

Jennifer Wells

1. Personal Information

2017 S. Jefferson Street, Admin. Suite, 1st floor
Roanoke, VA 24018

2. Educational and Professional History

Education

VT Carilion Clinic
U.S.
Other (Jun 01, 2012 - Jun 30, 2015)
Field of Study: Psychiatry

UC San Francisco
U.S.
Other (Jun 01, 2000 - Jun 30, 2004)
Field of Study: OB/GYN

Georgetown University School of Medicine
U.S.
M.D. (Aug 01, 1996 - May 31, 2000)

University of CA, Davis
U.S.
B.S. (Aug 01, 1988 - Dec 31, 1992)
Field of Study: Biological Sciences

Licensures

Medical
VA DOH
(Jun 01, 2015 – Nov 30, 2024)

Medical
CA Medical Board
(May 01, 2000 – Nov 30, 2019)

Certifications

Addiction Medicine
American Board of Preventative Medicine
(Jan 01, 2019 – Dec 31, 2028)

Psychiatry
American Board of Psychiatry and Neurology
(Sep 25, 2015 – Sep 30, 2025)

Professional/non-academic work positions

Inpatient & Outpatient Psychiatrist, Carilion Clinic
Psychiatry
(Aug 10, 2015 – Present)

Academic work positions

Assistant Professor, Virginia Tech Carilion Clinic School of Medicine
Psychiatry and Behavioral Medicine
Roanoke
(Aug 10, 2015 – Present)

3. Awards and Honors

Golden Halo Award: Medical Professional
Organization: Children's Trust, Roanoke, Virginia
Effective Date: Feb 01, 2019

Gold Humanism Honor Society
Organization: The Arnold P. Gold Foundation, Roanoke, Virginia
Effective Date: Jan 01, 2015

Alpha Omega Alpha
Organization: Georgetown University
Effective Date: Jan 01, 2000

Phi Beta Kappa
Organization: UC Davis
Effective Date: Jun 01, 1992

Alpha Omega Alpha Faculty Candidacy
Organization: VTC SOM Chapter of AOA, Roanoke, Virginia
Effective Date: No start date

4. Teaching/Education

VTCSOM Courses Taught

VTCSOM Fall 2022
Block 2, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 3, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

VTCSOM Spring 2022

Block 5, Year 4

Clerkship - Psychiatry
Preceptorship (PRE): Addiction Medicine

Block 6, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 7, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

VTCSOM Fall 2021

Block 1, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 3, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 3, Year 4

Acting Internship in Psychiatry
Preceptorship (PRE)

Block 4, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 6, Year 4

Acting Internship in Psychiatry
Preceptorship (PRE)

VTCSOM Spring 2021

Block 7, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 8, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

VTCSOM Fall 2020

Block 3, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 5, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 6, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

VTCSOM Spring 2020

Block 5, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 6, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 7, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 8, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

VTCSOM Fall 2019

Block 1, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 2, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 3, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 4, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

VTCSOM Spring 2019

Block 5, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 6, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 7, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 8, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

VTCSOM Fall 2018

Block 1, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 2, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 3, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 4, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 5, Year 4

Acting Internship in Psychiatry
Preceptorship (PRE)

VTCSOM Spring 2018

Block 7, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Block 8, Year 3

Clerkship - Psychiatry
Preceptorship (PRE)

Advising and Mentoring

Caleb Pagliasotti

Served as: Specialty-Specific Advisor

Psychiatry

Institution: Carilion/VA Tech Dept. Of Psychiatry and Behavioral Health, Roanoke, Virginia
(Jun 01, 2016 – Present)

VTC SOM

Served as: Specialty-Specific Advisor

Psychiatry
Institution: Carilion Clinic VTC SOM, Roanoke, Virginia
(Jan 01, 2016 – Present)

Professional Development in Teaching

Teaching Evidence Based Medicine Part 2
Accredited Organization/Provider: TEACH
Accrediting Sponsor: Carilion Clinic
0.2 credit hours
Location: Roanoke, Virginia
(Apr 06, 2021)

Teaching EBM
Accredited Organization/Provider: TEACH
Accrediting Sponsor: Carilion Clinic
0.2 credit hours
Location: Roanoke, Virginia
(Mar 02, 2021)

Teaching on the Fly
Accredited Organization/Provider: TEACH
Accrediting Sponsor: Carilion Clinic
0.2 credit hours
Location: Roanoke, Virginia
(Jan 01, 2021)

