

# FAST FACTS CARILION CLINIC CENTER FOR HUMAN FACTORS



The Carilion Clinic Human Factors Center of Excellence team applies scientific principles from psychology, engineering, and human-centered design to optimize interactions between healthcare professionals, patients, and technology. With goals to improve patient safety, clinical effectiveness, and overall healthcare delivery, the team considers human capabilities and limitations in designing medical systems, processes, and settings. Carilion has one of the nation's largest applied Human Factors teams and is a well-respected leader in the field.

## WHY HUMAN FACTORS IS VITAL TO HEALTHCARE

Patients and their care teams are the heart of all healthcare interactions. Surrounding them is a vast, dynamic system of complex information, technology, and resources. Such complexities can overwhelm the team's capacity to care for patients safely and effectively. Humans are, after all, human.

With the exponential growth of technology and artificial intelligence in healthcare colliding with the shortage of healthcare professionals, it is imperative to ensure human limitations, desires, and capacities are considered when developing care pathways and practices.

*“Using systems principles and heuristics to make it easy to do the right thing, and hard to do the wrong thing.”*

## CENTER OF EXCELLENCE

Human Factors' goal is to design and apply work processes that make it easy to do the right thing and hard to do the wrong thing. Some examples of applied Human Factors work include:

- » Proactive Safety: Creating resilient environments and processes that can recover from unexpected circumstances.
- » Testing the usability of new tools and technology to understand the potential risks before they affect a patient or clinician.
- » Designing spaces so they are safe and intuitive to navigate for everyone.
- » Optimizing electronic medical records to minimize the burden on clinicians and provide the correct information on demand.
- » Understanding human contributions to errors when they happen to support a just culture and no-blame solutions, ensuring interventions are as strong as possible.
- » Combating burnout by systematically understanding workload.
- » Performing research when knowledge of human capabilities and limitations still need to be fully understood.

### 1. Human Technology:

Ensure technology is designed, developed and implemented to meet provider and patient needs

### 2. Cognitive Engineering:

Study mental processes such as memory, perception and decision-making

### 3. Physiological and Psychological





**Conditions:** Study physiological factors, fatigue, and mental and emotional states

### 4. Physical Environment:

Examine environmental factors to better support clinicians and patients



## WHO ARE WE

				
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BA, Psychology; MA and PhD, Human Factors	BA, Psychology; MA and PhD, Cognitive Engineering; MS Healthcare Leadership and Management	BS and MS, Bioengineering; PhD, Human Factors	MS, Industrial and Systems Engineering, Aerospace	MS, Industrial Engineering, Statistics
<b>Specialty:</b> Implementation, Communication	<b>Specialty:</b> Patient Safety	<b>Specialty:</b> Exoskeleton	<b>Specialty:</b> Performance and Aesthetics	<b>Specialty:</b> Workload, Human-Centered Design
15+ Years Healthcare Experience				

## OPTIMIZING TRAUMA BAY DESIGN: A COLLABORATIVE APPROACH



To prepare for the expansion of the Emergency Department in the Crystal Spring Tower at Carilion Roanoke Memorial Hospital, simulation-based testing was used to evaluate how layout changes affect care. The goal was to identify latent safety threats across different high-acuity scenarios with a focus on teamwork, workflows, equipment accessibility, ergonomics, and interactions between healthcare professionals and the environment. In-situ simulations covered stroke, trauma, STEMI, and pediatric emergencies, bringing together frontline clinicians and support teams to observe performance under simulations in the real care environment. This was a joint effort between Simulation, Human Factors, and Emergency Medicine specialties to prevent downstream safety risks before patients ever enter the space.