

Managing your healthcare is easier than ever with MyChart—a free, secure tool to access and manage your care anytime, anywhere.



Sign Up: *Get active with MyChart! Sign up in minutes.*

1. Go to CarilionClinic.org/mychart and select **Activate New Account**
2. Click **Sign Up Now**, enter your personal information and answer questions to verify your identity
3. Enter the security code sent to you by email or text, then choose a username and password
4. For easier access, download the **MyChart** app in the App Store or Google Play and log in with your new username and password

Self-Schedule:* *Book your next appointment online with MyChart.*

1. In MyChart, select **Schedule an Appointment** to choose a provider or visit type
2. Answer a few questions and select a preferred date and time
3. Check **Notify Me** for sooner appointments
4. Navigate to **Visits** to cancel the same appointment



Text and Email Reminders: *Confirm and cancel appointments through text reminders. Text START to 65097 or update your MyChart communication preferences for more options.*

1. From the MyChart menu, navigate to **Account Settings > Communication Preferences**
2. Under **General**, toggle on **Text** and other contact settings; under **Details**, select **Appointments** to set preferences
3. Select **Save Changes**

If opting in to text reminders, you will no longer receive phone call reminders.

eCheck-In

Skip the wait! Before your clinic visit, use **eCheck-In** to confirm medications and allergies, sign documents electronically and provide copay details. Stop by the front desk to let staff know when you've arrived.



* Not available for all specialties and procedures.