Teaching on the fly presented by Chad DeMott, M.D. - Psych Faculty Meeting
Activity Type: Live Activity
Accredited Organization/Provider: TEACH
0.2 credit hours
Location: Roanoke, Virginia
(Dec 01, 2020)

Managing Conflict by Tracy Criss, MD, Co-interim Chair Psychiatry Carilion Clinic and Assistant Professor Psychiatry and Behavioral Medicine VTCSOM
1 credit hours
(Nov 01, 2019)

Rendering Faculty Meaningful Mentoring and Feedback by John Burton, MD, Chair of Emergency Medicine Department, Carilion Clinic
1 credit hours
(Nov 01, 2019)

Assessment Part 1: The Basics of Assessment by Drs. David Musick and Don Kees
1 credit hours
(Nov 01, 2019)

Wellness and Fatigue Monitoring by Dr. Mark Greenawald Vice-Chair Academic Affairs Family and Community Medicine Carilion Clinic
1 credit hours
(Nov 01, 2019)

Quality Improvement Basics by Tamela Morgan, RN, Quality Improvement Facilitator Carilion Clinic and Rodney Fultz, MBA, Director Performance Improvement Carilion Clinic
1 credit hours
(Nov 01, 2019)

Assessment Part 2 by Drs. David Musick, Don Kees, Claudia Kroker-Bode, Isaiah Johnson, and Mary Beth Sweet
1 credit hours
(Nov 01, 2019)

Other Professional Development

Carilion Clinic's Project ECHO. Latest in Field of Treating Opioid Use Disorder in Pregnant Women from Women's ASAM 2022 Conference
Accrediting Sponsor: Carilion Clinic
1.5 credit hours
Location: Internet
(Aug 19, 2022)

Contraception for Women with Psychiatric Disorders and the Effect of Psychotropic Drugs on Pregnancy. Psychiatric CME Conference: Grand Rounds
Activity Type: Live Activity
Accrediting Sponsor: Carilion Clinic
1 credit hours
Location: Roanoke, VA, US
(Nov 18, 2021)

CREATE HOPE: Carilion's Research and Experience in Addiction Treatment and Education
Activity Type: Live Activity
Accredited Organization/Provider: Carilion Clinic Education and Organizational Development and Department of Psychiatry Virtual Event
Accrediting Sponsor: Carilion Clinic
10 credit hours
(Jun 04, 2021)

Carilion Clinic's Project ECHO
Activity Type: Live Activity
Accrediting Sponsor: Carilion Clinic
1.5 credit hours
Location: Roanoke, Virginia
(Feb 05, 2021)

Healthy Women, Healthy Babies and Healthy Community
Activity Type: Other
Accredited Organization/Provider: Medical Society of Virginia
Accrediting Sponsor: Carilion Clinic
6.2 credit hours
Location: Roanoke, Virginia
(May 24, 2019)

Best Practices for Treating Pregnant or Postpartum Women with an Opioid Use Disorder or OUD
Activity Type: Other
Accredited Organization/Provider: Medical Society of Virginia
Accrediting Sponsor: Carilion Clinic

1.5 credit hours
Location: Roanoke, Virginia
(Feb 22, 2019)

Approaches in Treatment Resistant Depression
Activity Type: Other
Accredited Organization/Provider: Medical Society of Virginia
Accrediting Sponsor: Carilion Clinic
1 credit hours
Location: Roanoke, Virginia
(Nov 01, 2018)

Healthy Women. Healthy Babies. Healthy Communities.
Activity Type: Other
Accredited Organization/Provider: Medical Society of Virginia
Accrediting Sponsor: Carilion Clinic
5.5 credit hours
Location: Roanoke, Virginia
(May 18, 2018)

Start NOW Training
Activity Type: Other
Accredited Organization/Provider: Medical Society of Virginia
Accrediting Sponsor: Carilion Clinic
9 credit hours
Location: Roanoke, Virginia
(Nov 13, 2017)

Various Lectures and Breakout Sessions Related to Perinatal and Women's Health
Activity Type: Other
Accredited Organization/Provider: Medical Society of Virginia
Accrediting Sponsor: Carilion Clinic
6.5 credit hours
Location: Roanoke, Virginia
(May 19, 2017)

Opioid Curriculum for Providers
Activity Type: Other
Accredited Organization/Provider: Carilion Clinic
Accrediting Sponsor: Medical Society of Virginia
2 credit hours
(Jan 23, 2017)

