

# CURRICULUM VITAE

**NAME:** Robert Lee Trestman, Ph.D., M.D.

**MAILING ADDRESS:** Carilion Clinic, 2017 S Jefferson St, Roanoke VA 24014  
**TELEPHONE:** 540-981-8597 **E-MAIL:** rltrestman@carilionclinic.org

**PLACE OF BIRTH:** New Orleans, Louisiana **CITIZENSHIP:** U.S.A.

**CURRENT POSITIONS:** **Chair of Psychiatry and Behavioral Medicine**  
**Carilion Clinic and Virginia Tech Carilion School of Medicine**  
2017 S Jefferson St., Roanoke VA 24014

**EDUCATION:**  
9/1971-12/1974 B.S. (Chemistry and Psychology), Carnegie- Mellon University; Pittsburgh PA  
9/1977-8/1981 Ph.D. (Experimental Psychology), University of Tennessee, Knoxville TN  
9/1981-6/1985 M.D., University of Tennessee Health Sciences Center, Memphis TN

**POSTDOCTORAL TRAINING:**  
7/1985-6/1986 Internship, Mount Sinai Hospital, New York NY  
7/1986-6/1989 Resident in Psychiatry, Mount Sinai Hospital, New York, NY  
7/1988-6/1990 Veterans Administration Research Psychiatrist Trainee  
Bronx VAMC and Mount Sinai Hospital, New York NY

**BOARD CERTIFICATION:** 1992, Lifelong, ABPN Certificate # 36487

**h-index** **47 (as of August 29, 2022)**

**LICENSURE:** July 1986- June 2000 New York State #166702  
February, 1999-2017 Connecticut #03748  
March 2017- present Virginia #101262060; DEA # FT6638374  
June 4, 2020- present North Carolina #259026

**Select Recent HONORS:**  
2012-2015 Expert Panel Member, Justice and Health Data Exchange Initiative, Vera Institute for Justice  
2012-2016 Board Secretary, Academic Consortium for Criminal Justice Health  
2013 Co-Chair, 6th Annual Academic and Health Policy Conference on Correctional Health Care, Chicago IL, March 2013  
2015- Member, Board of Directors, American Academy of Psychiatry and the Law Institute  
2015- Chair of the Research Committee, American Academy of Psychiatry and the Law Institute for Education and Research  
2016 APA and AAPL, Manfred S. Guttmacher Award  
2020 Alpha Omega Alpha Honor Society  
2020 NAMI Exemplary Psychiatrist Award  
2020 Harry Stack Sullivan Award Lecturer at Sheppard Pratt

**ACADEMIC APPOINTMENTS: Active**  
4/2017 *Professor of Psychiatry*  
Virginia Tech Carilion School of Medicine  
3/2018 Virginia Tech Faculty of Health Sciences (FHS).

**HOSPITAL & CLINICAL APPOINTMENTS: Active**  
4/2017 – present Carilion Clinic

**PROFESSIONAL SOCIETIES:** American Psychiatric Association, Life Fellow  
American Medical Association  
American Academy of Psychiatry and the Law  
American Hospital Association

**Current EDITORIAL BOARD:** *Carilion Medicine Magazine*

**CURRENT GRANT SUPPORT:**

2018-2025	Center for Translational Research in Health Behavior Pilot Feasibility Primary Investigator: \$32,000
2019-Present	NIAAA; Remote Monitoring of Alcohol and Cigarette Use to Facilitate Polysubstance Abstinence Reinforcement – Co-Investigator
2022-2024	National Institutes of Health, “The integrated Translational Health Research Institute of Virginia (iTHRIV): Using Data to Improve Health” Co-PI: \$447,828

**GRANT REVIEW PANELS: Since 2016**

2016-2018	National Institute of Mental Health
2017-2021	AIER grant reviews
2019	American Academy of Psychiatry and the Law
2019-2020	Agency for Healthcare Research and Quality
2021-	iTHRIVE Grant Reviewer

