Valley Medication Assistance Program http://www.carilionclinic.org/hospitals/carilion-new-river-valley-medicalcenter/medication-assistance

# **Transportation**

#### **Carilion Pediatric Therapy Car Seat Clinic**

Special needs car seating. Any child over 1 year of age who cannot be safely positioned or secured in a standard car seat can benefit from this car seat program.

Phone: 540-985-9813

## Virginia Department of Health Safety Seat Distribution and Education Program

Free child safety seats and booster seats are available for income eligible children. Parents, foster parents and legal guardians of children who reside in Virginia may apply.

Phone: 1-800-732-8333

www.safetyseatva.org or contact your local health department

Safety Seat Distribution and Education Program Sites in Virginia <u>http://www.vdh.virginia.gov/ofhs/prevention/cps/documents/pdf/SeatDistribution\_Educatio</u> <u>nProgramSites.pdf</u>

## **Logisticare Transportation**

Logisticare provides Medicaid transportation.

www.logisticare.com

• Logisticare Downloads - instructions, tips for arranging transportation, forms, reimbursement sheets, etc... https://facilityinfo.logisticare.com/vafacility/Downloads.aspx

• Logisticare Travel Log -

https://facilityinfo.logisticare.com/Portals/226/Documents/Gas%20Reimbursement%20Tri p%20Log.pdf

#### Virginia Premier - Roanoke Office

4910 Valley View Blvd NW Suite 202 Roanoke, VA 24012-2040 540-344-8838 www.virginiapremier.com

Member Services at 800-727-7536 to schedule transportation.

**Department of Medical Assistance Transportation Contacts** – Virginia Medicaid Fee-for-Service (FFS), Managed Care Organization (MCO) and Commonwealth Coordinated Care (CCC)

#### **Non-Emergency Transportation Toll Free Contact Telephone Numbers**

http://dmasva.dmas.virginia.gov/Content\_atchs/mc/2014%2011-02%20FFS%20and%20MCO%20Transportation%20Contact%20Telephone%20Numbers%20an d%20Map%20(4).pdf

#### Virginia Department of Rail and Public Transportation – in cities across Virginia

http://www.drpt.virginia.gov/ - go to "select transportation."

#### Air Travel

http://www.angelflighteast.org/aboutus.html

http://www.childrensflightofhope.org/

http://aircharitynetwork.org/

http://www.wingsflight.org/

http://www.angelflightmidatlantic.org/

**National Mobility Equipment Dealers Association** 

http://www.nmeda.com/about/

http://www.nmeda.com/how-to-buy/financing/



Thank you for using the Roanoke Area Care Connection for Children 2015 Resource Directory.

Please contact B. Taylor at: <u>bktaylor1@carilionclinic.org</u> if links are no longer working. PDF links may need to be cut and pasted.

If you would like more information about our services, please call Toll-Free: 1-866-906-2999 or 540-985-8470. You can also find us on Facebook @ www.facebook.com/roanokecareconnection.