Helping Children of Addicted Parents
Activity Type: Live Activity
Accredited Organization/Provider: Pediatric CME Conference: Grand Rounds
Accrediting Sponsor: Carilion Clinic
1 credit hours
Location: Roanoke, Virginia
(Nov 17, 2016)

5. Scholarly Activity

Scholarly and Professional Publications

Refereed journal article

Kar A; Adikey A; Wells JC; Kablinger AS, (Jun 16, 2021). Obsessive-Compulsive Disorder Driven by Aspects of Ritual Addiction: A Case Report and Review of Literature. *Psychopharm Bull* **Published**

Presentations to professional organizations

Conference paper or presentation

International

Wells J. "Psychotropic Treatment in Pregnancy", Women & Addiction Group Summit, ASAM, Seattle, WA (Aug 13, 2022)

Wells JC. "Maternal Mental Health: Hysteria, Hazards, Hormones and Help", National Women and Addiction Summit, Swedish Health, Seattle, Washington (Jan 24, 2020)

National

Wells JC. "You Want Me to What?: Strategies for Behavioral Change in the Outpatient Setting", Focus On Women's Health, Southern Medical Association, Kiawah, SC (Jul 17, 2019)

Wells JC. "Eating Disorders Panel Discussion", Focus On Women's Health, Southern Medical Association, Kiawah, SC (Jul 17, 2019)

Wells JC. "Clinician Burnout", Focus On Women's Health, Southern Medical Association, Kiawah, SC (Jul 16, 2019)

Wells JC. "Substance Use in Women: An Update", Focus On Women's Health, Southern Medical Association, Kiawah, SC (Jul 16, 2019)

Wells JC. "Focus on Women's Health", Focus On Women's Health, Southern Medical Association, Kiawah, SC (Jun 14, 2019)

Wells JC. "Maternal Mental Health: Hysteria, Hazards, Hormones and Hope", Focus on Women's Health, Southern Medical Association, Kiawah Island, SC (Jul 17, 2018)

Wells JC. "Menopause and Mood", Focus on Women's Health, Southern Medical Association, Kiawah Island, SC (Jul 17, 2018)

Wells JC. "Teens, Trauma and Turmoil: Forging Resilience in Adolescent Girls", Focus on Women's Health, Southern Medical Association, Kiawah Island, SC (Jul 16, 2018)

Wells JC. "Substance Use Disorders in Pregnancy", ACOG Midwest Section Conference, American College of Obstetrics and Gynecology, Ridgedale, MO (Jun 09, 2018)

Wells JC. "Maternal Mental Health: Hysteria, Hazards, Hormones and Hope", ACOG Midwest Section Conference, American College of Obstetrics and Gynecology, Ridgedale, MO (Jun 08, 2018)

Wells JC; Hartman CW; Simcox K. "Impact of SUD on Women", Carilion Women's Health and Perinatal Conference, Carilion Clinic, Roanoke, VA (May 18, 2018)

Wells JC. "Maternal Mental Health", Carilion Women's Health and Perinatal Conference, Carilion Clinic, Roanoke, VA (May 18, 2018)

Wells JC. "Maternal Substance Use and Research", Carilion Women's Health and Perinatal Conference, Carilion Clinic, Roanoke, VA (May 19, 2017)

Wells JC; Dennis LG; Rubio MG; Valea FA. "Truths and Myths about Hepatitis C", Carilion Women's Health and Perinatal Conference, Carilion Clinic, Roanoke, VA (May 19, 2017)

Wells JC. "Psychiatric Issues in the Female Patient", Focus on Women's Health, Southern Medical Association, Kiawah Island, SC (Jul 19, 2016)

Wells JC. "Substance Use Disorders in Pregnancy", Focus on Women's Health, Southern Medical Association, Kiawah Island, SC (Jul 18, 2016)

Wells JC. "Substance Use Disorders in Pregnancy", Carilion Women's Health and Perinatal Conference, Carilion Clinic, Roanoke, VA (May 20, 2016)

Regional

Wells J; Simcox K. "Labor of Love: Stigma, Inequity and Treatment in Opioid Use Disorder in Pregnancy", The Maryland Department of Health's Behavioral Health Administration 2022 Annual Women's Conference, Maryland Department of Health Behavioral Health Administration, Baltimore, MD (Jun 23, 2022)

Wells J; Simcox K. "Labor of Love: Stigma, Inequity and Treatment in Opioid Use Disorder", Maryland Department of Health's Behavioral Health Administration 2022 Annual Women's Conference, "Health, Equity and Recovery", Online (Jun 23, 2022)