**Select CURRENT COMMITTEE WORK**

**Local:**

2017-	Member, Carilion Clinic Board of Governors
2019-	Member, Carilion Clinic Board of Next Generation ACO
2019-	Member, Carilion Clinic Board Physician Magazine Editorial Advisory Panel
2019-	Member, Mytonomy Steering Committee
2020-	Co-Chair, Carilion Clinic Addiction Taskforce
2021	Chair Representative, Carilion Clinic Graduate Medical Education Committee (GMEC)
2022-	Chair, Bradley Free Clinic, Behavioral Health Advisory Committee
2021-	Member, Dissertation Committee for Devin Tomlinson

**Regional:**

2019-	Member, iTHRIV-Translational Health Research Institute of Virginia
2021-	Site PI and Member, iTHRIV-SAB-Translational Health Research Institute of Virginia- Scientific Advisory Board

**National:**

2017-	Member, AACDP-American Association of Chairs of Departments of Psychiatry
2018-	Member, American Hospital Association’s Board of Trustees Liaison to the Committees of The American Psychiatric Association
2019-	Chair, AACDP Clinical Enterprise Committee
2020-	Chairperson, APA Council on Healthcare Systems and Financing
2020-	Member, American Hospital Association Behavioral Health Council

**CURRENT COMMUNITY SERVICE:**

2018-	Member, Roanoke Valley Collective Response
2018-	Member, Healthy Roanoke Valley
2020-	Expert Consultant, Western Virginia Division, US District Drug Court

**Recent INVITED PRESENTATIONS:**

264. APA Media Request, Kaiser Health News, Surprise Billing (No Surprises Act), January 19, 2022.
265. JAMA, Medical News Today, Study- (“Association of Major Depressive Symptoms with Endorsement of COVID-19 Vaccine Misinformation Among US Adults,” January 21, 2022.
266. WSLS 10 News, Raising Awareness – Suicide (Miss USA 2019, Cheslie Kryst), January 31, 2022neurology
267. KHN, Mental Health Therapists Seek Exemption From Part of Law to Ban Surprise Billing, February 3, 2022.
268. ARC-RV Presentation – Carilion Clinic Addiction Taskforce, March 2, 2022.
269. Big Lick of Science Podcast, Interview for American Society for Neurochemistry’s (ASN) annual meeting, recorded March 4, 2022.
270. Carilion Spring Symposium, Telemedicine: The Promise and the Reality, March 25, 2022.

271. Federal Drug Court: The Human Impact, Panel, Shenandoah Club, Roanoke VA March 28, 2022.
272. Virginia Bio THRIVE 2022 Conference, Resilience, Panel, April 28, 2022.
273. WSJ Article – quoted – Payton Gendron, Accused Buffalo Shooter, Was Deemed Not a Threat in Mental-Health Evaluation Last Year, May 19, 2022.
274. WSLS – Mental Health Hotline as it pertains to Roanoke Valley/NRV, June 8, 2022.
275. HealthDay, The 988 Mental Health Hotline Is Coming. Is America Ready? Online article, June 8, 2022.
276. The New York Times, What is 988? What to Know About the New Mental Health Crisis Hotline, July 12, 2022. [What is 988? What to Know About the New Mental Health Crisis Hotline - The New York Times \(nytimes.com\)](https://www.nytimes.com/2022/07/12/health/988-mental-health-hotline.html)
277. Kaiser Health News – quoted- Long Wait for Justice: People in Jail Face Delays for Mental Health Care Before They Can Stand Trial, 6/10/2022 <https://khn.org/news/article/incarcerated-people-mental-health-care-delays-trial-competency/>
278. Trestman, RL, “Managing the Psychiatric Challenges of Huntington’s Disease.” Presented to a Conference of the Israeli Huntington Disease Association, Tel Aviv, Israel, July 20, 2022.

