

Clostridioides difficile Testing Guide for Clinicians

How do I order the C. difficile testing?

• Search for the new test by entering "CDIFPR." This should be the initial test ordered for all patients with suspected *C. difficile*. The test will be displayed as: C DIF PCR/RFLX to CTA

How does the test work?

- The new test has two components:
 - Step 1: C. difficile Toxin B PCR
 - Turn around time: 1-4 hours
 - If this test is negative, the patient does not have CDI. Step 2 is not preformed.
 - If this test is positive, Step 2 testing is conducted
 - Step 2: Cell Cytotoxicity Neutralization Assay (CCNA)
 - Turn around time: 24-72 hours
 - If this test is negative, the patient does not have CDI
 - If this test is positive, the patient likely has CDI

Testing Tips:

- Testing should only be ordered for patients with:
 - Significant diarrhea (>/= 3 watery stools/day) AND clinical suspicion of infection
- Testing should NOT be ordered with:
 - Formed stools
 - Recent laxative use
- Step 2, CCNA reflex can take up to 72 hours to result.
 - o The patient should remain on isolation until negative CCNA results
 - If suspicion is relatively low and clinically stable, treatment CAN be deferred until Step 2 results at the clinical discretion of the provider
- This test should not be ordered in triplicate or as a "test of cure." If negative, this test should also not be repeated to rule out *C. difficile* unless several days have passed or the clinical syndrome has changed.

Clostridioides difficile test interpretation algorithm:

Interpret test results and make treatment decisions only after considering patient symptoms