Wells JC. "Maternal Mental Illness", Blue Ridge Area Psychologists, As above, Roanoke, VA (Nov 13, 2020)

Wells JC; Simcox K. "Labor of Love: Caring for Opioid Dependency in Pregnancy", Carilion Collaborative: Caring with Courage, Carilion Clinic Virginia Tech School of Medicine, Roanoke, VA (Nov 28, 2018)

State

Simcox K; Wells JC; Trestman RL; Hartman DW. "Opioid and Stimulant Treatment: Where Are We Today?", CREATE Hope: Carilion's Research and Experience in Addiction Treatment and Education, Carilion Clinic, Roanoke, VA (Jun 04, 2021)

Simcox KP; Wells JC; Stone LM. ""Compassion, Collaboration, and Connection: Responding to the complex needs of women affected by substance use and mental illness.""", 2019 Women's Health and Perinatal Conference: Healthy Women, Healthy Babies, and Healthy Community, Roanoke, VA (May 24, 2019)

Wells JC. "Opioid Use Disorder in Pregnancy", ECHO Learning Collaborative, Carilion Clinic, Roanoke, VA (Feb 22, 2019)

Presentation (not at a conference)

Local

Wells JC. "Maternal Mental Health: Hysteria, Hazards, Hormones and Hope", OB/GYN Grand Rounds, Carilion Clinic VTC SOM, Raonoke, VA (Aug 14, 2020)

Poster

National

Simcox KP; Wells JC; SWAROOP M; KAR A. "Integration of Substance Use Disorder (SUD) and Obstetrics: Filling the Gap in Medical Education", APGO CREOG Annual Meeting, Association of Professors of Gynecology and Obstetrics, Virtual (Mar 03, 2021)

Gaddis A; Hartman DW; Simcox K; Rea WS. "Buprenorphine Maintenance is Associated with Increased Engagement in Prenatal Care", ASAM 50th Annual Conference, Orlando, FL (Apr 30, 2019)
Additional Information: see title

Non-scholarly presentation

Regional

Wells JC. "Substance Use Disorders in Pregnancy: An example of care-coordinated MAT at Carilion Clinic Roanoke Memorial Hospital", (Oct 29, 2018)

6. Contracts, Grants, and Research

7. Intellectual Property (e.g., copyrights, patents or trademarks)

8. Consulting

9. Media Contributions

Audible

Topic: Finding Tess: A Mother's Search for Answers in a Dopesick America. Contributing expert.
(Oct 31, 2019)

Carilion Clinic

Topic: Carilion Medicine. Handle With Care by Jessica Cerretani.
(Aug 31, 2019)

WSLS

Topic: Opioid Use Disorder in Pregnant Women.
(Aug 10, 2018)

WSLS

Topic: Postpartum Health.
(Aug 09, 2018)

The Roanoke Times

Topic: Treating a Disease, Not a Character Flaw.
(Aug 04, 2018)

Carilion Clinic Living

Topic: Self Care. Do You Do It?.
(Jun 12, 2018)

The Roanoke Times

Topic: Septic.
(May 13, 2018)

Beth Macy, Little Brown Publishing

Topic: Dopesick.
(Mar 31, 2018)

Our Health

Topic: Surviving Cancer.
(Oct 31, 2017)

The Roanoke Times
Topic: Motherhood is Motivator in Fighting Addiction.
(May 06, 2017)

WSLS
Topic: Conquering Cancer.
(Jan 10, 2017)

10. Professional Committees and Service

Virginia Tech Carilion Residency and Fellowship Committees and Service

Clinical Competence Committee
Committee Role: Other
Location: Roanoke, Virginia
(Jun 01, 2017 – Present)
Additional Information: Committee Role: member.

Carilion Clinic Departmental and Hospital Committees and Service

Cancer Committee
Committee Role: Other
Location: Roanoke, Virginia
(Oct 01, 2018 – Present)
Additional Information: Committee Role: member.

SSERC Committee
Committee Role: Other
Location: Roanoke, Virginia
(Jun 01, 2014 – Sep 30, 2018)
Additional Information: Committee Role: member.

Community and Public Service

Psychiatrist (Oct 01, 2015 - Present)
Organization: Mental Health America
Location: Roanoke, Virginia

11. Professional Memberships

American Society of Addiction Medicine (Apr 01, 2018 - Present)

American Psychiatric Association (Jun 01, 2012 - Present)

Alpha Omega Alpha (Jan 01, 2000 - Present)

Phi Beta Kappa (Jun 01, 1992 - Present)