## PUBLICATIONS:

### Recent Original Peer-Reviewed Reports:

90. L Kersten, M Prätzlich, S Mannstadt, K Ackermann, G Kohls, H Oldenhof, D Saure; B Herpertz-Dahlmann; A Popma; C M Freitag; **R L Trestman**; C Stadler START NOW: Study protocol of a quasi-randomised clinical trial testing a comprehensive skills training for adolescent females with oppositional defiant and conduct disorders, *Trials*, (2016) 17:568-583; DOI 10.1186/s13063-016-1705-6.
91. Kersten, L, Prätzlich, M, Mannstadt, S, Ackermann, K, Kohls, G, Oldenhof, H, Saure, D, Krieger, K, Herpertz-Dahlmann, B, Popma, A, Freitag, CM, **Trestman, RL**, Stadler, C, Erratum to: START NOW – a comprehensive skills training programme for female adolescents with oppositional defiant and conduct disorder: study protocol for a cluster randomised controlled trial, *Trials*, 2017; 18:1.
92. **Trestman, RL**, Is Justice Really Blind? Nondominant Groups in the American Justice System, *The Journal of the American Academy and the Law*, 2018;46(4):416.
93. Horn, KA, Pack, RP, **Trestman, RL** and Lawson, G, Almost everything we need to better serve children of the opioid crisis we learned in the 80s and 90s, *Frontiers Public Health*, 2018; 6:289.
94. Swanson, CL, and **Trestman, RL**, Rural Assertive Community Treatment and Telepsychiatry, *Journal of Psychiatric Practice*, 2018. 24(4):269-73.
95. Barry LC, Coman E, Wakefield D, **Trestman RL**, Conwell Y, Steffens DC. Functional disability, depression, and suicidal ideation in older prisoners. *Journal of affective disorders*. 2020 Apr 1;266:366-73.
96. Truong AY, Saway BF, Bouzaher MH, Rasheed MN, Monjaze S, Everest SD, Giampalmo SL, Hartman D, Hartman C, Kablinger AS, **Trestman RL**. Systematic content analysis of patient evaluations of START NOW psychotherapy reveals practical strategies for improving the treatment of opioid use disorder. *BMC psychiatry*. 2021 Dec;21(1):1-3.
97. **Trestman, RL**, Nagaraja, K. How Should Clinicians Execute Critical Force Interventions With Compassion, Not Just Harm Minimization, as a Clinical and Ethical Goal? April 2021; Volume 23, Number 4: E292-297.

## Books:

- Trestman RL**, Appelbaum KL, Metzner J. (Eds). *The Oxford Textbook of Correctional Psychiatry*, Oxford University Press, May 2015.
- Trestman, RL** & Waghray, A, Guest Editors, *COVID 19: How the Pandemic Changed Psychiatry for Good*, An Issue of *Psychiatric Clinics of North America*, 1<sup>st</sup> Edition, March 2022.

## Web Resources:

START NOW - [https://www.carilionclinic.org/start\\_now#about](https://www.carilionclinic.org/start_now#about) – Facilitator Manual, Corrections, Forensic, Community Workbooks, Support Materials

## Recent Other Publications:

74. **Trestman, RL**, What Psychiatry Learned During the COVID19 Pandemic and What We Should Do to Prepare for the Future. Members in the News, PSV News Fall Newsletter, 2021.
75. **Trestman, R.L.**, Kablinger, A.S., McKell, A.O., Malpractice in Psychiatric Research, Chapter 29, In (Eds) P Ash, RL Frierson, SH Friedman, *Malpractice and Liability in Psychiatry*, Springer, Cham, Switzerland, March 2022.
76. **Trestman, RL**, Rahmani E., Nayan, Bhatia. Criminal Justice System and Antisocial Personality Disorder, Chapter 20, in (Eds) DW Black and NJ Kolla, *Textbook of Antisocial Personality Disorder*, APA Publishing, Washington DC, 2022.